

smallbizchat:	NOW on #SmallBizChat 8p ET 10/20 @allyson7minutes How 2 Increase Yr Productivity join us: http://is.gd/g7n03
CathyWebSavvyPR:	@BenitaTyler @CarissaRogers @AngelBiz thx 4 RT of tonight'sproductivity chat NOW 8pm ET http://is.gd/g7n03 #SmallBizChat
smallbizlady:	Tonight on #SmallBizChat 8-9pm ET @allyson7minutes How to Increase Your Productivity http://is.gd/g7n03
smallbizlady:	Melinda Emerson Interviews Allyson Lewis 10/20 in a TweetChat http://bit.ly/d2zQ6b #smallbizchat
kindracotton:	Who's as excited as I am about #smallbizchat? I'll be breaking in a new name tonight (@withoutboots)! :)
TheAfter5Edge:	RT @allyson7minutes: RT @smallbizchat: in 20 min Tonight 8pm ET 10/20 @allyson7minutes How to Increase Yr Productivity join us http://is.gd/g7n03 #SmallBizChat
withoutboots:	I need to increase my productivity, so I'm in the right place! :) @kindracotton #SmallBizChat
smallbizlady:	How to participate in #SmallBizChat: http://bit.ly/S797e ; try our prepared @Tweetgrid to participate: http://is.gd/g7n03
mentormarketing:	hiya hiya hiya #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: How to participate in #SmallBizChat: http://bit.ly/S797e ; try our prepared @Tweetgrid to participate: http://is.gd/g7n03
smallbizlady:	Welcome to #SmallBizChat, a weekly conversation where emerging small business owners can get answers to their questions.
susanguarneri:	Where do I stand in line? --> RT @SmallBizLady: @CNMoney: Booze, coming to a Starbucks near you http://bit.ly/d4Bu4c #SmallBizChat
smallbizlady:	Welcome to my co-host & social media PR pal @CathyWebSavvyPR & our virtual assistant @SoniaSchenker #SmallBizChat
AngelBiz:	Hi everyone. Very interesting topic on how to increase productivity tonight. Join us if you can. #smallbizchat
BenitaTyler:	Hi everyone. Looking forward to another great chat tonight. #SmallBizChat
CathyWebSavvyPR:	@TheAfter5Edge @twowomenandahoe @jessienuez thx 4 RT of tonight'sproductivity chat NOW 8pm ET http://is.gd/g7n03 #SmallBizChat
smallbizlady:	Happy Wedding Anniversary to my pal @SoniaSchenker #SmallBizChat
CathyWebSavvyPR:	@smallbizlady Thanks Melinda, as always _ I'm here enjoying our fast paced rollic thru smallbizdom: chat topic productivity #SmallBizChat
TheAfter5Edge:	RT @smallbizlady: Welcome to #SmallBizChat, a weekly conversation where emerging small business owners can get answers to their questions.
smallbizlady:	Q: What's the focus of #Smallbizchat? A: To end small business failure by helping you succeed as your own boss #SmallBizChat
CTChrisAdams:	Yes good topic! RT @AngelBiz: Hi everyone. Very interesting topic on how to increase productivity tonight. Join us if you can. #smallbizchat
smallbizlady:	We put out a link to the transcript on @SmallBizChat tomorrow a.m.; so don't worry if you miss a tweet or two. #SmallBizChat
TheAfter5Edge:	@CathyWebSavvyPR @twowomenandahoe @jessienuez Anytime! Happy to help and participate! #smallbizchat
smallbizlady:	The Last 5 minutes of the chat will be available for pitches or your 140 character commercials. So be ready. #SmallBizChat
CathyWebSavvyPR:	Welcome to the chat: @BenitaTyler @AngelBiz @mentormarketing @TheAfter5Edge @kindracotton #SmallBizChat
smallbizlady:	A more detailed Q & A with our guest comes out on Thursdays on @Smallbizlady?s blog: http://bit.ly/3x5Gm2 #SmallBizChat

smallbizlady:	NOW on #Smallbizchat 8 pm ET @allyson7minutes How to Get More out of Your Day & Increase Productivity http://is.gd/g7n03 #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: The Last 5 mins of chat will be available 4 pitches or yr 140 character commercials. So be ready #SmallBizChat
smallbizlady:	Welcome to Allyson Lewis @allyson7minutes Http://TheSevenMinuteDifference.com an author, speaker & productivity coach #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: A more detailed Q & A with our guest comes out on Thursdays on @Smallbizlady?s blog: http://bit.ly/3x5Gm2 #SmallBizChat
allyson7minutes:	Hi everyone! We had a beautiful day in Arkansas today! So glad to be here! #SmallBizChat
smallbizlady:	Q1: WHAT IS TIME MANAGEMENT AND WHY IS IT IMPORTANT TO IMPROVE YOUR PERSONAL TIME MANAGEMENT SKILLS? #SmallBizChat
TheAfter5Edge:	After this hour, hoping to dive into some work! So this productivity talk will surely help! #SmallBizChat
BenitaTyler:	Hi @allyson7minutes, Good to see you here #SmallBizChat
allyson7minutes:	A1 In order to improve work productivity, you intuitively know you need 2 improve personal time-management skills #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: Hi everyone! We had a beautiful day in Arkansas today! So glad to be here! [from 2nite's guest) #SmallBizChat
thekey:	RT @smallbizlady: Welcome to #SmallBizChat, a weekly conversation where emerging small business owners can get answers to their questions.
CathyWebSavvyPR:	RT @smallbizlady: Q1: WHAT IS TIME MANAGEMENT & WHY IS IT IMPORTANT TO IMPROVE YOUR PERSONAL TIME MANAGEMENT SKILLS? #SmallBizChat
LeLuxuryLounge:	RT @smallbizlady: Welcome to #SmallBizChat, a weekly conversation where emerging small business owners can get answers to their questions.
Freshlookhair:	RT @smallbizlady: Welcome to #SmallBizChat, a weekly conversation where emerging small business owners can get answers to their questions.
allyson7minutes:	A1bWhen working toward completing a task, certain processes will make them more efficient #SmallBizChat
YouTernMark:	Hi... Mark from YouTern.com here...joining #smallbizchat a few minutes late
AngelBiz:	@TheAfter5Edge Good point. Put the learnings to work right away #smallbizchat
TheAfter5Edge:	A1: Time mgmt is being able to effectively allocate time to different projects whereby you accomplish what you need to #SmallBizChat
allyson7minutes:	A1c Basic time-management concepts: Clarifying the desired outcome or goal; Proper planning; cont'd #SmallBizChat
BenitaTyler:	@smallbizlady A1. Time management helps you stay on task and increases productivity. #SmallBizChat
allyson7minutes:	A1d. Prioritizing your activities and steps; Organizing your resources, tools and people; #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A1 In order to improve work productivity, U intuitively know you need 2 improve pers time-mangmnt skills #SmallBizChat
JDEbberly:	Heads Up to my followers for more tweets than usual as I join SmallBizChat in session from 8pm to 9pm EDT #SmallBizChat
CTchrisAdams:	A1: Time management is blocking out time to do things so you have a record to measure what works and doesn't work in your biz #smallbizchat

TheAfter5Edge:	A1: Time mgmt is important because along w/ what we have planned, things come up that we need to get done also #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A1d. Prioritizing your activities and steps; Organizing your resources, tools and people; #SmallBizChat
JDEbberly:	RT @smallbizlady: Q1: WHAT IS TIME MANAGEMENT & WHY IS IT IMPORTANT TO IMPROVE YOUR PERSONAL TIME MANAGEMENT SKILLS? #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A1c Basic time-management concepts: Clarifying the desired outcome or goal; Proper planning; cont'd #SmallBizChat
TheAfter5Edge:	RT @smallbizlady: Q1: WHAT IS TIME MANAGEMENT AND WHY IS IT IMPORTANT TO IMPROVE YOUR PERSONAL TIME MANAGEMENT SKILLS? #SmallBizChat
JDEbberly:	RT @allyson7minutes: A1 In order to improve work productivity, you intuitively know you need 2 improve pers time-mgmt skills #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A1d. Prioritizing yr activities & steps; Organizing yr resources, tools & people; #SmallBizChat
JDEbberly:	RT @allyson7minutes: A1bWhen working toward completing a task, certain processes will make them more efficient #SmallBizChat
smallbizlady:	Q2: YOUR ORGANIZATION SYSTEM IS BASED ON A SPECIFIC TIME FRAME, WHY 7 MINUTES? #SmallBizChat
LoganDC:	O_o! RT @SmallBizLady: RT @CNNMoney: Booze, coming to a Starbucks near you http://bit.ly/d4Bu4c #SmallBizChat
JDEbberly:	RT @allyson7minutes: A1c Basic time-management concepts: Clarifying the desired outcome or goal; Proper planning; cont'd #SmallBizChat
JDEbberly:	RT @allyson7minutes: A1d. Prioritizing your activities and steps; Organizing your resources, tools and people; #SmallBizChat
allyson7minutes:	A2: Partly, because my life changed forever in just 7 Minutes #SmallBizChat
BenitaTyler:	RT @smallbizlady: Q2: YOUR ORGANIZATION SYSTEM IS BASED ON A SPECIFIC TIME FRAME, WHY 7 MINUTES? #SmallBizChat
JDEbberly:	RT @smallbizlady: Q2: YOUR ORGANIZATION SYSTEM IS BASED ON A SPECIFIC TIME FRAME, WHY 7 MINUTES? #SmallBizChat
allyson7minutes:	A2b &, research shows adults have an average attention span of possibly just 7 Minutes #SmallBizChat
TheAfter5Edge:	A1: Time mgmt means following through to see that intended outcomes are realized in an efficient manner #SmallBizChat
JDEbberly:	Just SCRAMBLING to keep up tonight lol #SmallBizChat
JDEbberly:	RT @allyson7minutes: A2: Partly, because my life changed forever in just 7 Minutes #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A2b &, research shows adults have an average attention span of possibly just 7 Minutes #SmallBizChat
mentormarketing:	A1 Time management is simple for me, always prioritize workout time. #SmallBizChat
smallbizlady:	RT @allyson7minutes: A1d. Prioritizing your activities and steps; Organizing your resources, tools and people; #SmallBizChat
JDEbberly:	RT @allyson7minutes: A2b &, research shows adults have an average attention span of possibly just 7 Minutes #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A2: Partly, because my life changed forever in just 7 Minutes #SmallBizChat
twowomenandahoe:	RT @TheAfter5Edge: A1: Time mgmt means following through to see that intended outcomes are realized in an efficient manner #SmallBizChat
allyson7minutes:	A2c We want to help people know what is most important to FOCUS on, so they can find more fulfillment #SmallBizChat

AngelBiz:	@JDEbberly you need good time management. LOL #smallbizchat
TheAfter5Edge:	RT @allyson7minutes: A2b &, research shows adults have an average attention span of possibly just 7 Minutes #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Q2: YOUR ORGANIZATION SYSTEM IS BASED ON A SPECIFIC TIME FRAME, WHY 7 MINUTES? #SmallBizChat
RachelFerrucci:	RT @CTchrisAdams: A1: Time management is blocking out time to do things so you have a record to measure what works and doesn't work in your biz #smallbizchat
allyson7minutes:	A2d We try to provide ideas & solutions that busy people can implement into their life in just ?7 Minutes? at a time #SmallBizChat
CathyWebSavvyPR:	RT @mentormarketing: A1 Time management is simple for me, always prioritize workout time. [I just joined a new gym] #SmallBizChat
CTchrisAdams:	I prefer blocks of 30min to an hour. I think it depends on the person on how they block out their time #smallbizchat
UrLifeOurWorld:	RT @allyson7minutes: A1 In order to improve work productivity, you intuitively know you need 2 improve personal time-management skills #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A2b &, research shows adults have an average attention span of possibly just 7 Minutes #SmallBizChat
JDEbberly:	@AngelBiz That's true. Ever since I started playing Angry Birds Lite - My life is very disorganized #SmallBizChat
CathyWebSavvyPR:	RT @CTchrisAdams: I prefer blocks of 30min to an hour. I think it depends on the person on how they block out their time #SmallBizChat
JDEbberly:	RT @allyson7minutes A2d We try to provide ideas & solns that busy ppl can implmt into their life in just ?7 Minutes? at a time #SmallBizChat
smallbizlady:	RT @CTchrisAdams A1: Time mgmt is blocking out time to do things so you have a record to measure what works & doesn't work #SmallBizChat
TheAfter5Edge:	@allyson7minutes Key word is FOCUS. Without know what to focus on, people waste a lot of time, thereby decreasing productivity #SmallBizChat
JDEbberly:	@AngelBiz That is a horrifyingly addictive game - Angry Birds - Should be banned #SmallBizChat
smallbizlady:	Q3: THERE WILL ALWAYS ONLY BE 24 HOURS IN A DAY, SO REALLY WHAT IS TIME MANAGEMENT? #SmallBizChat
smallbizlady:	How to participate in #SmallBizChat http://bit.ly/S797e ; tonight's tweetgrid: http://is.gd/g7n03
Reboot360:	RT @JDEbberly: @AngelBiz That is a horrifyingly addictive game - Angry Birds - Should be banned #SmallBizChat
twowomenandahoe:	RT @smallbizlady: Q3: THERE WILL ALWAYS ONLY BE 24 HOURS IN A DAY, SO REALLY WHAT IS TIME MANAGEMENT? #SmallBizChat
allyson7minutes:	A3 We can?t change the hours in the day, so time management involves managing decisions about how to spend your time. #SmallBizChat
smallbizlady:	NOW 8p ET #SmallBizChat 8p ET @allyson7minutes How 2 Get More out of Yr Day & Increase Productivity http://is.gd/g7n03
JDEbberly:	RT @smallbizlady: Q3: THERE WILL ALWAYS ONLY BE 24 HOURS IN A DAY, SO REALLY WHAT IS TIME MANAGEMENT? #SmallBizChat
allyson7minutes:	A3b Therefore, time management is about prioritizing your time. Period. #SmallBizChat
smallbizlady:	For even more great content join the #Smallbizchat Linkedin group! http://bit.ly/smallbizchatonlinkedin #SmallBizChat

TheAfter5Edge:	@CTchrisadams Does 30 mins to 1 hr depend on the task? Does shifting gears cause inefficiency (time to catch up ,etc)? #SmallBizChat
BenitaTyler:	RT@allyson7minutes A2d We try to provide ideas & solns that busy ppl can implmt in just ?7 Minutes?[interesting] #SmallBizChat
allyson7minutes:	A3c Every minute of your day, you make a decision of what you will choose to do with your time. #SmallBizChat
JDEbberly:	RT @allyson7minutes: A3 We can?t change the hrs in the day, so time mgmt involves managing decisions abt how to spend ur time #SmallBizChat
allyson7minutes:	A3d Choose to focus your attention on high-priority tasks that are in alignment with what you value most in life #SmallBizChat
JDEbberly:	RT @allyson7minutes: A3b Therefore, time management is about prioritizing your time. Period. #SmallBizChat
allyson7minutes:	A3e To prioritize what is most important in life - you must first clarify & establish your personal life values #SmallBizChat
AngelBiz:	A1. Having a to-do list is a great tool for time management - http://bit.ly/cwArRD #smallbizchat
smallbizlady:	Check out my feature in VA Tech Magazine about my brand on Twitter RT @vtnews http://www.vtmagazine.vt.edu/fall10/shorts.html #SmallBizChat
JDEbberly:	RT @allyson7minutes: A3c Every minute of your day, you make a decision of what you will choose to do with your time #SmallBizChat
nakeva:	RT @smallbizlady: For even more great content join the #Smallbizchat Linkedin group! http://bit.ly/smallbizchatonlinkedin #SmallBizChat
salondsol:	RT @smallbizlady: RT @CTchrisAdams A1: Time mgmt is blocking out time to do things so you have a record to measure what works & doesn't work #SmallBizChat
CTchrisAdams:	@smallbizlady A3: Taking that 24 hours and making the best use of it, measuring it, and adjusting on results=TimeManagment #smallbizchat
CathyWebSavvyPR:	A1hhmm, we aren't "managing time" we're managing ourselves & how we interact w/ our activities w/in time? #SmallBizChat
smallbizchat:	NOW on #SmallBizChat 8pm ET 10/20 @allyson7minutes How 2 Increase Yr Productivity join us: http://is.gd/g7n03
smallbizlady:	RT @allyson7minutes A3d Choose to focus yr attention on high-priority tasks that are in alignment w/ what u value most in life #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Q3: THERE WILL ALWAYS ONLY BE 24 HOURS IN A DAY, SO REALLY WHAT IS TIME MANAGEMENT? #SmallBizChat
TheAfter5Edge:	A3: It's critical to know what is important & what can be weeded out.This ability alone can increase productivity & efficiency #SmallBizChat
BenitaTyler:	@allyson7minutes Agreed. Prioritizing what's most important. The needle movers in personal and business. #SmallBizChat
salondsol:	Prioritizing that list helps RT @AngelBiz: A1. Having a to-do list is a great tool for time management - http://bit.ly/cwArRD #smallbizchat
JDEbberly:	RT @allyson7minutes: A3d Choose to focus your attn on high-priority tasks in alignment with what you value most in life #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A3 We can?t change hours in the day, so time man involves managing decisions re how 2 spend your time. #SmallBizChat

nakeva:	RT @smallbizchat: NOW on #SmallBizChat 8pm ET 10/20 @allyson7minutes How 2 Increase Yr Productivity join us: http://is.gd/g7n03
smallbizlady:	My latest blog post --> How To Build a Social Media Brand http://bit.ly/d7Bhqe #SmallBizChat
JDEbberly:	RT @allyson7minutes: A3e To prioritize what is most important in life - you must first clarify & estab your pers life values #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A3d Choose to focus yr attn on high-priority tasks in alignment w/ what U value most in life #SmallBizChat
twowomenandahoe:	@allyson7minutes: A3d Choose to focus your attn on high-priority tasks in alignment with what you value most in life #SmallBizChat
JDEbberly:	RT @TheAfter5Edge: A3: It's critical to know whats important & what can be weeded out.This increases productivity & efficiency #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A2c We want to help people know what is most important to FOCUS on, so they can find more fulfillment #SmallBizChat
AngelBiz:	A3 - Too many people fall into "busy trap" and end up complaining about having only 24 hours in a day - http://bit.ly/b4SCGs #smallbizchat
JDEbberly:	RT @smallbizlady: My latest blog post --> How To Build a Social Media Brand http://bit.ly/d7Bhqe #SmallBizChat
CathyWebSavvyPR:	@nakeva wecome and thanks 4 the RT #SmallBizChat
CTchrisAdams:	@TheAfter5Edge I think shifting gears can sometimes be useful, Doing the same thing over & over can get boring #whateverworks #smallbizchat
Reboot360:	a3 Time management allows you to get more done in your day. You have to know when to stay on task and when to be flexible #smallbizchat
twowomenandahoe:	RT @TheAfter5Edge: A3: It's critical to know whats important & what can be weeded out.This increases productivity & efficiency #SmallBizChat
JDEbberly:	SmallBizChat, one it starts - Never ever lets up on the gas. I barely managed to catch up lol #SmallBizChat
withoutboots:	Laura Vanderkam's "168 Hours: You Have More Time Than You Think" helped me find more hours in the day: http://amzn.to/dy4SA7 #SmallBizChat
CathyWebSavvyPR:	RT @salondsol Prioritizing the list helps RT @AngelBiz A1 Having a to-do list is a great tool 4 time man4 http://bit.ly/cwArRD #SmallBizChat
twowomenandahoe:	RT @JDEbberly: SmallBizChat, one it starts - Never ever lets up on the gas. I barely managed to catch up lol #SmallBizChat
bsaunders:	#SmallBizChat - the various exercises for identifying life values can be semantically confusing
smallbizlady:	Q4: WHAT IS ?THE 7 MINUTE LIFE??? #SmallBizChat
CathyWebSavvyPR:	RT @CTchrisAdams: I think shifting gears can sometimes be useful, Doing the same thing over & over can get boring #SmallBizChat
twowomenandahoe:	RT @AngelBiz A1 Having a to-do list is a great tool 4 time man4 http://bit.ly/cwArRD #SmallBizChat
TheAfter5Edge:	@CTchrisadams Over time, yes. I think the time we spend depends on the task. But after a while, we become unproductive #SmallBizChat

nakeva:	@CathyWebSavvyPR Multi-tasking my time right now and found this weeks #smallbizchat appropriate ;)
CathyWebSavvyPR:	RT @smallbizlady: Q4: WHAT IS ?THE 7 MINUTE LIFE??? #SmallBizChat
JDEbberly:	RT @smallbizlady: Q4: WHAT IS ?THE 7 MINUTE LIFE??? #SmallBizChat
allyson7minutes:	A4a The 7 Minute Life? creates a framework to Prioritize, Organize and Simplify@ your life both at work & at home #SmallBizChat
YouTernMark:	I prioritize using "CNN". C= Critical (must be done now) N = Need (needs to be done today) N = Nice (nice if it got done) #smallbizchat
bsaunders:	@CathyWebSavvyPR Sometimes time management is no more complex than saying no! That's what can be hard. #SmallBizChat
twowomenandahoe:	RT @CTchrisAdams: I think shifting gears can sometimes be useful, Doing the same thing over & over can get boring <YES! #SmallBizChat
AngelBiz:	RT @smallbizlady: Q4: WHAT IS ?THE 7 MINUTE LIFE??? #smallbizchat
allyson7minutes:	A4b In my book, The Seven Minute Difference, we helped people understand the ?7 Minutes? concepts #SmallBizChat
withoutboots:	@AngelBiz I, too, used to think I was "too busy" with only 24 HRS but looking at it from a 168 HR per week perspective helped #SmallBizChat
CathyWebSavvyPR:	@nakeva yes - I do love the serendipity of Twitter and how tweet chats seem to reach ppl when they need 2 find it #SmallBizChat
BenitaTyler:	RT @JDEbberly: RT @smallbizlady: Q4: WHAT IS ?THE 7 MINUTE LIFE??? #SmallBizChat
CathyWebSavvyPR:	RT @bsaunders: Sometimes time management is no more complex than saying no! That's what can be hard. #SmallBizChat
JDEbberly:	RT @allyson7minutes: A4a The 7 Minute Life? creates framework to Prioritize, Organize and Simplify@ ur life at work & at home #SmallBizChat
AngelBiz:	@YouTernMark Good technique. I like it. #smallbizchat
JDEbberly:	RT @allyson7minutes: A4b In my book, The Seven Minute Difference, we helped people understand the ?7 Minutes? concepts #SmallBizChat
allyson7minutes:	A4d Prioritize their personal & corporate values, Rediscover their purpose, Establish written 90-Day Goals #SmallBizChat
allyson7minutes:	A4d Organize their game plan and, Simplify their lives down to a few actionable items they can do daily #SmallBizChat
AngelBiz:	RT @allyson7minutes: A4a The 7 Minute Life? creates framework to Prioritize, Organize and Simplify@ ur life at work & at home #smallbizchat
twowomenandahoe:	RT @allyson7minutes: A4a The 7 Minute Life? creates framework to Prioritize, Organize and Simplify@ ur life at work & at home #SmallBizChat
CTchrisAdams:	I love Todolists, I like 2 have a master todo list & a daily todolist. Making a really long daily todo list can b overwhelming #smallbizchat
YouTernMark:	RT @bsaunders: @CathyWebSavvyPR Sometimes time management is no more complex than saying no! That's what can be hard. #SmallBizChat
smallbizlady:	Q5: WHAT IS THE BEST WAY TO CLARIFYAND ESTABLISH PERSONAL VALUES? #SmallBizChat
JDEbberly:	RT @allyson7minutes: A4c Prioritize their personal & corporate values, Rediscover their purpose, Estab written 90-Day Goals #SmallBizChat



TheAfter5Edge:	Keys: Get to the point, stay focused, avoid distractions, be thorough but not a perfectionist, always assess your progress #SmallBizChat
JDEbberly:	RT @allyson7minutes: A4d Organize their game plan and, Simplify their lives down to a few actionable items they can do daily #SmallBizChat
JDEbberly:	RT @smallbizlady: Q5: WHAT IS THE BEST WAY TO CLARIFY AND ESTABLISH PERSONAL VALUES? #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A4d Organize yr game plan & Simplify yr life down 2 a few actionable items U can do daily #SmallBizChat
Reboot360:	Creating a to do list is on top of my to do list. #smallbizchat
AngelBiz:	@CTchrisAdams Agreed. I had writtten a blog post on to-do list - http://bit.ly/cwArRD #smallbizchat
smallbizlady:	RT @allyson7minutes: A4d Prioritize their personal/corporate values, Rediscover their purpose, Establish written 90-Day Goals #SmallBizChat
withoutboots:	@CTchrisAdams Sometimes I have to write a to do list to get my to do list done! LOL. #SmallBizChat
AngelBiz:	RT @smallbizlady: Q5: WHAT IS THE BEST WAY TO CLARIFYAND ESTABLISH PERSONAL VALUES? #smallbizchat
nakeva:	RT @JDEbberly: RT @smallbizlady: Q5: WHAT IS THE BEST WAY TO CLARIFY AND ESTABLISH PERSONAL VALUES? #SmallBizChat
allyson7minutes:	A5 We recommend our ?7 Minute? community members schedule a retreat for themselves and write down their priorities #SmallBizChat
CathyWebSavvyPR:	RT @TheAfter5Edge Keys Get 2 the pnt, stay focused, avoid distractions, B thorough but not a perfectionist, assess yr progress #SmallBizChat
allyson7minutes:	A5b Many people?s priorities include: faith, family, peace, joy, health, serving, community, love, cont?d #SmallBizChat
TheAfter5Edge:	Anyone multi-tasking or could use help being productive tonight? Check out #SmallBizChat going on now!! Get some tips & get more done!
allyson7minutes:	A5c ? making a difference, meaningful work, learning, growing, creating, and sharing- reading this list inspires me! #SmallBizChat
AngelBiz:	RT @allyson7minutes: A5 We recommend our ?7 Minute? community members schedule a retreat and write down priorities #smallbizchat
CathyWebSavvyPR:	RT @allyson7minutes: A4d Prioritize yr pers/corp values, Rediscover yr purpose, Establish written 90-Day Goals #SmallBizChat
allyson7minutes:	A5d Now compare your priorities to your calendar ? this can be eye-opening! #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Q5: WHAT IS THE BEST WAY TO CLARIFYAND ESTABLISH PERSONAL VALUES? #SmallBizChat
smallbizlady:	@TheAfter5Edge thanks for the plug #SmallBizChat
JDEbberly:	RT @allyson7minutes A5 We recommend our ?7 Minute? community members sched retreat for themselves, write down their priorities #SmallBizChat
nakeva:	A5 You have to establish personal goals and vision to know personal values. #SmallBizChat
smallbizlady:	RT @allyson7minutes: A5d Now compare your priorities to your calendar ? this can be eye-opening! #SmallBizChat

JDEbberly:	RT @allyson7minutes: A5b Many people?s priorities include: faith, family, peace, joy, health, serving, community, love, cont?d #SmallBizChat
TheAfter5Edge:	@withoutboots @CTchrisAdams I LOVE lists! It's great to SEE what you need to get done to keep yourself accountable & on target #SmallBizChat
JDEbberly:	RT @allyson7minutes: A5c ? making a difference, meaningful work, learning, growing, creating, and sharing- very inspiring! #SmallBizChat
CTchrisAdams:	What a Gr8t conversation, Wish I could continue but have to go, Connect w/ me/follow me would love to connect, bye everyone in #smallbizchat
JDEbberly:	RT @allyson7minutes: A5d Now compare your priorities to your calendar ? this can be eye-opening! #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A5d Now compare your priorities to your calendar ? this can be eye-opening! #SmallBizChat
CathyWebSavvyPR:	5 We recommend scheduling a retreat 4 yrself & write down yr priorities faith, family, peace/joy, health, serving/ommtty, love #SmallBizChat
smallbizlady:	RT @allyson7minutes: A5 We recommend our ?? Minute? community members schedule a retreat & write down their priorities #SmallBizChat
JDEbberly:	RT @nakeva: A5 You have to establish personal goals and vision to know personal values. #SmallBizChat
CathyWebSavvyPR:	@allyson7minutes how do you connect those personal values with trunign the business - ifl based on that - cd I make \$? #SmallBizChat
TheAfter5Edge:	RT @smallbizlady: @TheAfter5Edge thanks for the plug #SmallBizChat
TheAfter5Edge:	@SmallBizLady Absolutely! Happy to share the great information! #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes A5c ? making a diff, meaningful work, learning, growing, creating, & sharing- this list inspires me! #SmallBizChat
AngelBiz:	RT @allyson7minutes A5c ? making a diff, meaningful work, learning, growing, creating, & sharing- this list inspires me! #smallbizchat
smallbizlady:	Q6: WHAT IS THE NEXT STEP IN THE 7 MINUTE LIFE?? #SmallBizChat
CathyWebSavvyPR:	@allyson7minutes sorry to be devil's advocate - teh 2nd list is more easily connected to biz - the1st seemed harder #SmallBizChat
withoutboots:	A5: The best way to clatify & establish personal values is to find out what's really important to you. #SmallBizChat
smallbizlady:	If you know a small biz owner who could use some advice tell them to follow @SmallBizChat and join us on Wed 8-9 ET #SmallBizChat
ysnjen:	BEST WAY TO CLARIFY & ESTABLISH PERSONAL VALUES? #SmallBizChat YSN.com has a free career assessment tool for that! @smallbizlady
allyson7minutes:	A6 The next step is helping people discover or re-discover their purpose in life #SmallBizChat
JDEbberly:	RT @smallbizlady: Q6: WHAT IS THE NEXT STEP IN THE 7 MINUTE LIFE?? #SmallBizChat
CathyWebSavvyPR:	RT @CTchrisAdams: What a Gr8t conversation, Wish I could continue but have to go, Connect w/ me/follow me would love 2 connect #SmallBizChat

timesecrets:	RT @/AngelBiz2010@CTchrisAdams Agreed. I had written a blog post on to-do list - http://bit.ly/cwArRD #smallbizchat http://bit.ly/ciiXTt
allyson7minutes:	A6b We believe purpose is how you serve others, purpose is how you use your gifts and talents to change the world, #SmallBizChat
smallbizlady:	For tips on #smallbiz success subscribe to Melinda Emerson?s blog at http://bit.ly/3x5Gm2 http://www.succeedasyourownboss.com/ #SmallBizChat
JDEbberly:	RT @allyson7minutes: A6 The next step is helping people discover or re-discover their purpose in life #SmallBizChat
TheAfter5Edge:	Time = \$ If you own a small biz, it may be you alone wearing many hats. U have to do a lot & productivity will be key #SmallBizChat
allyson7minutes:	A6c love is the foundation of purpose #SmallBizChat
smallbizlady:	My latest post for @smallbiztrends 7 Ways to Keep the Sales Rolling in Your Small Business http://bit.ly/aZWZSr #SmallBizChat
CathyWebSavvyPR:	@CTchrisAdams be sure to check out - the blog post with full & A on @smallbizlady's blog tomorrow & transcript #SmallBizChat
AngelBiz:	@TheAfter5Edge Couldn't agree more #smallbizchat
allyson7minutes:	A6d Articulating yr purpose can change the entire direction of your life from an inward focus to an outward focus #SmallBizChat
TheAfter5Edge:	Accomplish and move to the next! Accomplish and move to the next! Force yourself to beat deadlines. Come in under your budget! #SmallBizChat
CathyWebSavvyPR:	@timesecrets thx 4 RT - join our productivity chat http://is.gd/g7n03 #SmallBizChat
JDEbberly:	RT @allyson7minutes: A6b We believe purpose is how u serve others, purpose is how u use ur gifts, talents to change the world, #SmallBizChat
JDEbberly:	RT @allyson7minutes: A6c love is the foundation of purpose #SmallBizChat
CathyWebSavvyPR:	@Reboot360 :) thanks for chiming in #SmallBizChat
withoutboots:	RT @smallbizlady: My latest post for @smallbiztrends 7 Ways to Keep the Sales Rolling in Your Small Business http://bit.ly/aZWZSr #SmallBizChat
CathyWebSavvyPR:	@JDEbberly got so busy - forgot to say hello! #SmallBizChat
APearlLife:	RT @allyson7minutes: A6d Articulating yr purpose can change the entire direction of your life from an inward focus to an outward focus #SmallBizChat
JDEbberly:	@allyson7minutes I know what you mean by this! Loving others is big part of my brand and real life #SmallBizChat
twowomenandahoe:	RT @TheAfter5Edge: Time = \$ If U own sm. biz, it may B U alone wearing many hats. U have 2 do a lot & productivity will B key #SmallBizChat
CathyWebSavvyPR:	@YouTernMark thanks for chiming in and stopping by! #SmallBizChat
nakeva:	RT @TheAfter5Edge: Time = \$ If you own a small biz, it may be you alone wearing many hats. U have to do a lot & productivity will be key #SmallBizChat

APearlLife:	RT @allyson7minutes: A6b We believe purpose is how you serve others, purpose is how you use your gifts and talents to change the world, #SmallBizChat
JDEbberly:	@CathyWebSavvyPR Hello right back atcha :) #SmallBizChat
thekencook:	Better late than never? Will take me 30 minutes to catch up :) #smallbizchat
JDEbberly:	RT @smallbizlady: My latest post for @smallbiztrends 7 Ways to Keep the Sales Rolling in Your SmBusiness http://bit.ly/aZWZSr #SmallBizChat
smallbizlady:	Q7: WHAT ARE MICRO-ACTIONS?? #SmallBizChat
CathyWebSavvyPR:	@withoutboots welocme @Kindracotton in your new username - but don't forget to put up you photo - the egg looks...unhatched! #SmallBizChat
twowomenandahoe:	RT @smallbizlady: My latest post for @smallbiztrends 7 Ways to Keep the Sales Rolling in Your SmBusiness http://bit.ly/aZWZSr #SmallBizChat
JDEbberly:	RT @allyson7minutes: A6d Articulating yr purpose can change entire direction of ur life from inward focus to an outward focus #SmallBizChat
allyson7minutes:	A7 micro-actions are tiny steps forward. They are actions so easy to accomplish you feel no barriers #SmallBizChat
nakeva:	@TheAfter5Edge Time:\$ \$ and it all matters when you are the only one or the main one to GTD! Staying focused is prime! #smallbizchat
allyson7minutes:	A7b Examples of micro-actions include: having a daily written plan of action, writing a thank you note #SmallBizChat
CathyWebSavvyPR:	RT @Reboot360: a3 Time management allows you to get more done in yr day. U have 2 know when 2 stay on task & when 2 b flexible #SmallBizChat
JDEbberly:	@allyson7minutes That's why I love volunteer work so much! :) #SmallBizChat
AngelBiz:	RT @smallbizlady: Q7: WHAT ARE MICRO-ACTIONS?? #smallbizchat
AngelBiz:	RT @allyson7minutes: A7 micro-actions are tiny steps forward. They are actions so easy to accomplish you feel no barriers #smallbizchat
twowomenandahoe:	RT @allyson7minutes: A7 micro-actions are tiny steps forward. They are actions so easy to accomplish you feel no barriers #SmallBizChat
allyson7minutes:	A7c Each time you accomplish a micro-action, you psychologically experience a ?tiny? mental win! #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Q7: WHAT ARE MICRO-ACTIONS?? #SmallBizChat
allyson7minutes:	A7e Taking multiple tiny steps forward every day can make all the difference. #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A7 micro-actions are tiny steps forward. They are actions so easy to accomplish you feel no barriers #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A7b Examples of micro-actions include: having a daily written plan of action, writing a thank you note #SmallBizChat
JDEbberly:	RT @smallbizlady: Q7: WHAT ARE MICRO-ACTIONS?? #SmallBizChat
AngelBiz:	RT @allyson7minutes: A7c Each time you accomplish a micro-action, you psychologically experience a ?tiny? mental win! #smallbizchat

JDEbberly:	RT @allyson7minutes: A7 micro-actions are tiny steps forward. They are actions so easy to accomplish you feel no barriers #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A7c Each time you accomplish a micro-action, you psychologically experience a ?tiny? mental win! #SmallBizChat
JDEbberly:	RT @allyson7minutes: A7b Examples of micro-actions include: having a daily written plan of action, writing a thank you note #SmallBizChat
AngelBiz:	RT @allyson7minutes: A7e Taking multiple tiny steps forward every day can make all the difference. #smallbizchat
flyingspatula:	@allyson7minutes A7 - the equivalent of "celebrating the successes".... right in line with motivational psychology theories #smallbizchat
TheAfter5Edge:	@thekencook Never too late! Convo is moving quickly but you can jump right in! We're discussing productivity #SmallBizChat
JDEbberly:	RT @allyson7minutes: A7c Each time you accomplish a micro-action, you psychologically experience a ?tiny? mental win! #SmallBizChat
JDEbberly:	RT @allyson7minutes: A7e Taking multiple tiny steps forward every day can make all the difference #SmallBizChat
withoutboots:	@CathyWebSavvyPR I was replacing the picture as you were tweeting that! Thanks. :) #SmallBizChat
thekencook:	@allyson7minutes agreed - falls with the adage "the journey of a thousand miles begins with a step" then another ... #smallbizchat
smallbizlady:	RT @allyson7minutes: A7b Examples of micro-actions include: having a daily written plan of action, writing a thank you note #SmallBizChat
smallbizlady:	RT @allyson7minutes: A7c Each time you accomplish a micro-action, you psychologically experience a ?tiny? mental win! #SmallBizChat
TheAfter5Edge:	@nakeva Absolutely! Accomplish and move on to the next! It may just translate to the next dollar! #SmallBizChat
smallbizlady:	Q8: TALK TO US ABOUT THE IMPORTANCE OF HAVING A DAILY WRITTEN PLAN OF ACTION. #SmallBizChat
flyingspatula:	A7 celebrating the small successes also increase group cohesion bonding the members of the small biz closer #smallbizchat
CathyWebSavvyPR:	@allyson7minutes - My micor actions: starting up computer, then go eat breakfast; then open file, go make tea -ezes me in #SmallBizChat
AngelBiz:	RT @smallbizlady: Q8: TALK TO US ABOUT THE IMPORTANCE OF HAVING A DAILY WRITTEN PLAN OF ACTION. #smallbizchat
JDEbberly:	RT @smallbizlady: Q8: TALK TO US ABOUT THE IMPORTANCE OF HAVING A DAILY WRITTEN PLAN OF ACTION #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A7e Taking multiple tiny steps forward every day can make all the difference. #SmallBizChat
allyson7minutes:	A8 With a daily written plan of action you have much more than a vague idea of what you want to accomplish #SmallBizChat
CathyWebSavvyPR:	RT @flyingspatula: A7 celebrating the small successes also increase group cohesion bonding the members of the small biz #SmallBizChat
YouTernMark:	My pleasure... enjoy #smallbizchat RT @CathyWebSavvyPR: @YouTernMark thanks for chiming in and stopping by! #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Q8: TALK TO US ABOUT THE IMPORTANCE OF HAVING A DAILY WRITTEN PLAN OF ACTION #SmallBizChat
TheAfter5Edge:	@SmallBizLady @allyson7minutes Rewards are key! They keep you going! Get 5 things done in an hour, and you can have a treat! #SmallBizChat

allyson7minutes:	A8b Your daily plan of action acts as a written roadmap #SmallBizChat
AngelBiz:	RT @allyson7minutes: A8 With a daily written plan of action you have much more than vague idea of what you want to accomplish #smallbizchat
JDEbberly:	RT @allyson7minutes: A8 With a daily written plan of action you have much more than a vague idea of what u want to accomplish #SmallBizChat
withoutboots:	@JDEbberly "A written plan of action" kind of sounds like a "mini-business plan". LOL. #SmallBizChat
twowomenandahoe:	RT @allyson7minutes With a daily written plan of action you have much more than a vague idea of what you want to accomplish #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A8 With a daily written plan of action you have much more than a vague idea of what you want 2 accomplish #SmallBizChat
flyingspatula:	A8 - small hit lists help increase the possibility of success #smallbizchat
allyson7minutes:	A8c This roadmap will help you make better decisions for how you will choose to spend the minutes & hours of your day #SmallBizChat
TheAfter5Edge:	RT @smallbizlady: Q8: TALK TO US ABOUT THE IMPORTANCE OF HAVING A DAILY WRITTEN PLAN OF ACTION. #SmallBizChat
flyingspatula:	A8 - i studied under a professor that won the APA award (psychology #smallbizchat
JDEbberly:	@withoutboots Yes, it does #SmallBizChat
thekencook:	A7 ever send your team's goals back to them and ask them to break them down into easily achievable steps leading to the goal? #smallbizchat
JDEbberly:	RT @flyingspatula: A8 - small hit lists help increase the possibility of success #SmallBizChat
flyingspatula:	A8 - by writing down actions, there was a higher likelihood of visualizing and accomplishing your goals #smallbizchat
TheAfter5Edge:	I'm a fan of having a weekly plan of action and a daily plan of action. This was a recent blog post of mine #SmallBizChat
JDEbberly:	RT @allyson7minutes: A8b Your daily plan of action acts as a written roadmap #SmallBizChat
twowomenandahoe:	@withoutboots Nice profile pic, Kindra! #SmallBizChat
JDEbberly:	RT @allyson7minutes A8c This roadmap will help u make better decisions for how u choose to spend the minutes & hours of ur day #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A8b Your daily plan of action acts as a written roadmap #SmallBizChat
AngelBiz:	@TheAfter5Edge What is your blog address? #smallbizchat
TheAfter5Edge:	@JDEbberly @allyson7minutes I think it is really effective and important to VISUALIZE what you need to accomplish. Lists help! #SmallBizChat
thekencook:	A8 written goals are like maps - they give you waypoints to check your progress and adjust as necessary. #smallbizchat
CathyWebSavvyPR:	RT @allyson7minutes: A8c This roadmap will help you make better decisions 4 how U will choose 2 spend the mins & hrs of yr day #SmallBizChat
TheAfter5Edge:	@AngelBiz It is www.theafter5edge.com #SmallBizChat
CathyWebSavvyPR:	RT @thekencook: A8 written goals are like maps - they give you waypoints to check your progress and adjust as necessary #SmallBizChat

CathyWebSavvyPR:	@thekencook thanks for joining us - reat point #SmallBizChat
smallbizlady:	RT @allyson7minutes: A8b Your daily plan of action acts as a written roadmap #SmallBizChat
JDEbberly:	@AngelBiz It is at http://theafter5edge.com/ #SmallBizChat
ShannonRenee:	@CathyWebSavvyPR getting here late for #SmallBizChat
CathyWebSavvyPR:	RT @thekencook: A7 send your team's goals back 2 them & ask them 2 break them down into easily achievable steps leading 2 goal #SmallBizChat
JDEbberly:	RT @thekencook: A8 written goals are like maps - they give you waypoints to check your progress and adjust as necessary #SmallBizChat
smallbizlady:	Q9: YOU HAVE CREATED A SYSTEM OF COMPLETING YOUR 5 BEFORE 11@. WHAT DOES THIS MEAN? #SmallBizChat
AngelBiz:	@JDEbberly Thx #smallbizchat
ShannonRenee:	@CathyWebSavvyPR what's the question on deck? #SmallBizChat
AngelBiz:	RT @smallbizlady: Q9: YOU HAVE CREATED A SYSTEM OF COMPLETING YOUR 5 BEFORE 11@. WHAT DOES THIS MEAN? #smallbizchat
JDEbberly:	RT @smallbizlady: Q9: YOU HAVE CREATED A SYSTEM OF COMPLETING YOUR 5 BEFORE 11@. WHAT DOES THIS MEAN? #SmallBizChat
allyson7minutes:	A9 Yr 5 before 11@ micro-action list is one of the planning activities you will do on a daily basis #SmallBizChat
BenitaTyler:	RT @smallbizlady: Q9: YOU HAVE CREATED A SYSTEM OF COMPLETING YOUR 5 BEFORE 11@. WHAT DOES THIS MEAN? #SmallBizChat
JDEbberly:	@AngelBiz You are very welcome! :) :) #SmallBizChat
CathyWebSavvyPR:	@ShannonRenee welcome - we're stil chatting about productivity -good info tweetgrid: http://is.gd/g7n03 Q8 writen daily plan #SmallBizChat
TheAfter5Edge:	@SmallBizLady @allyson7minutes You written plan of action always helps to make you prioritize tasks! List by amt of time etc. #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Q9: YOU HAVE CREATED A SYSTEM OF COMPLETING YOUR 5 BEFORE 11@. WHAT DOES THIS MEAN? #SmallBizChat
JDEbberly:	@ShannonRenee Q9 YOU HAVE CREATED A SYSTEM OF COMPLETING YOUR 5 BEFORE 11@. WHAT DOES THIS MEAN? #SmallBizChat
allyson7minutes:	A9b Yr 5 before 11@ is a prioritized list of the 5 highest-value activities that u r willing 2 commit 2 completing be4 11am #SmallBizChat
MySomeday:	@thekencook How's this for a map of goals? http://bit.ly/9IWC8T #SmallBizChat
JDEbberly:	RT @allyson7minutes: A9 Yr 5 before 11@ micro-action list is one of the planning activities you will do on a daily basis #SmallBizChat
allyson7minutes:	A9c Yr life will be radically different if u start every day knowing what five specific action steps you must take that day #SmallBizChat
CathyWebSavvyPR:	PAY ATTN: THIS IS AN QWESOME TIP: Yr 5 before 11@ micro-action list from @allyson7minutes #SmallBizChat
allyson7minutes:	A9d If you complete yr 5 before 11@ list for 90 days-u will have taken 450 positive steps forward! #SmallBizChat



smallbizlady:	A blog post with a more detailed Q & A with our guest comes out on Thursdays on @Smallbizlady?s blog: http://bit.ly/3x5Gm2 #SmallBizChat
AngelBiz:	RT @allyson7minutes: A9 Yr 5 before 11@ micro-action list is one of the planning activities you will do on a daily basis #smallbizchat
smallbizlady:	If you have some expertise to share here?s how to be a guest on #Smallbizchat http://bit.ly/4r5KEZ #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes A9 5 before 11@ = prioritized list of 5 highest-value activities u r willing 2 commit 2 complete be4 11am #SmallBizChat
JDEbberly:	RT @allyson7minutes A9b Yr 5 before 11@ prioritized list 5 high-value actions that u r willing 2 commit 2 completing be4 11am #SmallBizChat
smallbizlady:	Calling Philly #smallbiz owners! Nov. 12 #smallbizchat Tweetup. Meet @SmallBizLady & each other http://www.byob2011.com/ #SmallBizChat
thekencook:	A customer needs attention will read the archives - very good stuff. Ciao! #smallbizchat
TheAfter5Edge:	Can't believe how quickly time flies during #SmallBizChat What a rush! Time flies when you're sharing great info!
JDEbberly:	RT @allyson7minutes: A9d If you complete yr 5 before 11@ list for 90 days-u will have taken 450 positive steps forward! #SmallBizChat
withoutboots:	@SmallBizLady You should have "guest reunion shows". See what new advice guests have after 6 months (or 6 weeks). :) #SmallBizChat
JDEbberly:	RT @CathyWebSavvyPR: PAY ATTN: THIS IS AN QWESOME TIP: Yr 5 before 11@ micro-action list from @allyson7minutes #SmallBizChat
yourjobmyoffice:	Sorry to be late to the party, but I'm here. Happy Wednesday, y'all. #smallbizchat
CathyWebSavvyPR:	RT @allyson7minutes A9d If U complete yr 5 before 11@ list for 90 days-u will have taken 450 positive steps forward! #SmallBizChat
danperezfilms:	#SmallBizChat sounds like a Tony Robbins retreat!
JDEbberly:	SmallBizChat is a VERY VERY INTENSE session. This one was off the charts! #SmallBizChat
yourjobmyoffice:	RT @TheAfter5Edge: Cant believe how quickly time flies during chat. What a rush! Time flies when youre sharing great info! #smallbizchat
JDEbberly:	RT @danperezfilms: #SmallBizChat sounds like a Tony Robbins retreat!
smallbizlady:	@SmallBizLady @IyanlaVanzant & @TheRealLailaAli help you Unleash Your Power @ESSENCEmagazine Women?s Conf - 11/4, NYC: #SmallBizChat
twowomenandahoe:	RT @CathyWebSavvyPR: PAY ATTN: THIS IS AN QWESOME TIP: Yr 5 before 11@ micro-action list from @allyson7minutes #SmallBizChat
diversebusiness:	RT @smallbizlady: Calling Philly #smallbiz owners! Nov. 12 #smallbizchat Tweetup. Meet @SmallBizLady & each other http://www.byob2011.com/ #SmallBizChat
CathyWebSavvyPR:	RT @JDEbberly: SmallBizChat is a VERY VERY INTENSE session. This one was off the charts! #SmallBizChat
smallbizlady:	Q10: HOW CAN ENTREPRENEURS REALLY CHANGE THEIR LIVES ?7 MINUTES? AT A TIME? #SmallBizChat
AngelBiz:	RT @allyson7minutes A9d If U complete yr 5 before 11@ list for 90 days-u will have taken 450 positive steps forward! #smallbizchat



TheAfter5Edge:	RT @smallbizlady: Calling Philly #smallbiz owners! Nov. 12 #smallbizchat Tweetup. Meet @SmallBizLady & each other http://www.byob2011.com/ #SmallBizChat
AnneMessenger:	So late...hope to find full script somewhere. #smallbizchat
allyson7minutes:	A10 Single best way for entrepreneurs to change their life-take ?7 Minutes? every day to create their 5 before 11@ list. #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Philly #smallbiz owners! 11/12 #smallbizchat Tweetup. Meet @SmallBizLady & ea other http://www.byob2011.com/ #SmallBizChat
tbacchus20:	RT @smallbizlady: For even more great content join the #Smallbizchat Linkedin group! http://bit.ly/smallbizchatonlinkedin #SmallBizChat
JDEbberly:	RT @smallbizlady: Q10: HOW CAN ENTREPRENEURS REALLY CHANGE THEIR LIVES ?7 MINUTES? AT A TIME? #SmallBizChat
AngelBiz:	RT @smallbizlady: Q10: HOW CAN ENTREPRENEURS REALLY CHANGE THEIR LIVES ?7 MINUTES? AT A TIME? #smallbizchat
allyson7minutes:	A10b Transform your overwhelming list into 5 important priorities/activities per day #SmallBizChat
twowomenandahoe:	RT @smallbizlady: Q10: HOW CAN ENTREPRENEURS REALLY CHANGE THEIR LIVES ?7 MINUTES? AT A TIME? #SmallBizChat
mentormarketing:	450 positive steps forward! It is all in the Math. #SmallBizChat
JDEbberly:	RT @allyson7minutes A10 Single best way entrepreneurs to change life-take ?7 Minutes? every day create their 5 before 11@ list #SmallBizChat
allyson7minutes:	A10c Then? DO these 5 things! #SmallBizChat
JDEbberly:	RT @mentormarketing: 450 positive steps forward! It is all in the Math. #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A10b Transform your overwhelming list into 5 important priorities/activities per day #SmallBizChat
JDEbberly:	RT @allyson7minutes: A10b Transform your overwhelming list into 5 important priorities/activities per day #SmallBizChat
TheAfter5Edge:	RT @smallbizlady: Q10: HOW CAN ENTREPRENEURS REALLY CHANGE THEIR LIVES ?7 MINUTES? AT A TIME? #SmallBizChat
AngelBiz:	RT @allyson7minutes: A10b Transform your overwhelming list into 5 important priorities/activities per day #smallbizchat
CathyWebSavvyPR:	RT @allyson7minutes IMPT 5 before 11@ = prioritized list of 5 highest-value activitiesU will 2 commit 2 complete b4 11am #SmallBizChat
allyson7minutes:	A10d The 7 Minute Life? is about DOING what you say you will do. #SmallBizChat
AngelBiz:	RT @allyson7minutes: A10c Then? DO these 5 things! #smallbizchat
JDEbberly:	@allyson7minutes That's pretty slick - Great advice for anyone with a lot to do in a few days' time #SmallBizChat
BenitaTyler:	RT @allyson7minutes: A10b Transform your overwhelming list into 5 important priorities/activities per day #SmallBizChat
JDEbberly:	RT @allyson7minutes: A10c Then? DO these 5 things! #SmallBizChat
AnneMessenger:	RT @allyson7minutes: A10 Best way for entrepreneurs to change their life-take ?7 Mins?/day to create their 5 before 11@ list. #smallbizchat
AngelBiz:	RT @allyson7minutes: A10d The 7 Minute Life? is about DOING what you say you will do. #smallbizchat
CathyWebSavvyPR:	RT @allyson7minutes A10 Single best way 4 entrepreneurs 2 change their life-take ?7 Minutes? ea day 2 create a 5 B4 11@ list #SmallBizChat
smallbizlady:	Q11: WHAT IS THE END RESULT OF LIVING THE 7 MINUTE LIFE?? #SmallBizChat
AnneMessenger:	RT @JDEbberly: RT @allyson7minutes: A10b Transform your overwhelming list into 5 important priorities/activities per day #smallbizchat

TheAfter5Edge:	A10: Again: Get 2 the point, stay focused, avoid distractions, be thorough but not a perfectionist, always assess ur progress #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A10b Transform yr overwhelming list into 5 impt priorities/activities per day - then DO them! [GR8T TIP] #SmallBizChat
AngelBiz:	RT @smallbizlady: Q11: WHAT IS THE END RESULT OF LIVING THE 7 MINUTE LIFE?? #smallbizchat
CathyWebSavvyPR:	RT @smallbizlady: Q11: WHAT IS THE END RESULT OF LIVING THE 7 MINUTE LIFE?? #SmallBizChat
JDEbberly:	RT @smallbizlady: Q11: WHAT IS THE END RESULT OF LIVING THE 7 MINUTE LIFE?? #SmallBizChat
JDEbberly:	RT @allyson7minutes: A10d The 7 Minute Life? is about DOING what you say you will do. #SmallBizChat
withoutboots:	Hmm, is there a time frame to work with as opposed to "11AM"? Like say 4-5 hours, every1s day doesnt follow the same schedule #SmallBizChat
YouTernMark:	RT @allyson7minutes: A10d The 7 Minute Life? is about DOING what you say you will do. #SmallBizChat
AngelBiz:	RT @TheAfter5Edge: A10: Get 2 the pt, stay focused, avoid distractions, be thorough but not a perfectionist, assess ur progres #smallbizchat
CathyWebSavvyPR:	welcome @AnneMessenger @ShannonRenee @tbacchus20 @diversebusiness @danperezfilms @ #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A10d The 7 Minute Life? is about DOING what you say you will do. #SmallBizChat
TheAfter5Edge:	A11: Having time left! Who doesn't like that!?!? Be efficient & effective and you may get to rest, relax and enjoy :) #SmallBizChat
allyson7minutes:	A11 The end result is that your life is congruent #SmallBizChat
allyson7minutes:	A11b You spend yr time focusing on yr faith, yr family, & making a difference in the world #SmallBizChat
withoutboots:	The 4 hour work week, the 7 minute life, what can we get for 30 seconds? LOL. #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A11 The end result is that your life is congruent #SmallBizChat
allyson7minutes:	A11c The 7 Minute Life? is about discovering meaning #SmallBizChat
JDEbberly:	RT @allyson7minutes: A11 The end result is that your life is congruent #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A10d The 7 Minute Life? is about DOING what you say you will do. #SmallBizChat
JDEbberly:	RT @allyson7minutes: A11b You spend yr time focusing on yr faith, yr family, & making a difference in the world #SmallBizChat
AnneMessenger:	Ah, best answer! RT @allyson7minutes: A11 The end result is that your life is congruent #smallbizchat
JDEbberly:	RT @withoutboots: The 4 hour work week, the 7 minute life, what can we get for 30 seconds? LOL. #SmallBizChat
allyson7minutes:	A11d The paradox of The 7 Minute Life? is: as we take the time 2 become more self-aware, we will become less self-directed #SmallBizChat
smallbizlady:	Q12: WHAT TOOLS HAVE YOU CREATED FOR ENTREPRENEURS? #SmallBizChat
CathyWebSavvyPR:	cc@Allyson7minutes RT @withoutboots: Hmm, is there a time frame to work with 4-5 hours, every1s day doesnt follow same sched #SmallBizChat
JDEbberly:	RT @allyson7minutes: A11c The 7 Minute Life? is about discovering meaning #SmallBizChat
JDEbberly:	RT @smallbizlady: Q12: WHAT TOOLS HAVE YOU CREATED FOR ENTREPRENEURS? #SmallBizChat

CathyWebSavvyPR:	RT @allyson7minutes: A11 The end result is that your life is congruent #SmallBizChat
AngelBiz:	RT @smallbizlady: Q12: WHAT TOOLS HAVE YOU CREATED FOR ENTREPRENEURS? #smallbizchat
allyson7minutes:	A12 The book that started the ?7 Minute? Revolution: The Seven Minute Difference - http://bit.ly/cl69WI #SmallBizChat
allyson7minutes:	A12b The 7 Minute Life? Daily Planner ? Think, Write, Do! Buy your copy: http://bit.ly/aYPZG212c #SmallBizChat
AngelBiz:	RT @allyson7minutes: A12 The book that started the ?7 Minute? Revolution: The Seven Minute Difference - http://bit.ly/cl69WI #smallbizchat
JDEbberly:	RT @allyson7minutes: A12 The book that started the ?7 Minute? Revolution: The Seven Minute Difference - http://bit.ly/cl69WI #SmallBizChat
allyson7minutes:	A12 c And?The 7 Minute Life? System - http://bit.ly/dxsbwG #SmallBizChat
AngelBiz:	RT @allyson7minutes: A12b The 7 Minute Life? Daily Planner ? Think, Write, Do! Buy your copy: http://bit.ly/aYPZG212c #smallbizchat
CathyWebSavvyPR:	@allyson7minutes I like your micro actions - @BarbaraSher talks about a similar approach 2 beating resistance - w tiny steps #SmallBizChat
danperezfilms:	23hrs, 53mins to kick back & relax? RT @smallbizlady: Q11: WHAT IS THE END RESULT OF LIVING THE 7 MINUTE LIFE?? #smallbizchat
JDEbberly:	RT @allyson7minutes: A12b The 7 Minute Life? Daily Planner ? Think, Write, Do! Buy your copy: http://bit.ly/aYPZG212c #SmallBizChat
CathyWebSavvyPR:	RT @allyson7minutes: A12 The book that started the ?7 Minute? Revolution: The Seven Minute Difference - http://bit.ly/cl69WI #SmallBizChat
allyson7minutes:	A 12d Video Series: 7 Days To Greater Productivity, Peace and Purpose - http://bit.ly/dxsbwG #SmallBizChat
JDEbberly:	RT @allyson7minutes: A12 c And?The 7 Minute Life? System - http://bit.ly/dxsbwG #SmallBizChat
twowomenandahoe:	RT @allyson7minutes: A12 c And?The 7 Minute Life? System - http://bit.ly/dxsbwG #SmallBizChat
JDEbberly:	RT @allyson7minutes: A 12d Video Series: 7 Days To Greater Productivity, Peace and Purpose - http://bit.ly/dxsbwG #SmallBizChat
BenitaTyler:	RT @allyson7minutes: A 12d Video Series: 7 Days To Greater Productivity, Peace and Purpose - http://bit.ly/dxsbwG #SmallBizChat
CathyWebSavvyPR:	Be sure to avorite tweets and links to go back & check later #SmallBizChat
allyson7minutes:	A 12d FREE Video Series: 7 Days To Greater Productivity, Peace and Purpose - http://bit.ly/dxsbwG #SmallBizChat
AngelBiz:	RT @allyson7minutes: A 12d Video Series: 7 Days To Greater Productivity, Peace and Purpose - http://bit.ly/dxsbwG #smallbizchat
AnneMessenger:	RT @allyson7minutes: A 12d FREE Video Series: 7 Days To Greater Productivity, Peace and Purpose - http://bit.ly/dxsbwG #smallbizchat
JDEbberly:	@allyson7minutes I noticed you've got your biz materials trademarked. Smart. #SmallBizChat
CathyWebSavvyPR:	RT @SmallBizLady @IyanlaVanzant & @TheRealLailaAli help U Unleash Yr Power @ESSENCEmagazine Women?s Conf 11/4 NYC #SmallBizChat
smallbizlady:	By the way--I use Allyson's system to stay organized RT @allyson7minutes: The 7 Minute Life? System - http://bit.ly/dxsbwG #SmallBizChat

twowomenandahoe:	RT @JDEbberly @allyson7minutes I noticed you've got your biz materials trademarked. Smart. #SmallBizChat
smallbizlady:	@allyson7minutes FREE Video Series: 7 Days To Greater Productivity, Peace and Purpose http://bit.ly/dxsbwG #SmallBizChat
JDEbberly:	Talk about a study in congruencies - @smallbizlady and @allyson7minutes on this fine chat :) #SmallBizChat
learntech:	I'm late to the #smallbizchat and they are apparently discussing one of my fave topics - productivity!
AnneMessenger:	RT @smallbizlady: Use Allyson's system to stay organized RT @allyson7minutes: The 7 Minute Life? System - http://bit.ly/dxsbwG #smallbizchat
smallbizlady:	I asked @Allyson7Minutes to be a guest on this chat because I loved her book the 7 Minute Difference so much #SmallBizChat
CathyWebSavvyPR:	@withoutboots in thirty seconds you can send out a whole bunch of tweet s- just make sure they are good ones #SmallBizChat
JDEbberly:	@smallbizlady I really need to read that book - about seven times! :) #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: I asked @Allyson7Minutes to be a guest on this chat because I loved her book the 7 Minute Difference so much #SmallBizChat
withoutboots:	Again, I highly recommend "168 Hours" by Laura Vanderkam for time management help. http://amzn.to/dy4SA7 #SmallBizChat
smallbizlady:	Next week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing information products for your small business
JDEbberly:	RT @smallbizlady: I asked @Allyson7Minutes to be a guest on this chat because I loved her book the 7 Minute Difference so much #SmallBizChat
TheAfter5Edge:	My contribution to productivity & efficiency >>> Increasing Efficiency ? Lose The Search For Perfection http://bit.ly/av0WtJ #SmallBizChat
AngelBiz:	@JDEbberly and in 7 minutes. #smallbizchat
smallbizlady:	Thanks to our guest, Allyson Lewis @allyson7minutes, How to Increase Productivity; info: Http://TheSevenMinuteDifference.com #SmallBizChat
CathyWebSavvyPR:	@learntech we will have a link of the transcript ot in a bit - follow @smallbizchat - alwo check @smallbizlady's blog Thurs am #SmallBizChat
JDEbberly:	RT @smallbizlady: Next week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing information products for your small biz
bizcoachwill:	RT @withoutboots: Again, I highly recommend "168 Hours" by Laura Vanderkam for time management help. http://amzn.to/dy4SA7 #SmallBizChat
twowomenandahoe:	@withoutboots Hey, I am liking your site! http://bit.ly/withoutboots-blog #SmallBizChat
AngelBiz:	RT @smallbizlady: Next week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing information products for your small biz #smallbizchat
smallbizlady:	Roll call, who?s on @Smallbizchat tonight? Give me your best 140-character commercial. #SmallBizChat
JDEbberly:	@smallbizlady WOW!! That's gonna be a good one next week!!! WOOT!!! #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Next week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing info products 4 yr small biz
BenitaTyler:	RT @smallbizlady: Next week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing information products for your small business

smallbizlady:	Want to Meet our local #SmallBizChat peeps in person? Join us on Nov 12 in Philly: Tweetup details http://www.byob2011.com/
withoutboots:	Check out "Bootstrapping Without Boots: The Small Business Survival Guide": http://bit.ly/withoutboots-blog #SmallBizChat
smallbizlady:	Get a free chapter of @SmallBizlady's new book: Become Your Own Boss in 12 Months http://bit.ly/asEgeR #SmallBizChat
bizcoachwill:	Can I get a transcript of tonight's #smallbizchat ? I missed it.
withoutboots:	Learn how to run a business the 1st year for \$365 or less: Bootstrapping Without Boots: http://bit.ly/withoutboots-blog #SmallBizChat
twowomenandahoe:	RT @smallbizlady: Next week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing information products for your small biz
CathyWebSavvyPR:	RT @smallbizlady Thx 2 guest, Allyson Lewis @allyson7minutes, How 2 Increase Productivity: Http://TheSevenMinuteDifference.com #SmallBizChat
GetResults:	RT @smallbizlady: Get a free chapter of @SmallBizlady's new book: Become Your Own Boss in 12 Months http://bit.ly/asEgeR #SmallBizChat
smallbizlady:	If you found this interview helpful, join us on Wednesdays 8-9p ET follow @SmallBizChat on Twitter for info. #SmallBizChat
withoutboots:	@twowomenandahoe Thanks. It's a labor of love at this point, but I enjoy it a lot! :) http://bit.ly/withoutboots-blog #SmallBizChat
JDEbberly:	RT @smallbizlady Thx to guest,Allyson Lewis @allyson7minutes, How to Increase Productivity http://thesevenminutedifference.com/ #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Want to Meet our local #SmallBizChat peeps in person? Join us on Nov 12 in Philly: Tweetup details http://www.byob2011.com/
TheAfter5Edge:	My contribution to a PRODUCTIVE week!! >>>> From Game Plan Mondays to Friendly Fridays « http://bit.ly/cNDe65 #SmallBizChat
CathyWebSavvyPR:	RT @smallbizlady: Roll call, who?s on @Smallbizchat tonight? Give me your best 140-character commercial. #SmallBizChat
BenitaTyler:	RT @smallbizlady: Get a free chapter of @SmallBizlady's new book: Become Your Own Boss in 12 Months http://bit.ly/asEgeR #SmallBizChat
mentormarketing:	Great Chat, Now I am off to #SMSafety #SmallBizChat
JDEbberly:	RT @smallbizlady: Roll call, who?s on @Smallbizchat tonight? Give me your best 140-character commercial #SmallBizChat
withoutboots:	Anybody know of any other Bootstrapping or Entrepreneur-focused Twitter chats out there? #SmallBizChat
smallbizlady:	Thank you to @CathyWebSavvyPR our co-host and social media PR pal. #SmallBizChat
twowomenandahoe:	Thank you @smallbizlady @CathyWebSvvyPR @allyson7minutes! #SmallBizChat
allyson7minutes:	More FREE resources! 12 of our most popular time management tools: http://bit.ly/9jtN4L #SmallBizChat
smallbizlady:	Thank you to virtual assistant Sonia @YourJobMyOffice, she?ll get a link to the transcript out Thurs am on @SmallBizChat #SmallBizChat
AngelBiz:	Thanks everyone. Great topic and great chat. #smallbizchat
smallbizlady:	The focus on #Smallbizchat is to end small business failure by helping you succeed as your own boss. #SmallBizChat
bizcoachwill:	I'm a small business consultant specializing in HVAC residential contractors. #smallbizchat
JDEbberly:	RT @withoutboots Learn how run a biz the 1st yr for \$365 or less: Bootstrapping Without Boots http://bit.ly/withoutboots-blog #SmallBizChat
allyson7minutes:	Thanks everyone! I had a BLAST! #SmallBizChat

JDEbberly:	RT @TheAfter5Edge: My contribution to a PRODUCTIVE week!! >>>>From Game Plan Mondays to Friendly Fridays« http://bit.ly/cNDe65 #SmallBizChat
twowomenandahoe:	Right plant...right place...right time! #SmallBizChat
learntech:	RT @youthernmark prioritize using "CNN". C= Critical (done now) N = Need (needs to be done today) N = Nice (nice if got done) #smallbizchat
smallbizlady:	Next Week on #SmallBizChat 10/28 8-9pm ET @TaiGoodwin on Developing information products and e-books for your small business
TheAfter5Edge:	Roll call time!! www.theafter5edge.com is present today!! All things entrepreneurial, productive, efficient, competitive edge #SmallBizChat
withoutboots:	I'm @kindracotton. Please check out @withoutboots: Bootstrapping Without Boots Blog: http://bit.ly/withoutboots-blog #SmallBizChat
YouTernMark:	Mark from www.YouTern.com here... connecting emerging talent to entrepreneurs, through internships! Blog: http://bit.ly/9V2hiy #smallbizchat
yourjobmyoffice:	Sonia, office ace for hire. Exec level virtual office assistant. Find me @soniaschenker. Happy to be VA to #smallbizchat
mentormarketing:	A mom's worst nightmare Twitter, Hi My Mommy has gone to the store and I am bored. #SmallBizChat
AngelBiz:	Additional information on productivity and time mgmt for those interested in my blog posts... #smallbizchat
AnneMessenger:	Career strategist here, thanking @smallbizlady, @CathyWebSvvyPR and @allyson7minutes! #smallbizchat
TheAfter5Edge:	@JDEbberly I appreciate the RT! #SmallBizChat