

TWEETREPORTS

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#smallbizchat

2012-01-05 to 2012-01-05
1131 Twitter search results

126 contributors
1100 retweets 493 @replies 331 links

Time	User	Tweet
2012-01-05 1:00 am	2Sandywithlove	I hope I can keep #SmallBizChat
2012-01-05 1:00 am	CathyWebSavvyP R	@allyson7minutes luckily we left the day BEFORE it went down to 0 degrees, w/ wind chill of -14 F - avoided brain freeze LOL #SmallBizChat
2012-01-05 1:00 am	The7MinuteLife	1 more hour! #SmallBizChat 's Melinda Emerson @SmallBizLady & @Allyson7Minutes come together on a CAN'T MISS call! #just7
2012-01-05 1:00 am	DoriDeCarlo	RT @accountess77 : @DoriDeCarlo woohoooo.....cant wait ~~~ Me too!!! #SmallBizChat
2012-01-05 1:00 am	mentormarketing	Evening all, New and old #smallbizchat
2012-01-05 1:00 am	CathyWebSavvyP R	@mentormarketing @smallbizchat has book giveaways tonight! #SmallBizChat
2012-01-05 1:00 am	emtwo	RT @smallbizlady : How 2 participate in #SmallBizChat : http://t.co/cqUmRlvt
2012-01-05 1:00 am	LollyDaskal	looking forward to seeing U @ #smallbizchat RT @allyson7minutes : @LollyDaskal , so enjoyed watching your #Leadfromwithin what an experience!
2012-01-05 1:01 am	CathyWebSavvyP R	@The7MinuteLife Nope - right now! 8pm ET #SmallBizChat
2012-01-05 1:01 am	IowaHawkeyeMeg	RT @CathyWebSavvyPR : RT @allyson7minutes : Tonight we'll randomly choose 5 #SmallBizChat community mbers 2 receive The 7 Minute Solution hardbk book
2012-01-05 1:01 am	SmallBizLady	How 2 participate in #SmallBizChat : http://t.co/wjDXFeDf ; try our prepared @Tweetgrid and join us now http://t.co/foUvGpKo
2012-01-05 1:01 am	mentormarketing	@CathyWebSavvyPR bribery wins LOL #smallbizchat
2012-01-05 1:02 am	chrisyates11	great. I'll b there @LollyDaskal @allyson7minutes I get to guest on #SmallBizChat with amazing @SmallBizLady & her community! #smallbizchat"
2012-01-05 1:02 am	mentormarketing	#smallbizchat
2012-01-05 1:02 am	CathyWebSavvyP R	@mentormarketing But I can't guarantee a winner - they are picking randomly. Good luck #SmallBizChat
2012-01-05 1:02 am	CathyWebSavvyP R	RT @SmallBizLady : How 2 participate in #SmallBizChat : http://t.co/0HXOS3N9 ; try our prepared @Tweetgrid and join us now http://t.co/EzVgYm3W
2012-01-05 1:02 am	SmallBizLady	Welcome to 2012 kickoff #SmallBizChat a weekly conversation where small business owners can get answers to their questions.
2012-01-05 1:02 am	JoceBrownSugar	#Smallbizchat I want to see my non profit M.O.R.E.E Inc. Motivating Others to Reach Excellence Through Education.
2012-01-05 1:02 am	KaterinaYTaylor	#smallbizchat not sure if I'm doing the bis chat right
2012-01-05 1:02 am	SmallBizLady	Welcome to my co-host for the night Social Media Strategist and

2012-01-05 1:02 am [allyson7minutes](#) Launch While Working advocate [@TaiGoodwin](#) **#SmallBizChat**
[@chrisyates11](#) welcome Chris and [@LollyDaskal](#), glad you're here!
#smallbizchat

2012-01-05 1:02 am [SmallBizLady](#) Q: What's the focus of **#Smallbizchat**? A: To end small business failure by helping you succeed as your own boss **#SmallBizChat**

2012-01-05 1:03 am [mentormarketing](#) [@CathyWebSavvyPR](#) ofc =) **#smallbizchat**

2012-01-05 1:03 am [MarcREnriquez](#) RT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions.

2012-01-05 1:03 am [ZimanaAnalytics](#) [@allyson7minutes](#) Hi Allison! Great for you to be on **#smallbizchat**

2012-01-05 1:03 am [Bettyannshepard](#) Good evening! **#Smallbizchat**

2012-01-05 1:03 am [Tiaworks](#) RT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions.

2012-01-05 1:03 am [creativelyK](#) Hello everyone this is my first time joining I hope i am doing this right lol **#smallbizchat**

2012-01-05 1:03 am [allyson7minutes](#) RT [@SmallBizLady](#): Welcome to my co-host for the night Social Media Strategist and Launch While Working advocate [@TaiGoodwin](#) **#smallbizchat**

2012-01-05 1:03 am [mentormarketing](#) [@CathyWebSavvyPR](#) actually i'll buy either way if it is gripping **#smallbizchat**

2012-01-05 1:03 am [allyson7minutes](#) [@ZimanaAnalytics](#) thanks, I hear from [@SweetieBerry](#) you're a sharp guy **#smallbizchat**

2012-01-05 1:03 am [SmallBizLady](#) We're tweeting live with Allyson Lewis time mgmt exprt [@allyson7minutes](#) abt simplifying your life in 2012 <http://t.co/foUvGpKo> **#SmallBizChat**

2012-01-05 1:03 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q: Whats the focus of **#Smallbizchat**? A: To end small biz failure by helping you succeed as your own boss **#SmallBizChat**

2012-01-05 1:03 am [KimWHix](#) RT [@SmallBizLady](#): Welcome to my co-host for the night Social Media Strategist and Launch While Working advocate [@TaiGoodwin](#) **#SmallBizChat**

2012-01-05 1:03 am [dFguSon](#) RT [@SmallBizLady](#): Use tweetgrid to join us tonight on **#smallbizchat** here's the link <http://t.co/foUvGpKo>

2012-01-05 1:04 am [MarcREnriquez](#) Good evening and Happy New Year, [@SmallBizLady](#) [@TaiGoodwin](#) [@allyson7minutes](#) and all **#smallbizchat**-ters!

2012-01-05 1:04 am [TWOwomenANDaHOE](#) RT [@allyson7minutes](#): Tonight we'll randomly choose 5 **#SmallBizChat** community mbers 2 receive The 7 Minute Solution hardbk book

2012-01-05 1:04 am [DoriDeCarlo](#) [@creativelyK](#) Yes you are - welcome and enjoy...n **#SmallBizChat**

2012-01-05 1:04 am [SmallBizLady](#) Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES? **#SmallBizChat**

2012-01-05 1:04 am [SmallBizLady](#) **#SmallBizChat**

2012-01-05 1:04 am [CathyWebSavvyPR](#) [@BC_Accessories](#) Just about to jump into a twitter chat called **#smallbizchat** 8p ET - w [@allyson7minutes](#) on simplifying your life in 2012

2012-01-05 1:04 am [ZimanaAnalytics](#) RT [@smallbizlady](#): Q: What's the focus of **#Smallbizchat**? A: To end small business failure by helping you succeed as your own boss...

2012-01-05 1:04 am [yourjobmyoffice](#) I see ur tweets -- looks good! RT [@creativelyK](#): Hello everyone this is my first time joining I hope i am doing this right lol **#smallbizchat**

2012-01-05 1:04 am [ZimanaAnalytics](#) RT [@smallbizlady](#): Welcome to my co-host for the night Social Media Strategist and Launch While Working advocate [@TaiGoodwin](#)
#SmallBizChat

2012-01-05 1:04 am [TaiGoodwin](#) Glad to be on **#smallbizchat** tonight with [@Allyson7minutes](#)
2012-01-05 1:05 am [mandeewidrick](#) RT [@SmallBizLady](#): Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES?
#SmallBizChat

2012-01-05 1:05 am [NicoleAFende](#) Its the first chat of the year! Join us right now! -> **#smallbizchat**
2012-01-05 1:05 am [SmallBizLady](#) RT [@allyson7minutes](#): Tonight we'll randomly choose 5
#SmallBizChat community mbers 2 receive The 7 Minute Solution hardbk book

2012-01-05 1:05 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES?
#SmallBizChat

2012-01-05 1:05 am [yourjobmyoffice](#) Looks right from here. Welcome to the chat. RT [@KaterinaYTaylor](#):
#smallbizchat not sure if Im doing the bis chat right **#smallbizchat**

2012-01-05 1:05 am [chrisyates11](#) Welcome coming to chat is 1st! This must b classy!
[@allyson7minutes](#) [@chrisyates11](#) welcome Chris [@LollyDaskal](#) glad you're here! **#smallbizchat**

2012-01-05 1:05 am [allyson7minutes](#) A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**

2012-01-05 1:05 am [ZimanaAnalytics](#) [@katerinaytaylor](#) You're good - just make sure you include the hashtag! **#smallbizchat**

2012-01-05 1:05 am [dFguSon](#) RT [@SmallBizLady](#): We're tweeting live with Allyson Lewis time mgmt exprt [@allyson7minutes](#) abt simplifying your life in 2012
<http://t.co/foUvGpKo> **#SmallBizChat**

2012-01-05 1:05 am [OloriSWANK](#) RT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions.

2012-01-05 1:05 am [TWOwomenANDaHOE](#) RT [@SmallBizLady](#): Do you want to simplify your life in 2012? Join me tonight for **#Smallbizchat** w/Allyson Lewis author of 7 Minute Solution.
#SmallBizChat

2012-01-05 1:05 am [accountess77](#) RT [@SmallBizLady](#): We're tweeting live w/time mgmt exprt
2012-01-05 1:05 am [NicoleAFende](#) [@allyson7minutes](#) abt simplifying ur life in 2012 <http://t.co/RBvULg98>
#smallbizchat

2012-01-05 1:05 am [SweetSadieMarie](#) So excited for the **#SmallBizChat** tonight. Hi, everyone!
2012-01-05 1:06 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#SmallBizChat**

2012-01-05 1:06 am [creativelyK](#) [@yourjobmyoffice](#) Thank you **#smallbizchat**
2012-01-05 1:06 am [ZimanaAnalytics](#) RT [@smallbizlady](#): [@allyson7minutes](#): Tonight we'll choose 5
#SmallBizChat community mbers 2 receive The 7 Minute Solution hardbk book

2012-01-05 1:06 am [accountess77](#) this is my first time...i am not sure if i am doing this right..
#SmallBizChat

2012-01-05 1:06 am [dFguSon](#) RT [@SmallBizLady](#): Q: What's the focus of **#Smallbizchat**? A: To end small business failure by helping you succeed as your own boss
#SmallBizChat

2012-01-05 1:06 am [TaiGoodwin](#) [@allyson7minutes](#) Glad to have you on the chat tonight - looking forward to learning from you. **#smallbizchat**

2012-01-05 1:06 am [MarcREnriquez](#) [@NicoleAFende](#) Hey Nicole, Happy New Year! **#SmallBizChat**

2012-01-05 1:06 am [ZimanaAnalytics](#) RT [@SmallBizLady](#): Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES? **#SmallBizChat**

2012-01-05 1:06 am [dFguSon](#) RT [@SmallBizLady](#): Welcome to my co-host for the night Social Media Strategist and Launch While Working advocate [@TaiGoodwin](#) **#SmallBizChat**

2012-01-05 1:06 am [good_boy_roy](#) RT [@SmallBizLady](#): **#SmallBizChat**

2012-01-05 1:06 am [KimWHix](#) RT [@SmallBizLady](#): **#SmallBizChat**

2012-01-05 1:06 am [allyson7minutes](#) [@SweetSadieMarie](#) hello! Glad you could join us! **#smallbizchat**

2012-01-05 1:06 am [TaiGoodwin](#) RT [@NicoleAFende](#): Its the first chat of the year! Join us right now! -> **#smallbizchat**

2012-01-05 1:06 am [allyson7minutes](#) [@TaiGoodwin](#) Thank you!n **#smallbizchat**

2012-01-05 1:06 am [KrisColeStyle](#) I'm getting real-time search results at TweetGrid <http://t.co/kbVJaJgm> **#SmallBizChat**

2012-01-05 1:06 am [AnishaRKeeyes](#) excited to be on **#smallbizchat** tonight with [@Allyson7minutes](#)

2012-01-05 1:06 am [MarcREnriquez](#) [@accountess77](#) You got it - just include the hashtag. -=] **#SmallBizChat**

2012-01-05 1:06 am [KrisColeStyle](#) **#SmallBizChat**

2012-01-05 1:06 am [TaiGoodwin](#) Tweeting live with Allyson Lewis time mgmt exprt [@allyson7minutes](#) abt simplifying your life in 2012 <http://t.co/7N4BLB4b> **#smallbizchat**

2012-01-05 1:07 am [simplyaphrodite](#) Hi. We're new here. :) **#SmallBizChat**

2012-01-05 1:07 am [yourjobmyoffice](#) Yep. Looks right! Welcome. RT [@accountess77](#): this is my first time...i am not sure if i am doing this right.. **#smallbizchat**

2012-01-05 1:07 am [JenniferMueller](#) I'm getting real-time search results at TweetGrid <http://t.co/b6KoSyHR> **#smallbizchat**

2012-01-05 1:07 am [wvpmc](#) Happy New Year everyone! Stopping by briefly before a quick trip to #TraderJoes - maybe 7 minutes? :) **#smallbizchat**

2012-01-05 1:07 am [allyson7minutes](#) So often we can make meaningful choices if we would stop for 7 minutes at a time to consider priorities **#smallbizchat**

2012-01-05 1:07 am [TaiGoodwin](#) [@SweetSadieMarie](#) Welcome to the chat -- you too [@ZimanaAnalytics](#) **#smallbizchat**

2012-01-05 1:07 am [NicoleAFende](#) [@TaiGoodwin](#) Hi Tai - we finally got some snow up here :) **#smallbizchat**

2012-01-05 1:07 am [stevenkmoyer](#) RT [@smallbizlady](#): **#SmallBizChat** I am trying to join, but nothing on twitter seems to be working correctly!

2012-01-05 1:07 am [SmallBizLady](#) Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS? **#SmallBizChat**

2012-01-05 1:07 am [DoriDeCarlo](#) [@accountess77](#) Yes you are so enjoy...and tweet away... **#SmallBizChat**

2012-01-05 1:07 am [CathyWebSavvyPR](#) Please excuse more tweets than usually, I'm dropping in on my pals [@ #SmallBizChat](#) 8p ET on simplifying yr life in 2012 <http://t.co/EzVgYm3W>

2012-01-05 1:07 am [MysticHut](#) [@SmallBizLady](#) I would like to join the discussion. **#SmallBizChat**

2012-01-05 1:07 am [yourjobmyoffice](#) [@AnishaRKeeyes](#) Happy new year, Anisha! **#smallbizchat**

2012-01-05 1:07 am [CareerTips2Go](#) Well, Happy New Year to the **#smallbizchat** chatters! Just joining! **#smallbizchat**

2012-01-05 1:07 am [KynaBaker](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**

2012-01-05 1:07 am [MarcREnriquez](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that

2012-01-05 1:07 am [CathyWebSavvyPR](#) take less than 7 minutes to engage **#smallbizchat #SmallBizChat**
RT [@allyson7minutes](#): So often we can make meaningful choices if we would stop for 7 minutes at a time to consider priorities **#SmallBizChat**

2012-01-05 1:08 am [KimWHix](#) RT [@TaiGoodwin](#): Glad to be on **#smallbizchat** tonight with [@Allyson7minutes](#) #HiAll :-)

2012-01-05 1:08 am [stevenkmoyer](#) RT [@smallbizlady](#): RT [@allyson7minutes](#): Tonight we'll randomly choose 5 **#SmallBizChat** community mbers 2 receive The 7 Minute Solution...

2012-01-05 1:08 am [allyson7minutes](#) A2 – Consistent microactions in daily routines help make valuable changes **#smallbizchat**

2012-01-05 1:08 am [SmallBizLady](#) [@stevenkmoyer](#) we see you steve! **#SmallBizChat**

2012-01-05 1:08 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS? **#SmallBizChat**

2012-01-05 1:08 am [MsBostwick](#) I'm on **#smallbizchat** tonight! Yay!

2012-01-05 1:08 am [AnishaRKeays](#) RT [@TaiGoodwin:Tweeting](#) live with time mgmt exprt [@allyson7minutes](#) abt simplifying your life in 2012 <http://t.co/ra0h7vMI> **#smallbizchat**

2012-01-05 1:08 am [TaiGoodwin](#) [@KrisColeStyle](#) [@JenniferMueller](#) [@wvpmc](#) Welcome to the chat! **#smallbizchat**

2012-01-05 1:08 am [lamReBelle](#) Goodnight all!! this is my first night actually joining in on the chat.. **#SmallBizChat**

2012-01-05 1:08 am [allyson7minutes](#) Happy New Year!RT [@CareerTips2Go](#): Well, Happy New Year to the **#smallbizchat** chatters! Just joining! **#smallbizchat**

2012-01-05 1:08 am [spoileddiva111](#) RT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions.

2012-01-05 1:08 am [AnishaRKeays](#) RT [@allyson7minutes](#): So often we can make meaningful choices if we would stop for 7 minutes at a time to consider priorities **#smallbizchat**

2012-01-05 1:08 am [NicoleAFende](#) A2: Time IS Money. It is your most precious asset. Spend it wisely. **#smallbizchat**

2012-01-05 1:08 am [PjsandCoffee](#) RT [@smallbizlady](#): Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES? **#SmallBizChat**

2012-01-05 1:08 am [mentormarketing](#) Is the book available on audible? **#smallbizchat**

2012-01-05 1:08 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES? **#smallbizchat**

2012-01-05 1:08 am [roaddoggz](#) RT [@SmallBizLady](#): How 2 participate in **#SmallBizChat**: <http://t.co/wjDXFeDf>; try our prepared [@Tweetgrid](#) and join us now <http://t.co/foUvGpKo>

2012-01-05 1:08 am [KaterinaYTaylor](#) [@allyson7minutes](#) [@smallbizlady](#) [@taigoodwin](#) **#smallbizchat** hello all

2012-01-05 1:08 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#SmallBizChat**

2012-01-05 1:08 am [TaiGoodwin](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**

2012-01-05 1:09 am [SmallBizLady](#) RT [@allyson7minutes](#) So often we can make meaningful choices if

we would stop for 7 min at a time to consider priorities

#SmallBizChat

- 2012-01-05 1:09 am [dFguSon](#) RT [@SmallBizLady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS?
#SmallBizChat
- 2012-01-05 1:09 am [MarcREnriquez](#) [@IamReBelle](#) Welcome to the chat! **#SmallBizChat**
- 2012-01-05 1:09 am [KrisColeStyle](#) [@TaiGoodwin](#) Nice to meet U! **#SmallBizChat**
- 2012-01-05 1:09 am [roaddoggz](#) RT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions.
- 2012-01-05 1:09 am [allyson7minutes](#) For many yrs it was about time management, it has evolved to meaningful life strategies considering time limits **#smallbizchat**
- 2012-01-05 1:09 am [CathyWebSavvyPR](#) A1: ther is a saying - 2 learn value of time ask an olympic swimmer who won by 1/10th of a second; 7 minutes can clarify a lot
#SmallBizChat
- 2012-01-05 1:09 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS?
#smallbizchat
- 2012-01-05 1:09 am [KynaBaker](#) RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#smallbizchat**
- 2012-01-05 1:09 am [kylieofiu](#) I'm joining in **#SmallBizChat** now, come check it out
- 2012-01-05 1:09 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS?
#SmallBizChat
- 2012-01-05 1:09 am [TaiGoodwin](#) RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#smallbizchat**
- 2012-01-05 1:09 am [IamReBelle](#) happy new year to you too! **#SmallBizChat**
- 2012-01-05 1:09 am [ipinfocus](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**
- 2012-01-05 1:09 am [chrisyates11](#) A2: I've never been an hours person but a results person. I think that helps me b more efficient with time. **#smallbizchat**
- 2012-01-05 1:09 am [kylieofiu](#) RT [@smallbizlady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS?
#SmallBizChat
- 2012-01-05 1:09 am [Janice_Clark](#) RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#SmallBizChat #smallbizchat**
- 2012-01-05 1:09 am [allyson7minutes](#) A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**
- 2012-01-05 1:10 am [SweetSadieMarie](#) RT [@NicoleAFende](#): A2: Time IS Money. It is your most precious asset. Spend it wisely. **#smallbizchat**
- 2012-01-05 1:10 am [CathyWebSavvyPR](#) MT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly convo where small biz owners can get answers to their qus
- 2012-01-05 1:10 am [JenniferMueller](#) [@TaiGoodwin](#) [@KrisColeStyle](#) [@wvpmc](#) Thanks. It's my first time on **#smallBizChat**, excited to be here. **#smallbizchat**
- 2012-01-05 1:10 am [CareerTips2Go](#) RT [@allyson7minutes](#): For many yrs it was abt time mgnt, it has evolved to meaningful life strategies considering time limits
#smallbizchat
- 2012-01-05 1:10 am [ZimanaAnalytics](#) RT [@taigoodwin](#): RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**
- 2012-01-05 1:10 am [ValaAfshar](#) On average, 32,400 seconds in a work day. Only a few seconds to

2012-01-05 1:10 am [NicoleAFende](#) say 'thank you' and 'please'. **#smallbizchat**
Luv thisRT [@CathyWebSavvyPR](#): A1: 2 learn value of time ask an olympic swimmer who won by 1/10th of a second; 7 min can do a lot **#smallbizchat**

2012-01-05 1:10 am [creativelyK](#) RT [@ipinfocus](#): RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**

2012-01-05 1:10 am [Janice_Clark](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat #smallbizchat**

2012-01-05 1:10 am [wvpmc](#) I enjoy "Five Good Minutes" (Brantley&Millstine) - short daily exercises that help you stay calm and focused **#smallbizchat**

2012-01-05 1:10 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#SmallBizChat**

2012-01-05 1:10 am [CathyWebSavvyPR](#) **#SmallBizChat**

2012-01-05 1:10 am [allyson7minutes](#) A2(b) – Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals **#smallbizchat**

2012-01-05 1:10 am [MarcREnriquez](#) A2 Time is the only asset you can't grow, but you can increase its value, through discipline. **#SmallBizChat**

2012-01-05 1:10 am [PointA_PointB](#) "@NicoleAFende: A2: Time IS Money. It is your most precious asset. Spend it wisely. **#smallbizchat**" <~Agreed!

2012-01-05 1:10 am [DoriDeCarlo](#) RT [@allyson7minutes](#): For many yrs it was about time mgmt, it has evolved to meaningful life strategies considering time limits **#SmallBizChat**

2012-01-05 1:10 am [dFguSon](#) RT [@SmallBizLady](#): RT [@allyson7minutes](#) So often we can make meaningful choices if we would stop for 7 min at a time to consider priorities **#SmallBizChat**

2012-01-05 1:10 am [kylieofiu](#) A2 Getting control of your time and lifestyle by finding a balance and working out your priorities ensures you achieve more **#SmallBizChat**

2012-01-05 1:10 am [ZimanaAnalytics](#) [@taigoodwin](#) Good to Tweet with you and Melinda [@SmallBizLady](#) **#smallbizchat**

2012-01-05 1:10 am [TaiGoodwin](#) Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions. **#smallbizchat**

2012-01-05 1:10 am [CareerTips2Go](#) Is that right? RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**

2012-01-05 1:10 am [MsBostwick](#) Q2-It's all connected. Get home and life in order first because your business will be a reflection of your life. **#smallbizchat**

2012-01-05 1:10 am [AnishaRKeays](#) RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**

2012-01-05 1:10 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business [intriguing] **#SmallBizChat**

2012-01-05 1:11 am [accessbizcap](#) I'm getting real-time search results at TweetGrid <http://t.co/Um6ENcu8> **#SmallBizChat**

2012-01-05 1:11 am [TWOwomenANDaHOE](#) RT [@MarcREnriquez](#): A2 Time is the only asset you can't grow, but you can increase its value, through discipline. **#SmallBizChat**

2012-01-05 1:11 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A2(b) – Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals **#SmallBizChat**

2012-01-05 1:11 am [Janice_Clark](#) I wouldn't miss seeing [@allyson7minutes](#) on tonight's chat!!! **#smallbizchat**

2012-01-05 1:11 am [CivJones](#) "@SmallBizLady: Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation for small business owners." [@THEREALBFLY](#) happening now

2012-01-05 1:11 am [stevenkmoyer](#) RT [@valaafshar](#): On average, 32,400 seconds in a work day. Only a few seconds to say 'thank you' and 'please'. **#smallbizchat**

2012-01-05 1:11 am [KaterinaYTaylor](#) [@TaiGoodwin](#) [@smallbizlady](#) **#smallbizchat** people have to learn to invest their time & not spend their time. Investing offers a future return

2012-01-05 1:11 am [ImpactMktPR](#) Unfortunately must miss **#SmallBizchat** going on now. Catch you all next week.

2012-01-05 1:11 am [NicoleAFende](#) [@MarcREnriquez](#) As usual same wavelength Marc. good to see you! **#smallbizchat**

2012-01-05 1:11 am [SmallBizLady](#) Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**

2012-01-05 1:11 am [TheRealSharon](#) RT [@valaafshar](#): On average, 32,400 seconds in a work day. Only a few seconds to say 'thank you' and 'please'. **#smallbizchat**

2012-01-05 1:11 am [Janice_Clark](#) RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat #smallbizchat**

2012-01-05 1:11 am [CathyWebSavvyPR](#) [@NicoleAFende](#) I borrowed it from an internet meme - it goes through a litany of timing down to 10th of a sec **#SmallBizChat**

2012-01-05 1:11 am [SweetSadieMarie](#) RT [@MsBostwick](#): Q2-It's all connected. Get home and life in order first because your business will be a reflection of your life. **#smallbizchat**

2012-01-05 1:11 am [ZimanaAnalytics](#) [@allyson7minutes](#) Thanks Allyson, I try my best. [@Smallbizlady](#) and [@SweetieBerry](#) encourage me to do my best. **#smallbizchat**

2012-01-05 1:11 am [ZimanaAnalytics](#) RT [@SmallBizLady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS? **#smallbizchat**

2012-01-05 1:11 am [creativelyK](#) A2. Having a time table helps keep things organized and on point. It takes time to have a great business **#smallbizchat**

2012-01-05 1:12 am [SmallBizLady](#) How to participate in **#SmallBizChat** <http://t.co/wjDXFeDf>; join in via tonight's tweetgrid: <http://t.co/foUvGpKo>

2012-01-05 1:12 am [kylieofiu](#) so true!RT [@msbostwick](#): It's all connected. Get home and life in order 1st - your business will be a reflection of your life. **#smallbizchat**

2012-01-05 1:12 am [TaiGoodwin](#) [@JenniferMueller](#) We've got lots of new folks here tonight hanging out to chat with [@Allyson7minutes](#) **#smallbizchat**

2012-01-05 1:12 am [wvpmc](#) RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**

2012-01-05 1:12 am [ipinfocus](#) RT [@allyson7minutes](#): So often we can make meaningful choices if we would stop for 7 minutes at a time to consider priorities **#smallbizchat**

2012-01-05 1:12 am [ZimanaAnalytics](#) RT [@kynabaker](#): RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#smallbizchat**

2012-01-05 1:12 am [allyson7minutes](#) [@ImpactMktPR](#) hope you'll be with us again! **#smallbizchat**

2012-01-05 1:12 am [DoriDeCarlo](#) RT@The7MinuteLife Receive \$5.00 discount on the PLANNER tonight only order here <http://t.co/we4ERqAj> **#SmallBizChat**

2012-01-05 1:12 am [chrisyates11](#) Hrs at work is overrated. My buddy once bragged "I worked 70 hours this week" My response? Why so inefficient? [@NicoleAFende](#) **#smallbizchat**

2012-01-05 1:12 am [kylieofiu](#) RT [@smallbizlady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**

2012-01-05 1:12 am [JenniferMueller](#) RT [@allyson7minutes](#): A2(b) – Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals **#smallbizchat**

2012-01-05 1:12 am [stevenkmoyer](#) RT [@kylieofiu](#): RT [@smallbizlady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS? **#SmallBizChat**

2012-01-05 1:12 am [MsBostwick](#) [@JenniferMueller](#) Welcome! Make friends and learn a few things. **#smallbizchat**

2012-01-05 1:12 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A2(b) – Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals **#smallbizchat**

2012-01-05 1:12 am [atominson31](#) RT [@ValaAfshar](#): On average, 32,400 seconds in a work day. Only a few seconds to say 'thank you' and 'please'. **#smallbizchat**

2012-01-05 1:12 am [mentormarketing](#) This microaction idea looks promising. If I can't fit a task onto 1 regular post-it, it is never going to get finished **#smallbizchat**

2012-01-05 1:12 am [KaterinaYTaylor](#) RT “[@MarcREnriquez](#): A2 Time is the only asset you can't grow, but you can increase its value, through discipline. **#SmallBizChat**”

2012-01-05 1:12 am [BC_Accessories](#) RT [@SmallBizLady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**

2012-01-05 1:12 am [MarcREnriquez](#) [@NicoleAFende](#) Likewise -=] **#smallbizchat**

2012-01-05 1:12 am [accessbizcap](#) Q: What's the focus of **#Smallbizchat**? A: To end small business failure by helping you succeed as your own boss **#SmallBizChat**

2012-01-05 1:12 am [TWOwomenANDa](#) [@MarcREnriquez](#) My pleasure! **#SmallBizChat**

2012-01-05 1:12 am [allyson7minutes](#) [HOE](#)

2012-01-05 1:12 am [GetBizSociable](#) A3 – My training involves helping solopreneurs, entrepreneurs and bus. Walk from the same understanding of the goals. **#smallbizchat**

2012-01-05 1:12 am [DFWSweets](#) A2: I am happier when my personal life is under control. I make better business decisions when I am happier. **#smallbizchat**

2012-01-05 1:12 am [kylieofiu](#) RT [@SmallBizLady](#): RT [@allyson7minutes](#) So often we can make meaningful choices if we would stop for 7 min at a time to consider priorities **#SmallBizChat**

2012-01-05 1:12 am [SmallBizLady](#) A3 - Outsource what they can. It is amazing the difference it makes to your time and bottom line. **#SmallBizChat**

2012-01-05 1:12 am [SmallBizLady](#) Live right now: tweeting live with Allyson Lewis [@allyson7minutes](#) about simplifying your life in 2012 <http://t.co/foUvGpKo> **#SmallBizChat**

2012-01-05 1:13 am [TaiGoodwin](#) RT [@valaafshar](#): On average, 32,400 seconds in a work day. Only a few seconds to say 'thank you' and 'please' & you're welcome **#smallbizchat**

2012-01-05 1:13 am [DoriDeCarlo](#) RT [@Janice Clark](#): RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**

2012-01-05 1:13 am [ValaAfshar](#) **#SmallBizChat**

2012-01-05 1:13 am [allyson7minutes](#) Your actions define your priorities. Focus on what matters most - people (employees and customers). **#smallbizchat**

2012-01-05 1:13 am [allyson7minutes](#) A3(b) – The first step is to prioritize the needs for your business **#smallbizchat**

2012-01-05 1:13 am [SmallBizLady](#) Find out how Melinda Emerson became [@SmallBizLady](#): <http://t.co/iP75BYAw> via [@openforum](#) **#SmallBizChat**

2012-01-05 1:13 am [NicoleAFende](#) [@chrisyates11](#) Exactly! I'd rather say I worked 40 and am very successful. **#smallbizchat**

2012-01-05 1:13 am [accessbizcap](#) Q1: WHY IS UNDERSTANDING THE POWER OF 7 MINUTES IMPORTANT FOR SMALL BUSINESSES? **#SmallBizChat**

2012-01-05 1:13 am [kylieofiu](#) RT [@accessbizcap](#): Q:What's the focus of **#Smallbizchat**? A:To end small business failure by helping you succeed as your own boss **#SmallBizChat**

2012-01-05 1:13 am [dFguSon](#) RT [@SmallBizLady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**

2012-01-05 1:13 am [accountess77](#) **#smallbizchat** I would advice small business owners to hire a bookkeeper. to maximize their profits. **#SmallBizChat**

2012-01-05 1:13 am [chrisyates11](#) yes [@allyson7minutes](#) For yrs it was about time management it has evolved to meaningful life strategies considering time limits **#smallbizchat**

2012-01-05 1:13 am [Burberrygirlj](#) RT [@SmallBizLady](#): Do you want to simplify your life in 2012? Join me tonight for **#Smallbizchat** with Allyson Lewis author of the 7 Minute Solution.

2012-01-05 1:13 am [wvpmc](#) [@mentormarketing](#) problem is the proliferation of post-its :) **#smallbizchat**

2012-01-05 1:13 am [SmallBizLady](#) Available on Amazon! The "Are You Ready to Become Your Own Boss?" workbook. Emerson <http://t.co/DvHRQQ8> **#SmallBizChat**

2012-01-05 1:13 am [allyson7minutes](#) A3(c) – The second step is to organize what you have in place and what you own in skills/needs **#smallbizchat**

2012-01-05 1:13 am [KaterinaYTaylor](#) RT "@CathyWebSavvyPR: RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#SmallBizChat**"

2012-01-05 1:13 am [Janice_Clark](#) RT [@DoriDecarlo](#) [@The7MinuteLife](#) Receive 5.00 discount on the PLANNER tonight only <http://t.co/WrHeelnu> **#SmallBizChat** **#smallbizchat**

2012-01-05 1:13 am [AnishaRKeeks](#) RT [@allyson7minutes](#): Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals **#smallbizchat**

2012-01-05 1:14 am [allyson7minutes](#) A3(d) – the third step is the simplify how you approach getting consistent micro steps done in high value areas of your life **#smallbizchat**

2012-01-05 1:14 am [TaiGoodwin](#) Live right now: tweeting live with Allyson Lewis [@allyson7minutes](#) about simplifying your life in 2012 <http://t.co/7N4BLB4b> **#smallbizchat**

2012-01-05 1:14 am [DoriDeCarlo](#) RT [@smallbizlady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**

2012-01-05 1:14 am [CathyWebSavvyP](#) [@NicoleAFende](#) actually I cribbed and improved it from an old chain letter; they emphasized who lost: <http://t.co/9gKajbOM> **#smallbizchat**

2012-01-05 1:14 am [SmallBizLady](#) Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**

2012-01-05 1:14 am [TastyKeish](#) RT [@SmallBizLady](#): Available on Amazon! The "Are You Ready to

Become Your Own Boss?" workbook. Emerson <http://t.co/DvHRQQ8>
#SmallBizChat

- 2012-01-05 1:14 am [accessbizcap](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat**
- 2012-01-05 1:14 am [KaterinaYTaylor](#) RT “@CareerTips2Go: Is that right? RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**”
- 2012-01-05 1:14 am [GetBizSociable](#) A3 - How do you go about prioritizing your needs? **#smallbizchat**
- 2012-01-05 1:14 am [mentormarketing](#) [@wvpmc](#) I avoid that, they stay in 1 stack attached until finished **#smallbizchat**
- 2012-01-05 1:14 am [atomlinson31](#) RT [@ValaAfshar](#): Your actions define your priorities. Focus on what matters most - people (employees and customers). **#smallbizchat**
- 2012-01-05 1:14 am [chrisyates11](#) I'd rather say 20! :) “@NicoleAFende: [@chrisyates11](#) Exactly! I'd rather say I worked 40 and am very successful. **#smallbizchat**”
- 2012-01-05 1:14 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY in 2012? **#smallbizchat**
- 2012-01-05 1:14 am [DoriDeCarlo](#) [@Janice_Clark](#) Hey Janice...xoxo Happy New Year!!! **#SmallBizChat**
- 2012-01-05 1:14 am [lemongrassplans](#) RT [@ValaAfshar](#): Your actions define your priorities. Focus on what matters most - people (employees and customers). **#smallbizchat**
- 2012-01-05 1:14 am [accessbizcap](#) Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS? **#SmallBizChat**
- 2012-01-05 1:14 am [stevenkmoyer](#) A2 The more effective you are at organizing your time, the more effectively you can accomplish your priorities **#smallbizchat**
- 2012-01-05 1:14 am [TaiGoodwin](#) RT [@allyson7minutes](#): A3(b) – The first step is to prioritize the needs for your business **#smallbizchat**
- 2012-01-05 1:14 am [TWOwomenANDaHOE](#) RT [@SmallBizLady](#): Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**
- 2012-01-05 1:14 am [CathyWebSavvyPR](#) T [@smallbizlady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**
- 2012-01-05 1:14 am [MarcREnriquez](#) A3 I like the L.E.A.D. formula to help make your entrepreneurial role easier. **#smallbizchat**
- 2012-01-05 1:15 am [ValaAfshar](#) The hardest part of excellence is consistency. Develop routines that deliver value and results. **#smallbizchat**
- 2012-01-05 1:15 am [yourjobmyoffice](#) [@NicoleAFende](#) Me, too. Wld prefer to work 40 and spend 30 @ the beach. :-) **#smallbizchat**
- 2012-01-05 1:15 am [NicoleAFende](#) [@wvpmc](#) [@mentormarketing](#) You mean I shouldn't have post its all over my desk? LOL. At least its colorfull. **#smallbizchat**
- 2012-01-05 1:15 am [TaiGoodwin](#) RT [@allyson7minutes](#): A3(c) – The second step is to organize what you have in place and what you own in skills/needs **#smallbizchat**
- 2012-01-05 1:15 am [stevenkmoyer](#) RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**
- 2012-01-05 1:15 am [DoriDeCarlo](#) RT [@TaiGoodwin](#): Live right now: tweeting w [@allyson7minutes](#) about simplifying your life in 2012 <http://t.co/sPAUA5PL>
#SmallBizChat
- 2012-01-05 1:15 am [creativelyK](#) Gaining some great tips I am so glad I joined this chat **#smallbizchat**
- 2012-01-05 1:15 am [allyson7minutes](#) RT [@ValaAfshar](#): The hardest part of excellence is consistency. Develop routines that deliver value and results. **#smallbizchat**

2012-01-05 1:15 am [kylieofiu](#) RT [@stevenkmoyer](#): The more effective you are at organizing your time, the more effectively you can accomplish your priorities
#smallbizchat

2012-01-05 1:15 am [DFWSweets](#) “@SmallBizLady: Q: What's the focus of **#Smallbizchat**? A: To end small business failure by helping you succeed as your own boss

2012-01-05 1:15 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A3(c) – The second step is to organize what you have in place and what you own in skills/needs **#SmallBizChat**

2012-01-05 1:15 am [PatMinehan](#) RT [@cathywebsavvypr](#): MT [@SmallBizLady](#): Welcome to 2012 kickoff **#SmallBizChat** a weekly convo where small biz owners can get answers

2012-01-05 1:15 am [TaiGoodwin](#) RT [@allyson7minutes](#): Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals
#smallbizchat

2012-01-05 1:15 am [accountess77](#) smallbizchat business owners should use their time to do what they do best and increase profits by utilizing a bookkeeper **#SmallBizChat**

2012-01-05 1:15 am [Janice Clark](#) [@DoriDeCarlo](#) Happy New Year Dori!!!! **#smallbizchat**

2012-01-05 1:15 am [ipinfocus](#) Why Attys bill in 6 min chunks. ;-) “@NicoleAFende: A2: Time IS Money. It is your most precious asset. Spend it wisely.
#smallbizchat”

2012-01-05 1:15 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#smallbizchat**

2012-01-05 1:16 am [Bigsky64](#) RT [@stevenkmoyer](#): RT [@allyson7minutes](#): A2) Microactions actually teach your brain how to succeed in business **#smallbizchat**

2012-01-05 1:16 am [DFWSweets](#) “@accountess77: **#smallbizchat** I would advice small business owners to hire a bookkeeper. to maximize their profits.
#SmallBizChat”

2012-01-05 1:16 am [GetBizSociable](#) A2: Is kinda like the book "Blink"? It teaches you to go with the your immediate instinct. **#smallbizchat**

2012-01-05 1:16 am [allyson7minutes](#) A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat**

2012-01-05 1:16 am [roaddoggz](#) Imprioritize my day by focusing on income producing activities 1st, business relationships 2nd **#smallbizchat**

2012-01-05 1:16 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**

2012-01-05 1:16 am [wvpmc](#) [@NicoleAFende](#) [@mentormarketing](#) a substitute for wallpaper?
#smallbizchat

2012-01-05 1:16 am [TaiGoodwin](#) [@MarcREnriquez](#) What's the LEAD formula? **#smallbizchat**

2012-01-05 1:16 am [DFWSweets](#) “@SmallBizLady: Welcome to 2012 kickoff **#SmallBizChat** a weekly conversation where small business owners can get answers to their questions.”

2012-01-05 1:16 am [accessbizcap](#) RT [@allyson7minutes](#): A2 – Consistent microactions in daily routines help make valuable changes **#smallbizchat**

2012-01-05 1:16 am [PjsandCoffee](#) RT [@valaafshar](#): The hardest part of excellence is consistency. Develop routines that deliver value and results. **#smallbizchat**

2012-01-05 1:16 am [Janice Clark](#) RT [@ValaAfshar](#): The hardest part of excellence is consistency via [@Allyson7Minutes](#) **#smallbizchat**

2012-01-05 1:16 am [CathyWebSavvyPR](#) MT [@allyson7minutes](#): A3d 3rd step is simplify how U approach getting consistent microsteps done in high value areas of yr life

#SmallBizChat

- 2012-01-05 1:16 am [TaiGoodwin](#) RT [@ValaAfshar](#): The hardest part of excellence is consistency. Develop routines that deliver value and results. **#smallbizchat**
- 2012-01-05 1:16 am [ValaAfshar](#) There is nothing so useless as doing efficiently that which should not be done at all. Peter Drucker | **#smallbizchat**
- 2012-01-05 1:16 am [accessbizcap](#) RT [@allyson7minutes](#): A2(b) – Just 5 values based micro actions before 11am gives us 450 changes in 90 days towards our goals **#smallbizchat**
- 2012-01-05 1:16 am [TrippBraden](#) RT [@allyson7minutes](#): A3(b) – The first step is to prioritize the needs for your businessn **#smallbizchat**
- 2012-01-05 1:16 am [creativelyK](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat**
- 2012-01-05 1:16 am [accessbizcap](#) Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**
- 2012-01-05 1:16 am [TaiGoodwin](#) [@creativelyK](#) We're glad you joined tonight too! **#smallbizchat**
- 2012-01-05 1:16 am [CathyWebSavvyPR](#) [@NicoleAFende](#) That was always one that stuck in my mind - had a kernel of truth to it. **#SmallBizChat**
- 2012-01-05 1:16 am [MommySurvivor](#) RT [@SmallBizLady](#): Available on Amazon! The “Are You Ready to Become Your Own Boss?” workbook. Emerson <http://t.co/DvHRQQ8> **#SmallBizChat**
- 2012-01-05 1:16 am [AnishaRKeays](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat**
- 2012-01-05 1:16 am [Whtzluvgottdow](#) Sayz..... [@SmallBizLady](#): How 2 participate in **#SmallBizChat**: <http://t.co/3y66udBd>; try our prepared [@Tweetgrid](#) and join us now [http:// ...](http://...)
- 2012-01-05 1:16 am [NicoleAFende](#) [@yourjobmyoffice](#) A beach in Fiji... **#smallbizchat**
- 2012-01-05 1:16 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#SmallBizChat**
- 2012-01-05 1:17 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**
- 2012-01-05 1:17 am [accessbizcap](#) RT [@allyson7minutes](#): A3 – My training involves helping solopreneurs, entrepreneurs and bus. Walk from the same understanding of the goals. **#smallbizchat**
- 2012-01-05 1:17 am [allyson7minutes](#) A4(a) – In my own exper, after 7 minutes of prioritizing, organizing and simplifying I was prepared to be realistic **#smallbizchat**
- 2012-01-05 1:17 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#SmallBizChat**
- 2012-01-05 1:17 am [MarcREnriquez](#) LEAD Formula (1/4) L = List the urgent/important tasks. **#smallbizchat**
- 2012-01-05 1:17 am [accessbizcap](#) RT [@allyson7minutes](#): A3(b) – The first step is to prioritize the needs for your businessn **#smallbizchat**
- 2012-01-05 1:17 am [accountess77](#) **#smallbizchat** not knowing what their assett balances are **#SmallBizChat**
- 2012-01-05 1:17 am [NicoleAFende](#) Yes! RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make

#smallbizchat

- 2012-01-05 1:17 am [SmallBizLady](#) Q5: MY FAVORITE THING I LEARNED FROM YOUR BOOK IS YOUR "5 BEFORE 11 RULE." CAN YOU EXPLAIN THAT? **#SmallBizChat**
- 2012-01-05 1:17 am [GetBizSociable](#) A3: Spend 3% of your time figuring out what you want to do with the other 97%. **#smallbizchat**
- 2012-01-05 1:17 am [SweetSadieMarie](#) RT [@accountess77](#): smallbizchat business owners should use their time to do what they do best and increase profits by utilizing a bookkeeper **#SmallBizChat**
- 2012-01-05 1:17 am [MarcREnriquez](#) LEAD Formula (2/4) E = Eliminate what isn't actually productive/creative. **#smallbizchat**
- 2012-01-05 1:17 am [stevenkmoyer](#) [@roaddoggz](#) Sometimes difficult to do for small, family owned businesses. **#smallbizchat**
- 2012-01-05 1:17 am [creativelyK](#) Getting organized is important and getting of rid of things in your business that you don't need. **#smallbizchat**
- 2012-01-05 1:17 am [accessbizcap](#) RT [@allyson7minutes](#): A3(c) – The second step is to organize what you have in place and what you own in skills/needs **#smallbizchat**
- 2012-01-05 1:17 am [accessbizcap](#) RT [@allyson7minutes](#): A3(d) – the third step is the simplify how you approach getting consistent micro steps done in high value areas of your life **#smallbizchat**
- 2012-01-05 1:17 am [MarcREnriquez](#) LEAD Formula (3/4) A = Automate what doesn't need a human touch. **#smallbizchat**
- 2012-01-05 1:17 am [CathyWebSavvyPR](#) [@allyson7minutes](#) you mean #smallbiz owners need to remember that we are not superman/superwoman/spidy rolled into one? **#SmallBizChat**
- 2012-01-05 1:17 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A3d 3rd step is simplify how U approach getting consistent microsteps done in high value areas of yr life **#SmallBizChat**
- 2012-01-05 1:18 am [GetBizSociable](#) A3: Ready aim fire. Not ready....fire....aim! **#smallbizchat**
- 2012-01-05 1:18 am [MsBostwick](#) A3. Plan ahead and prioritize. Delegate and only do what works. **#smallbizchat**
- 2012-01-05 1:18 am [yourjobmyoffice](#) Sun, sand, ocean. I'm not picky. RT [@NicoleAFende](#): [@yourjobmyoffice](#) A beach in Fiji... **#smallbizchat**
- 2012-01-05 1:18 am [George1callbath](#) RT [@marcrenriquez](#): LEAD Formula (1/4) L = List the urgent/important tasks. **#smallbizchat**
- 2012-01-05 1:18 am [roaddoggz](#) I also avoid DIY syndrome. There are many tasks in business that owners should outsource **#smallbizchat**
- 2012-01-05 1:18 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q5: MY FAVORITE THING I LEARNED FROM YOUR BOOK IS YOUR "5 BEFORE 11 RULE." CAN YOU EXPLAIN THAT? **#smallbizchat**
- 2012-01-05 1:18 am [Janice_Clark](#) A4 –Overscheduling & over expecting what we can accomplish in a day is a mistake we make **#smallbizchat** via [@Allyson7Minutes](#) **#smallbizchat**
- 2012-01-05 1:18 am [accessbizcap](#) Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**
- 2012-01-05 1:18 am [MarcREnriquez](#) LEAD Formula (4/4) D = Delegate what doesn't need you, personally. **#smallbizchat**
- 2012-01-05 1:18 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q5: MY FAVORITE THING I LEARNED FROM YOUR BOOK IS YOUR "5 BEFORE 11 RULE." CAN YOU EXPLAIN

2012-01-05 1:18 am [AnacostiaYogi](#) THAT? **#SmallBizChat**
RT [@SmallBizLady](#): Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**

2012-01-05 1:18 am [ZimanaAnalytics](#) RT [@smallbizlady](#): Q3: WHAT WOULD YOU ADVISE ENTREPRENEURS AND SMALL BUSINESS OWNERS TO DO TO SIMPLIFY 2012? **#SmallBizChat**

2012-01-05 1:18 am [allyson7minutes](#) A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:18 am [accessbizcap](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat**

2012-01-05 1:18 am [accessbizcap](#) RT [@allyson7minutes](#): A4(a) – In my own exper, after 7 minutes of prioritizing, organizing and simplifying I was prepared to be realistic **#smallbizchat**

2012-01-05 1:18 am [chrisyates11](#) Is Time typically the 1st thing that needs to b organized? Or do u have others? [@allyson7minutes](#) **#smallbizchat**

2012-01-05 1:18 am [TaiGoodwin](#) RT [@MarcREnriquez](#): LEAD Formula (1/4) L = List the urgent/important tasks. **#smallbizchat**

2012-01-05 1:18 am [TaiGoodwin](#) RT [@MarcREnriquez](#): LEAD Formula (2/4) E = Eliminate what isn't actually productive/creative. **#smallbizchat**

2012-01-05 1:18 am [GoodiesForGifts](#) Hi everyone! Am I too late to join? **#smallbizchat**

2012-01-05 1:19 am [creativelyK](#) Great advice RT [@roaddoggz](#): I also avoid DIY syndrome. There are many tasks in business that owners should outsource **#smallbizchat**

2012-01-05 1:19 am [Janice_Clark](#) I love the 5 Before 11 rule! It's already making a big difference for me!! **#smallbizchat**

2012-01-05 1:19 am [TWOwomenANDaHOE](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat #SmallBizChat**

2012-01-05 1:19 am [TaiGoodwin](#) RT [@MarcREnriquez](#): LEAD Formula (3/4) A = Automate what doesn't need a human touch. **#smallbizchat**

2012-01-05 1:19 am [MsBostwick](#) Q4. Spending too much time on Social Media. **#smallbizchat**

2012-01-05 1:19 am [mentormarketing](#) Im a master delegator **#smallbizchat**

2012-01-05 1:19 am [accessbizcap](#) Q5: MY FAVORITE THING I LEARNED FROM YOUR BOOK IS YOUR “5 BEFORE 11 RULE.” CAN YOU EXPLAIN THAT? **#SmallBizChat**

2012-01-05 1:19 am [MarcREnriquez](#) [@TaiGoodwin](#) In summary: List, Eliminate, Automate, Delegate **#smallbizchat**

2012-01-05 1:19 am [CathyWebSavvyPR](#) MT [@allyson7minutes](#): A4a In my own exper, after 7 mins of prioritizing, organizing & simplifying I was prepared 2 be realistic **#SmallBizChat**

2012-01-05 1:19 am [yourjobmyoffice](#) Great tip. tyvm! RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:19 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#SmallBizChat**

2012-01-05 1:19 am [NicoleAFende](#) Love this, and it isn't complicated. RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:19 am [ZimanaAnalytics](#) RT [@katerinaytaylor](#): **#smallbizchat** ppl have to learn to invest their time & not spend their time. Investing offers a future return

2012-01-05 1:19 am [accessbizcap](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value

activities before 11am **#smallbizchat**

2012-01-05 1:19 am [TaiGoodwin](#) RT [@MarcREnriquez](#): LEAD Formula (4/4) D = Delegate what doesn't need you, personally. >>> LOVE IT! **#smallbizchat**

2012-01-05 1:19 am [GetBizSociable](#) A4: How about the idea of a NOT to do list. Stuff you are going to intentionally ignore. **#smallbizchat**

2012-01-05 1:19 am [atominson31](#) RT [@ValaAfshar](#): There is nothing so useless as doing efficiently that which should not be done at all. Peter Drucker | **#smallbizchat**

2012-01-05 1:19 am [TaiGoodwin](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:19 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am [useful tip!] **#SmallBizChat**

2012-01-05 1:19 am [allyson7minutes](#) [@chrisyates11](#) Priorities outside business also need to be aligned as well as business priorities **#smallbizchat**

2012-01-05 1:20 am [mentormarketing](#) [@MsBostwick](#) I cut my SM time from 20 hours per week to 5 and I saw no real decline **#smallbizchat**

2012-01-05 1:20 am [TaiGoodwin](#) RT [@MarcREnriquez](#): In summary: List, Eliminate, Automate, Delegate **#smallbizchat**

2012-01-05 1:20 am [JenniferMueller](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:20 am [ZimanaAnalytics](#) RT [@smallbizlady](#): Q5: MY FAVORITE THING I LEARNED FROM YOUR BOOK IS YOUR “5 BEFORE 11 RULE.” CAN YOU EXPLAIN THAT? **#SmallBizChat**

2012-01-05 1:20 am [GetBizSociable](#) [@allyson7minutes](#) Do you actually time yourself? **#smallbizchat**

2012-01-05 1:20 am [Janice_Clark](#) Organizing my priorities has been huge for me! I'm always busy but I need to be busy doing the right things! **#smallbizchat**

2012-01-05 1:20 am [CathyWebSavvyPR](#) RT [@katerinaytaylor](#): ppl have to learn to invest their time & not spend their time. Investing offers a future return **#SmallBizChat**

2012-01-05 1:20 am [chrisyates11](#) Wow. 5 seems impressive & high. Every Day? [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:20 am [GoodiesForGifts](#) RT [@GetBizSociable](#): A4: How about the idea of a NOT to do list. Stuff you are going to intentionally ignore. **#smallbizchat**

2012-01-05 1:20 am [lemongrassplans](#) A3 **#smallbizchat** : simplify by getting rid of documents, mtgs, clients, partners, etc that did not work in 2011..clean house

2012-01-05 1:20 am [Successful](#) Running late...let's see what I missed in the **#smallbizchat**

2012-01-05 1:20 am [SweetieBerry](#) I surely appreciate [@SmallBizLady](#) and [@Allyson7Minutes](#) on **#smallBizChat** tonight!

2012-01-05 1:20 am [Janice_Clark](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat #smallbizchat**

2012-01-05 1:20 am [mentormarketing](#) LEAD RT [@MarcREnriquez](#): [@TaiGoodwin](#) In summary: List, Eliminate, Automate, Delegate **#smallbizchat**

2012-01-05 1:20 am [ipinfocus](#) [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat** Agree!

2012-01-05 1:20 am [MarciaWaldman](#) RT [@CathyWebSavvyPR](#): A1: there is a saying - 2 learn value of time ask an olympic swimmer who won by 1/10th of a second; 7 minutes can clarify a lot **#SmallBizChat**

2012-01-05 1:20 am [TaiGoodwin](#) RT [@GetBizSociable](#): A4: How about the idea of a NOT to do list. Stuff you are going to intentionally ignore **#smallbizchat**

2012-01-05 1:20 am [ValaAfshar](#) Develop a 'stop', 'start' and 'continue' set of initiatives, developed by

engaging employees and customers. **#smallbizchat**

2012-01-05 1:20 am [AnishaRKeelys](#) RT [@SmallBizLady:Q5:MY](#) FAVORITE THING I LEARNED FROM YOUR BOOK IS YOUR "5 before 11 RULE." CAN YOU EXPLAIN THAT? **#SmallBizChat #smallbizchat**

2012-01-05 1:20 am [accessbizcap](#) RT [@GetBizSociable: @allyson7minutes](#) Do you actually time yourself? **#SmallBizChat**

2012-01-05 1:20 am [DoriDeCarlo](#) RT [@Janice_Clark](#): I love the 5 Before 11 rule! Its already making a big difference for me!! **#SmallBizChat**

2012-01-05 1:20 am [MarcREnriquez](#) Been there! [@allyson7minutes](#): A4 –Overscheduling & over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat**

2012-01-05 1:21 am [CathyWebSavvyPR](#) RT [@GetBizSociable](#): A4: How about the idea of a NOT to do list. Stuff you are going to intentionally ignore **#SmallBizChat**

2012-01-05 1:21 am [PatMinehan](#) RT [@janice_clark](#): Organizing my priorities has been huge for me! I'm always busy but I need to be busy doing the right things! **#smallbizchat**

2012-01-05 1:21 am [mentormarketing](#) I use egg timer <http://t.co/0yt1M12M> **#smallbizchat**

2012-01-05 1:21 am [DoriDeCarlo](#) RT [@SweetieBerry](#): I surely appreciate [@SmallBizLady](#) and [@Allyson7Minutes](#) on **#smallBizChat** tonight! ~~ Me too! Love the info **#SmallBizChat**

2012-01-05 1:21 am [GetBizSociable](#) [@allyson7minutes](#) Can you define "high value"? **#smallbizchat**

2012-01-05 1:21 am [Janice_Clark](#) RT [@SweetieBerry](#) I surely appreciate [@SmallBizLady](#) and [@Allyson7Minutes](#) on **#smallBizChat** tonight! - Me too! **#smallbizchat**

2012-01-05 1:21 am [TaiGoodwin](#) RT [@allyson7minutes](#): Priorities outside biz also need to be aligned as well as biz priorities >> Good way to balance **#smallbizchat**

2012-01-05 1:21 am [NicoleAFende](#) [@chrisyates11](#) Not really. Think if you wrote out 5 thank you's, two sentences each. Or emailed 5 people... **#smallbizchat**

2012-01-05 1:21 am [MsBostwick](#) [@NicoleAFende @allyson7minutes](#) Anytime before 11am is my power hours so that's when I'm most productive. **#smallbizchat**

2012-01-05 1:21 am [ZimanaAnalytics](#) RT [@taigoodwin](#): RT [@allyson7minutes](#): A3(b) – The first step is to prioritize the needs for your business **#smallbizchat**

2012-01-05 1:21 am [CathyWebSavvyPR](#) RT [@allyson7minutes: @chrisyates11](#) Priorities outside business also need to be aligned as well as business priorities **#SmallBizChat**

2012-01-05 1:22 am [MarcREnriquez](#) [@TaiGoodwin](#) I'm glad! And thanks for the RTs -=] **#smallbizchat**

2012-01-05 1:22 am [DoriDeCarlo](#) RT [@allyson7minutes: @chrisyates11](#) Priorities outside business also need to be aligned as well as business priorities **#SmallBizChat**

2012-01-05 1:22 am [chrisyates11](#) "@allyson7minutes: [@chrisyates11](#) Priorities outside business also need to be aligned as well as business priorities **#smallbizchat**"

2012-01-05 1:22 am [TWOwomenANDaHOE](#) RT [@ValaAfshar](#): Develop a 'stop', 'start' and 'continue' set of initiatives, developed by engaging employees and customers. **#SmallBizChat**

2012-01-05 1:22 am [allyson7minutes](#) The first winner tonight of The 7 Minute Solution is [@MommySurvivor...Hurrah](#) for you! #just7 **#smallbizchat**

2012-01-05 1:22 am [TWOwomenANDaHOE](#) RT [@mentormarketing](#): I use egg timer <http://t.co/owfXGzpW> **#smallbizchat** I use egg timer <http://t.co/owfXGzpW> **#smallbizchat #SmallBizChat**

2012-01-05 1:22 am [KrisColeStyle](#) RT [@ValaAfshar](#): The hardest part of excellence is consistency. Develop routines that deliver value and results. **#smallbizchat #SmallBizChat**

2012-01-05 1:22 am [KaterinaYTaylor](#) [@TaiGoodwin](#) [@smallbizlady](#) **#smallbizchat** A2 becoming an on purpose person means u actually free time n your calendar when you r n control

2012-01-05 1:22 am [SmallBizLady](#) Q6: HOW DID THE 7 MINUTE SOLUTION COME TO BE? **#SmallBizChat**

2012-01-05 1:22 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#SmallBizChat**

2012-01-05 1:22 am [allyson7minutes](#) Whew..the **#smallBizChat** community types fast! Working hard to keep up! **#smallbizchat**

2012-01-05 1:22 am [Janice_Clark](#) RT [@allyson7minutes](#) Priorities outside business also need to be aligned as well as business priorities **#SmallBizChat #smallbizchat**

2012-01-05 1:22 am [GoodiesForGifts](#) RT [@allyson7minutes](#): The first winner tonight of The 7 Minute Solution is [@MommySurvivor...Hurrah](#) for you! #just7 **#smallbizchat**

2012-01-05 1:22 am [mentormarketing](#) I tend to underastimate time. I now take my initial time estimate and triple it, seems to be working out so far **#smallbizchat**

2012-01-05 1:22 am [CathyWebSavvyPR](#) [@allyson7minutes](#) It's funny, prepping 4 my 1st photography exhibit next Dec. has helped focus my work 2 **#SmallBizChat**

2012-01-05 1:22 am [ZimanaAnalytics](#) RT [@SmallBizLady](#): Q4: WHAT IS THE BIGGEST MISTAKE YOU SEE SMALL BUSINESS OWNERS MAKING ABOUT THEIR TIME USAGE? **#SmallBizChat**

2012-01-05 1:22 am [TaiGoodwin](#) RT [@allyson7minutes](#): The first winner tonight of The 7 Minute Solution is [@MommySurvivor...Hurrah](#) for you! #just7 **#smallbizchat**

2012-01-05 1:23 am [DoriDeCarlo](#) RT YEAH [@allyson7minutes](#): The first winner tonight of The 7 Minute Solution is [@MommySurvivor...Hurrah](#) for you! #just7 **#SmallBizChat**

2012-01-05 1:23 am [ZimanaAnalytics](#) RT [@getbizsociable](#): A3: Spend 3% of your time figuring out what you want to do with the other 97%. **#smallbizchat**

2012-01-05 1:23 am [INDIEbusiness](#) Totally LOVE tip to engage in 5 meaningful high value activities before 11am [@taigoodwin](#) [@allyson7minutes](#) **#smallbizchat**

2012-01-05 1:23 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q6: HOW DID THE 7 MINUTE SOLUTION COME TO BE? **#smallbizchat**

2012-01-05 1:23 am [Janice_Clark](#) Congratulations [@MommySurvivor](#) ! You're going to love The 7 Minute Solution!! **#smallbizchat**

2012-01-05 1:23 am [yourjobmyoffice](#) Congrats! RT [@allyson7minutes](#): The first winner tonight of The 7 Minute Solution is [@MommySurvivor...Hurrah](#) for you! #just7 **#smallbizchat**

2012-01-05 1:23 am [AnacostiaYogi](#) RT [@MsBostwick](#): Q2-It's all connected. Get home and life in order first because your business will be a reflection of your life. **#smallbizchat**

2012-01-05 1:23 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q6: HOW DID THE 7 MINUTE SOLUTION COME TO BE? **#SmallBizChat**

2012-01-05 1:23 am [allyson7minutes](#) A6 – The 7 Minute Solution was the roadmap of my journey to create more meaning in my life **#smallbizchat**

2012-01-05 1:23 am [AnishaRKeays](#) RT [@ValaAfshar](#): The hardest part of excellence is consistency. Develop routines that deliver value and results. **#smallbizchat**

2012-01-05 1:23 am [MarcREnriquez](#) Congratulations, [@MommySurvivor!](#) **#smallbizchat**

2012-01-05 1:23 am [KaterinaYTaylor](#) RT [@TaiGoodwin](#): RT [@SmallBizLady](#): Q2: HOW CAN GETTING CONTROL OF YOUR TIME AND YOUR LIFESTYLE IMPROVE BUSINESS SUCCESS? **#smallbizchat**

2012-01-05 1:23 am [NicoleAFende](#) Yes at Warp 10! Ur doing great. RT [@allyson7minutes](#): Whew..the

#smallBizChat community types fast! Working hard to keep up!
#smallbizchat

- 2012-01-05 1:23 am [ValaAfshar](#) Constancy to purpose is key to productive. What is your business 'north star?' **#smallbizchat**
- 2012-01-05 1:23 am [accessbizcap](#) Q6: HOW DID THE 7 MINUTE SOLUTION COME TO BE?
#SmallBizChat
- 2012-01-05 1:23 am [yourjobmyoffice](#) [@allyson7minutes](#) We put the chat in smallbizchat :-)
2012-01-05 1:24 am [Janice_Clark](#) [@SmallBizLady](#): Q6: HOW DID THE 7 MINUTE SOLUTION COME TO BE? **#SmallBizChat #smallbizchat**
- 2012-01-05 1:24 am [AnishaRKeelys](#) RT [@allyson7minutes](#): A6 – The 7 Minute Solution was the roadmap of my journey to create more meaning in my life **#smallbizchat**
- 2012-01-05 1:24 am [allyson7minutes](#) A6(a) – The first book focused on WHAT to do to make time schedules work **#smallbizchat**
- 2012-01-05 1:24 am [SmallBizLady](#) Our first two winners of Allyson Lewis's [@allyson7minutes](#) new book 7 minute solution are [@mommysurvivor](#) [@chrisyates11](#)
#SmallBizChat
- 2012-01-05 1:24 am [GoodiesForGifts](#) Congratulations [@MommySurvivor](#) :) **#smallbizchat**
- 2012-01-05 1:24 am [GetBizSociable](#) [@TaiGoodwin](#) I think you might need some family buy in? Do you agree? **#smallbizchat**
- 2012-01-05 1:24 am [accountess77](#) yah for [@mommysuvivor](#) **#smallbizchat #SmallBizChat**
- 2012-01-05 1:24 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A6 – The 7 Minute Solution was the road map of my journey to create more meaning in my life **#SmallBizChat**
- 2012-01-05 1:24 am [TWOwomenANDa](#) [@MommySurvivor!](#) Congrats!! **#SmallBizChat**
[HOE](#)
- 2012-01-05 1:24 am [KaterinaYTaylor](#) RT [@MarcREnriquez](#): Been there! [@allyson7minutes](#): A4 –Overscheduling & over expecting what we can accomplish in a day is often the mistake we make **#smallbizchat**
- 2012-01-05 1:24 am [TaiGoodwin](#) RT [@INDIEbusiness](#): Totally LOVE tip to engage in 5 meaningful high value activities before 11am >> Gives you MOMENTUM!
#smallbizchat
- 2012-01-05 1:24 am [allyson7minutes](#) A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**
- 2012-01-05 1:24 am [accessbizcap](#) RT [@allyson7minutes](#): A6 – The 7 Minute Solution was the roadmap of my journey to create more meaning in my life **#smallbizchat**
- 2012-01-05 1:24 am [MarcREnriquez](#) A4 The biggest mistake is failing to recognize its value. Hands down.
#smallbizchat
- 2012-01-05 1:24 am [DTNEtiquette](#) RT [@ValaAfshar](#): Constancy to purpose is key to productive. What is your business 'north star?' **#smallbizchat**
- 2012-01-05 1:24 am [accessbizcap](#) RT [@allyson7minutes](#): A6(a) – The first book focused on WHAT to do to make time schedules work **#smallbizchat**
- 2012-01-05 1:24 am [allyson7minutes](#) A6(c) – When you complete those tasks your body rewards you with endorphins for completing them **#smallbizchat**
- 2012-01-05 1:24 am [TWOwomenANDa](#) RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**
[HOE](#)
#SmallBizChat
- 2012-01-05 1:24 am [RakeConsulting](#) [@allyson7minutes](#): that's an incredible # of actions! When do you decide 5 micro actions each day - b4 bed or AM **#SmallBizChat**
- 2012-01-05 1:24 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**
- 2012-01-05 1:24 am [MsBostwick](#) RT [@allyson7minutes](#): A6 – The 7 Minute Solution was the roadmap

2012-01-05 1:25 am [DoriDeCarlo](#) of my journey to create more meaning in my life **#smallbizchat**
RT [@allyson7minutes](#): A6(a) – The first book focused on WHAT to do to make time schedules work **#SmallBizChat**

2012-01-05 1:25 am [NicoleAFende](#) Yes family is important. RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**

2012-01-05 1:25 am [GetBizSociable](#) [@allyson7minutes](#) You are doing great. This is the hottest chat I can remember seeing. **#smallbizchat**

2012-01-05 1:25 am [SmallBizLady](#) [@mommysurvivor](#) [@chrisyates11](#) please DM me you mailing addresses **#SmallBizChat**

2012-01-05 1:25 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#SmallBizChat**

2012-01-05 1:25 am [PjsandCoffee](#) What time must you get up to do 5 valuable things before 11? I can do 5 after 11PM [@chrisyates11](#) [@allyson7minutes](#) **#smallbizchat**

2012-01-05 1:25 am [AnishaRKeays](#) RT [@allyson7minutes](#): A6(c) – When you complete those tasks your body rewards you with endorphins for completing them **#smallbizchat**

2012-01-05 1:25 am [ZimanaAnalytics](#) RT [@accessbizcap](#): Q6: HOW DID THE 7 MINUTE SOLUTION COME TO BE? **#SmallBizChat**

2012-01-05 1:25 am [allyson7minutes](#) We'd love to hear your MORE items for 2012...the activities you value and would like MORE of <http://t.co/rw7wZ3LY> **#smallbizchat**

2012-01-05 1:25 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A6(a) – The first book focused on WHAT to do to make time schedules work **#smallbizchat**

2012-01-05 1:25 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Our 1st 2 winners of Allyson Lewis's [@allyson7minutes](#) new bk 7 minute solution: [@mommysurvivor](#) [@chrisyates11](#) **#SmallBizChat**

2012-01-05 1:25 am [MarcREnriquez](#) Congratulations, [@chrisyates11](#)! **#smallbizchat**

2012-01-05 1:25 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**

2012-01-05 1:25 am [mentormarketing](#) I can cook dinner in 7 minutes Can you> **#smallbizchat**

2012-01-05 1:25 am [MrJAlabaster](#) I'm getting real-time search results at TweetGrid <http://t.co/oJPRY7OI> **#SmallBizChat**

2012-01-05 1:26 am [accountess77](#) [@PjsandCoffee](#) I hear ya. me too **#SmallBizChat**

2012-01-05 1:26 am [yourjobmyoffice](#) Winners! RT [@SmallBizLady](#): [@mommysurvivor](#) [@chrisyates11](#) please DM me your mailing addresses **#smallbizchat**

2012-01-05 1:26 am [GoodiesForGifts](#) The books being mentioned on **#smallbizchat** tonight all sound wonderful. I love hearing what works for others. **#smallbizchat**

2012-01-05 1:26 am [PjsandCoffee](#) THIS - RT [@lemongrassplans](#): A3 **#smallbizchat** : simplify by getting rid of documents, mtgs, clients, partners, etc that did not work in 2011

2012-01-05 1:26 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#SmallBizChat**

2012-01-05 1:26 am [MrJAlabaster](#) RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat** **#SmallBizChat**

2012-01-05 1:26 am [ValaAfshar](#) Treat employees like your best customers. Then adopt ethos: there is nothing more important than our customers. **#smallbizchat**

2012-01-05 1:26 am [GetBizSociable](#) [@allyson7minutes](#) Do you build in time for the inevitable emergencies that are going to pop up? **#smallbizchat**

2012-01-05 1:26 am [SmallBizLady](#) RT [@RakeConsulting](#) [@allyson7minutes](#) that's an incredible # of actions! When do u decide 5 micro actions each day b4 bed or AM **#SmallBizChat**

2012-01-05 1:26 am [stevenkmoyer](#) Tall order RT [@zimanaanalytics](#): RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am
#smallbizchat

2012-01-05 1:26 am [GoodiesForGifts](#) [@mentormarketing](#) cereal, milk...of course I can cook that quick ;) **#smallbizchat**

2012-01-05 1:26 am [CareerTips2Go](#) Depends! RT [@mentormarketing](#): I can cook dinner in 7 minutes Can you> **#smallbizchat**

2012-01-05 1:26 am [KaterinaYTaylor](#) RT [@PjsandCoffee](#): What time must you get up to do 5 valuable things before 11? I can do 5 after 11PM [@chrisyates11](#) [@allyson7minutes](#) **#smallbizchat**

2012-01-05 1:27 am [CathyWebSavvyPR](#) [@mentormarketing](#) It took me several hours to make homemade bread over holiday (just learning) but it was worth it, mentally 2 **#SmallBizChat**

2012-01-05 1:27 am [yourjobmyoffice](#) [@GoodiesForGifts](#) Get them -- good reads. You'll be glad you did. **#smallbizchat**

2012-01-05 1:27 am [mentormarketing](#) [@GoodiesForGifts](#) Ha ha **#smallbizchat**

2012-01-05 1:27 am [chrisyates11](#) Cool! U just proved ROI on Twitter! [@SmallBizLady](#) 2 winners of [@allyson7minutes](#) book [@mommysurvivor](#) [@chrisyates11](#) **#SmallBizChat**

2012-01-05 1:27 am [SweetieBerry](#) **#SmallBizChat** folks...we've got a \$5 discount for you on [@Allyson7Minutes](#) Planner at <http://t.co/naT4iTpU> !!

2012-01-05 1:27 am [mentormarketing](#) **#smallbizchat**

2012-01-05 1:27 am [mentormarketing](#) I'm an ex Chef so I have advantage I think **#smallbizchat**

2012-01-05 1:27 am [roaddoggz](#) [@allyson7minutes](#) should owners focus on completing tasks during optimal energy times? Not everyone is energized in the am **#smallbizchat**

2012-01-05 1:27 am [NicoleAFende](#) [@GoodiesForGifts](#) [@mentormarketing](#) Take out - I can do it in 60 seconds being the overachiever I am. **#smallbizchat**

2012-01-05 1:27 am [SmallBizLady](#) [@Rakeconsulting](#) you will get a book too for asking that great question. Pls DM me your address **#SmallBizChat**

2012-01-05 1:28 am [CathyWebSavvyPR](#) MT [@allyson7minutes](#): We'd love 2 hear yr MORE items for 2012: the activities U value & would like MORE of <http://t.co/lbAdVq0o> **#SmallBizChat**

2012-01-05 1:28 am [ipinfocus](#) 1of my goals for 2012. “@allyson7minutes: A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**”

2012-01-05 1:28 am [chrisyates11](#) Yes. Those r top of list “@allyson7minutes: A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**”

2012-01-05 1:28 am [TheRealSharon](#) Like exercise [@allyson7minutes](#): A6(c)– When you complete those tasks your body rewards you with endorphins for completing them **#smallbizchat**

2012-01-05 1:28 am [TaiGoodwin](#) RT [@PjsandCoffee](#): I can do 5 after 11PM >>That's a great approach for Employedpreneurs burning the midnight oil! **#smallbizchat**

2012-01-05 1:28 am [yourjobmyoffice](#) RT [@SweetieBerry](#): **#SmallBizChat** folks...weve got a \$5 discount for you on [@Allyson7Minutes](#) Planner at <http://t.co/TI8WsXHq> !! **#smallbizchat**

2012-01-05 1:28 am [allyson7minutes](#) [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon. **#smallbizchat**

2012-01-05 1:28 am [RakeConsulting](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value

activities before 11am **#smallbizchat #SmallBizChat**

2012-01-05 1:28 am [ZimanaAnalytics](#) RT [@sweetieberry](#): **#SmallBizChat** folks...we've got a \$5 discount for you on [@allyson7minutes](#) Planner at <http://t.co/dABAM6Yr> !!

2012-01-05 1:28 am [TaiGoodwin](#) [@GetBizSociable](#) Always good to have family buy in! **#smallbizchat**

2012-01-05 1:28 am [DoriDeCarlo](#) RT [@SweetieBerry](#) The 7 Minute Life PLANNER will be discounted \$5 TONIGHT only for **#Smallbizchat** <http://t.co/we4ERqAj> **#smallbizchat**

2012-01-05 1:28 am [TheRealSharon](#) Great! RT [@getbizsociable](#): [@allyson7minutes](#) You are doing great. This is the hottest chat I can remember seeing. **#smallbizchat**

2012-01-05 1:28 am [atomlinson31](#) RT [@ValaAfshar](#): Treat employees like your best customers. Then adopt ethos: there is nothing more important than our customers. **#smallbizchat**

2012-01-05 1:28 am [yourjobmyoffice](#) Nice! RT [@SmallBizLady](#): [@Rakeconsulting](#) you will get a book too for asking that great question. Pls DM me your address **#smallbizchat**

2012-01-05 1:28 am [MarcREnriquez](#) RT [@allyson7minutes](#): [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon. **#smallbizchat**

2012-01-05 1:28 am [mentormarketing](#) [@CathyWebSavvyPR](#) bread is an art, Congrats on the feat **#smallbizchat**

2012-01-05 1:28 am [Su_ccess_ful](#) wow **#smallbizchat** is moving fast...especially for someone like me who is trying to catch up! Great stuff in here!

2012-01-05 1:28 am [SmallBizLady](#) RT [@allyson7minutes](#): [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon. **#SmallBizChat**

2012-01-05 1:29 am [KaterinaYTaylor](#) [@TaiGoodwin](#) [@smallbizlady](#) **#smallbizchat** I check my business voicemail in 7 minutes

2012-01-05 1:29 am [JenniferMueller](#) RT [@allyson7minutes](#): [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon. **#smallbizchat**

2012-01-05 1:29 am [SmallBizLady](#) Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#SmallBizChat**

2012-01-05 1:29 am [DoriDeCarlo](#) [@allyson7minutes](#) Just shared a bit of my MORE at <http://t.co/e7rCKgpT> **#smallbizchat**

2012-01-05 1:29 am [TWOwomenANDa](#) [@Su_ccess_ful](#) Me, too! Wow! **#SmallBizChat**

2012-01-05 1:29 am [anniesgoathill](#) RT [@allyson7minutes](#): A6 – The 7 Minute Solution was the roadmap of my journey to create more meaning in my life **#smallbizchat**

2012-01-05 1:29 am [TaiGoodwin](#) RT [@roaddoggz](#): [@allyson7minutes](#) should owners focus on completing tasks during optimal energy times? >>GREAT ? **#smallbizchat**

2012-01-05 1:29 am [CathyWebSavvyPR](#) [@MommySurvivor](#) congrats on winning a free book - they are giving away on **#smallbizchat** tonight <http://t.co/EzVgYm3W>

2012-01-05 1:30 am [allyson7minutes](#) It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat**

2012-01-05 1:30 am [SmallBizLady](#) If you know a small biz owner who could use some advice tell them to follow [@SmallBizChat](#) and join us every Wed 8-9 ET **#SmallBizChat**

2012-01-05 1:30 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#smallbizchat**

2012-01-05 1:30 am [RandiBusse](#) RT [@ValaAfshar](#): Treat employees like your best customers. Then adopt ethos: there is nothing more important than our customers. **#smallbizchat**

2012-01-05 1:30 am [MrJAlabaster](#) **#Cosign** RT [@allyson7minutes](#): A4 Overscheduling and over expecting what we can accomplish in a day is often the mistake we

2012-01-05 1:30 am [AnishaRKeelys](#) make **#SmallBizChat**
RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#SmallBizChat #smallbizchat**

2012-01-05 1:30 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#smallbizchat**

2012-01-05 1:30 am [PjsandCoffee](#) So true! Not a morning person [@roaddoggz](#) [@allyson7minutes](#) should owners focus on completing tasks during optimal energy times? **#smallbizchat**

2012-01-05 1:30 am [jwebwireless](#) RT [@SmallBizLady](#): RT [@allyson7minutes](#): [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon. **#SmallBizChat**

2012-01-05 1:30 am [TaiGoodwin](#) RT [@SmallBizLady](#): [@Rakeconsulting](#) you will get a book too for asking that great question. Pls DM me your address **#smallbizchat**

2012-01-05 1:30 am [TWOwomenANDaHOE](#) RT [@allyson7minutes](#): It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat #SmallBizChat**

2012-01-05 1:30 am [TWOwomenANDaHOE](#) **#SmallBizChat**

2012-01-05 1:30 am [MarcREnriquez](#) [@KaterinaYTaylor](#) If you get someone else to check voicemail for you, you get to make that 7 mins more valuable. -=] **#smallbizchat**

2012-01-05 1:30 am [SmallBizLady](#) For tips on #smallbiz success subscribe to Melinda Emerson's blog at <http://t.co/nk51tp18> **#SmallBizChat**

2012-01-05 1:30 am [MrJAlabaster](#) RT [@allyson7minutes](#): A4 –Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#SmallBizChat**

2012-01-05 1:30 am [NicoleAFende](#) [@allyson7minutes](#) (This may b coming) Do you really micro task large / long projects? Isn't that exhausting? **#smallbizchat**

2012-01-05 1:30 am [dFguSon](#) RT [@SmallBizLady](#): RT [@allyson7minutes](#): [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon. **#SmallBizChat**

2012-01-05 1:30 am [GoodiesForGifts](#) RT [@SmallBizLady](#): If you know a small biz owner who could use some advice follow [@SmallBizChat](#) and join us every Wed 8-9 ET **#smallbizchat**

2012-01-05 1:30 am [yourjobmyoffice](#) [@Su_ccess_ful](#) there's a blog post tommorrow with q's and a's from 2nite: <http://t.co/7APbQYGt> **#smallbizchat**

2012-01-05 1:30 am [SmallBizLady](#) Back at the blog: Ready to dream big in 2012? <http://t.co/2nN3XgGI> **#SmallBizChat**

2012-01-05 1:30 am [AnishaRKeelys](#) RT [@allyson7minutes](#): It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat**

2012-01-05 1:30 am [Janice_Clark](#) RT [@DoriDeCarlo](#) [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#smallbizchat #smallbizchat**

2012-01-05 1:30 am [TaiGoodwin](#) [@Su_ccess_ful](#) No worries you can catch the transcript! **#smallbizchat**

2012-01-05 1:31 am [PjsandCoffee](#) Just a biz owner! [@taigoodwin](#): RT [@PjsandCoffee](#) That's a great approach for Employedpreneurs burning the midnight oil! **#smallbizchat**

2012-01-05 1:31 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): [@RakeConsulting](#) Great question! I take 7 Minutes to create my 5 before 11 list each afternoon **#SmallBizChat**

2012-01-05 1:31 am [roaddoggz](#) [@SmallBizLady](#) [@allyson7minutes](#) Do you plan your day night before or the morning? I enjoy spending an hour in the eve planning

#smallbizchat

- 2012-01-05 1:31 am [SarahLCook](#) RT [@TaiGoodwin](#): RT [@roaddoggz](#): [@allyson7minutes](#) should owners focus on completing tasks during optimal energy times? >>GREAT ? **#smallbizchat**
- 2012-01-05 1:31 am [TaiGoodwin](#) RT [@allyson7minutes](#): It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat**
- 2012-01-05 1:31 am [DoriDeCarlo](#) RT [@allyson7minutes](#): Its important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat**
- 2012-01-05 1:31 am [KrisColeStyle](#) [@allyson7minutes](#) What do you focus on after 11? **#SmallBizChat**
- 2012-01-05 1:31 am [Su_ccess_ful](#) RT [@TWOwomenANDaHOE](#): RT [@allyson7minutes](#): It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat #SmallBizChat**
- 2012-01-05 1:31 am [SmallBizLady](#) RT [@MSNBCYourBiz](#) Wed Exclusive [@SmallBizLady](#) & [@NinaKaufman](#) have the 411 in this edition of Small Biz 911 <http://t.co/Bu1l8be9> **#SmallBizChat**
- 2012-01-05 1:31 am [SarahLCook](#) RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#SmallBizChat**
- 2012-01-05 1:31 am [NicoleAFende](#) RT [@yourjobmyoffice](#): theres a blog post tommorrow with qs and as from 2nite: <http://t.co/BDxrnUuv> **#smallbizchat**
- 2012-01-05 1:31 am [MrJAlabaster](#) [@allyson7minutes](#) [@SmallBizLady](#) S.M.A.R.T Goals in other words? **#SmallBizChat**
- 2012-01-05 1:32 am [MarcREnriquez](#) We have to manage ourselves in the time we are given. Or, for urgency's sake, "the time have left." **#smallbizchat**
- 2012-01-05 1:32 am [CathyWebSavvyPR](#) [@allyson7minutes](#) so you ea. afternoon, you create the next days list of 5 high impact items to be tackled B4 11 am? **#SmallBizChat**
- 2012-01-05 1:32 am [stevenkmoyer](#) RT [@allyson7minutes](#): A4 Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#SmallBizChat**
- 2012-01-05 1:32 am [chrisyates11](#) EVERY Small Biz Owner could benefit "@SmallBizLady: If you know small biz owner who could use advice tell them to bout **#SmallBizChat"**
- 2012-01-05 1:32 am [Su_ccess_ful](#) RT [@TaiGoodwin](#): [@Su_ccess_ful](#) No worries you can catch the transcript! **#smallbizchat**
- 2012-01-05 1:32 am [AnishaRKeelys](#) RT [@SmallBizLady](#): Back at the blog: Ready to dream big in 2012? <http://t.co/lhwJdmtu> **#SmallBizChat #smallbizchat**
- 2012-01-05 1:32 am [NicoleAFende](#) [@PjsandCoffee](#) Before I had a kid I would have done 5 after 11pm too **#smallbizchat**
- 2012-01-05 1:32 am [BC_Accessories](#) RT [@CathyWebSavvyPR](#): [@BC_Accessories](#) Just about to jump into a twitter chat called **#smallbizchat** 8p ET - w [@allyson7minutes](#) on simplifying your life in 2012
- 2012-01-05 1:32 am [RakeConsulting](#) [@allyson7minutes](#) Thanks for your answer! I could get used to doing things in 7min chunks! :-)) Do you use a timer? **#SmallBizChat**
- 2012-01-05 1:32 am [SarahLCook](#) Hopping on late after a speaking engagement at BAM on the **#smallbizchat** #just7
- 2012-01-05 1:32 am [FUSEPrinting](#) [@allyson7minutes](#) What is 5 b4 11? **#SmallBizChat**
- 2012-01-05 1:32 am [SmallBizLady](#) RT [@NicoleAFende](#): [@allyson7minutes](#) Do you really micro task large / long projects? Isn't that exhausting? **#SmallBizChat**
- 2012-01-05 1:32 am [CathyWebSavvyPR](#) [@mentormarketing](#) I'm on my third new recipe since 12/23 - check my twitter profile 2 see photo of 1st bread I made **#SmallBizChat**
- 2012-01-05 1:32 am [TheRealSharon](#) [@mrjalabaster](#) [@allyson7minutes](#) Overscheduling and over expecting

what we can accomplish in a day is often the mistake we make

#SmallBizChat

- 2012-01-05 1:33 am [lemongrassplans](#) **#smallbizchat** A7:time mangt isnt enough b/c u cant control everything..so flexibility is required & good ole faith n a higher spirit
- 2012-01-05 1:33 am [Mia_HallDaily](#) [@SmallBizLady](#) q4: too much time "working IN their biz rather than ON their biz" via [@AHappySlappyinc](#) **#SmallBizChat**
- 2012-01-05 1:33 am [lamReBelle](#) Sooooo much to learn!!! #devouring info **#SmallBizChat**
- 2012-01-05 1:33 am [SarahLCook](#) [@Su_ccess_ful](#) it always moves fast for me! **#smallbizchat** #just7
- 2012-01-05 1:33 am [TaiGoodwin](#) [@allyson7minutes](#): >> I agree So if spiritual connection is a MORE than prayer or meditation could be one of your 5 **#smallbizchat**
- 2012-01-05 1:33 am [dFguSon](#) RT [@SmallBizLady](#): Back at the blog: Ready to dream big in 2012? <http://t.co/2nN3XgGI> **#SmallBizChat**
- 2012-01-05 1:33 am [MarcREnriquez](#) [@allyson7minutes](#) Do you find it useful to set a time/duration for each of the 5 before 11? (Are each 7 minutes?) **#smallbizchat**
- 2012-01-05 1:33 am [Janice_Clark](#) RT [@NicoleAFende](#) [@PjsandCoffee](#) Before I had a kid I would have done 5 after 11pm too **#smallbizchat** - LOL Me too! :) **#smallbizchat**
- 2012-01-05 1:33 am [SarahLCook](#) RT [@DoriDeCarlo](#): RT [@SweetieBerry](#) The 7 Minute Life PLANNER will be discounted \$5 TONIGHT only for **#Smallbizchat** <http://t.co/we4ERqAj> **#smallbizchat**
- 2012-01-05 1:33 am [accountess77](#) **#smallbizchat** so much information.... **#SmallBizChat**
- 2012-01-05 1:33 am [TaiGoodwin](#) RT [@AnishaRKeays](#): RT [@SmallBizLady](#): Back at the blog: Ready to dream big in 2012? <http://t.co/9gYu5h8J> **#smallbizchat**
- 2012-01-05 1:33 am [RakeConsulting](#) [@SmallBizLady](#) Awesome - Thanks for the book! **#SmallBizChat**
- 2012-01-05 1:34 am [KaterinaYTaylor](#) RT "@SmallBizLady: If you know a small biz owner who could use some advice tell them to follow and join us every Wed 8-9 ET **#SmallBizChat**"
- 2012-01-05 1:34 am [ZimanaAnalytics](#) RT [@smallbizlady](#): [@allyson7minutes](#): [@RakeConsulting](#) Gr8 question! I take 7 mins to create my 5 before 11 list each afternoon. **#SmallBizChat**
- 2012-01-05 1:34 am [BC_Accessories](#) See you there! [@CathyWebSavvyPR](#) [@allyson7minutes](#) **#smallbizchat**
- 2012-01-05 1:34 am [TaiGoodwin](#) [@SarahLCook](#) Happy New Year - glad you could join us! **#smallbizchat**
- 2012-01-05 1:34 am [chrisyates11](#) RT [@TheRealSharon](#): [@mrjalabaster](#) [@allyson7minutes](#) Overscheduling and over expecting what we can accomplish in a day is often the mistake we make **#SmallBizChat**
- 2012-01-05 1:34 am [MrJAlabaster](#) I like that!!! RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat** **#SmallBizChat**
- 2012-01-05 1:34 am [CathyWebSavvyPR](#) [@BC_Accessories](#) join us on **#smallbizchat**: here's the link - jump in... <http://t.co/ibZi71VW>
- 2012-01-05 1:34 am [SweetieBerry](#) **#SmallBizChat**....If you'd like to download the FREE tools and Chapter 1 of The 7 Minute Solution Book go to www.the7minutelife.com/just7
- 2012-01-05 1:34 am [creativelyK](#) I am too lol it's going very fast RT [@lamReBelle](#): Sooooo much to learn!!! #devouring info **#smallbizchat**
- 2012-01-05 1:34 am [ValaAfshar](#) Don't mistake activity with achievement. John Wooden | A bias towards results is key. **#smallbizchat**
- 2012-01-05 1:34 am [stevenkmoyer](#) RT [@PjsandCoffee](#) Because you need additional resources [@doridecarlo](#): RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#smallbizchat**

2012-01-05 1:34 am [KaterinaYTaylor](#) RT "@SmallBizLady: Back at the blog: Ready to dream big in 2012? <http://t.co/fig2CSDj> #SmallBizChat"

2012-01-05 1:34 am [DoriDeCarlo](#) RT @RakeConsulting: @SmallBizLady Awesome - Thanks for the book! ~~~ Good for you!!! #smallbizchat

2012-01-05 1:34 am [MarcREnriquez](#) Agree with @allyson7minutes - we have to take time to pat ourselves on the back for the small steps that make up the goal. #smallbizchat

2012-01-05 1:34 am [allyson7minutes](#) Good evening @SarahLCook, glad you could be with us!
#smallbizchat

2012-01-05 1:34 am [MarcREnriquez](#) #smallbizchat

2012-01-05 1:34 am [AnishaRKeeyes](#) RT @SweetieBerry The 7 Minute Life PLANNER will be discounted \$5 TONIGHT only for #Smallbizchat <http://t.co/gj9nUJm3>
#smallbizchat

2012-01-05 1:35 am [MrJAlabaster](#) LOL!!! RT @allyson7minutes: Whew..the #smallBizChat community types fast! Working hard to keep up! #SmallBizChat

2012-01-05 1:35 am [ZimanaAnalytics](#) RT @sarahlcook: RT @SmallBizLady: Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? #SmallBizChat

2012-01-05 1:35 am [TaiGoodwin](#) RT @MSNBCYourBiz Wed Exclusive @SmallBizLady & @NinaKaufman have the 411 on Small Biz 911 <http://t.co/kCBuoSHq>
#smallbizchat

2012-01-05 1:35 am [GetBizSociable](#) I love the idea of celebrating the small victories along the way. Great idea. I usually go all or nothing on the whole task. #smallbizchat

2012-01-05 1:35 am [allyson7minutes](#) @RakeConsulting As my son said when he was younger - "ELCOME!" #smallbizchat

2012-01-05 1:35 am [FUSEPrinting](#) @MrJAlabaster thanks #SmallBizChat

2012-01-05 1:35 am [moneytrailnet](#) RT @mrjalabaster: I like that!!! RT @allyson7minutes: A5 –Engaging 5 meaningful high value activities before 11am #smallbizchat
#SmallBizChat

2012-01-05 1:35 am [CathyWebSavvyPR](#) RT @allyson7minutes: Every project/task is a series of microactions that compound. Microactions allow us2 celebrate tiny steps
#smallbizchat

2012-01-05 1:35 am [SarahLCook](#) @mentormarketing You GO! Dinner in #just7 minuets is amazing!
#smallbizchat

2012-01-05 1:35 am [SmallBizLady](#) RT @allyson7minutes @NicoleAFende Yes, every project is a series of microactions that compound. We then celebrate the steps.
#SmallBizChat

2012-01-05 1:36 am [Janice Clark](#) RT @SweetieBerry You can download the FREE tools & Chapter 1 of The 7 Minute Solution Book at <http://t.co/WrHeelnu> #smallbizchat

2012-01-05 1:36 am [SarahLCook](#) RT @allyson7minutes: We'd love to hear your MORE items for 2012...the activities you value and would like MORE of
<http://t.co/rw7wZ3LY> #smallbizchat

2012-01-05 1:36 am [PMXPRT](#) RT @SmallBizLady: For tips on #smallbiz success subscribe to Melinda Emerson's blog at <http://t.co/nk51tp18> #SmallBizChat

2012-01-05 1:36 am [MarcREnriquez](#) @sarahlcook Hey Sarah, welcome to the chat this evening. -=]
#smallbizchat

2012-01-05 1:36 am [SmallBizLady](#) Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? #SmallBizChat

2012-01-05 1:36 am [GoodiesForGifts](#) Each goal might longer than expected, but it still is important to set them. #smallbizchat

2012-01-05 1:36 am [GetBizSociable](#) Hey Allyson - Do you ever schedule "unscheduled" time?
#smallbizchat

2012-01-05 1:36 am [RakeConsulting](#) RT [@allyson7minutes](#): It's important to support your 5 before 11 in a way that supports your values MORE life **#SmallBizChat**

2012-01-05 1:36 am [JMMuscarello](#) Great post RT [@SmallBizLady](#): Back at the blog: Ready to dream big in 2012? <http://t.co/ZtPkBsqt> **#SmallBizChat**

2012-01-05 1:36 am [TheRealSharon](#) Biz also need goals and biz planning RT [@taigoodwin](#): RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#smallbizchat** #NLP

2012-01-05 1:36 am [Janice_Clark](#) RT [@allyson7minutes](#) [@NicoleAFende](#) Yes, every project is a series of microactions that compound. We then celebrate the steps. **#smallbizchat**

2012-01-05 1:36 am [allyson7minutes](#) Thanks [@SweetieBerry](#) for helping get the word out on tonight's **#SmallBizChat** discounts! <http://t.co/iSHNMWgs> **#smallbizchat**

2012-01-05 1:36 am [TWOwomenANDaHOE](#) RT [@SmallBizLady](#): Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#SmallBizChat**

2012-01-05 1:36 am [accessbizcap](#) Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#SmallBizChat**

2012-01-05 1:36 am [TaiGoodwin](#) RT [@GetBizSociable](#): I love the idea of celebrating the small victories along the way. **#smallbizchat**

2012-01-05 1:36 am [AnishaRKeelys](#) RT [@SweetieBerry](#): If you'd like to download the FREE tools and Ch. 1 of The 7 Minute Solution: <http://t.co/2Ft5MeO3> **#smallbizchat**

2012-01-05 1:37 am [AnishaRKeelys](#) RT [@SmallBizLady](#): Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#SmallBizChat** **#smallbizchat**

2012-01-05 1:37 am [NicoleAFende](#) How long does it take u? RT [@allyson7minutes](#) Yes, every project is a series of microactions. We then celebrate the steps. **#smallbizchat**

2012-01-05 1:37 am [SarahLCook](#) RT [@yourjobmyoffice](#): [@allyson7minutes](#) We put the chat in smallbizchat :-) **#smallbizchat**

2012-01-05 1:37 am [DoriDeCarlo](#) RT [@GetBizSociable](#) love the idea of celebrating the small victories along the way. Great idea. I usually go all or nothing... **#smallbizchat**

2012-01-05 1:37 am [accessbizcap](#) RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#smallbizchat**

2012-01-05 1:37 am [accessbizcap](#) RT [@allyson7minutes](#): A6(c) – When you complete those tasks your body rewards you with endorphins for completing them **#smallbizchat**

2012-01-05 1:37 am [Bigsky64](#) RT [@mrjalabaster](#): LOL!!! RT [@allyson7minutes](#): Whew..the **#smallBizChat** community types fast! Working hard to keep up! **#SmallBizChat**

2012-01-05 1:37 am [alyssaavant](#) [@sweetieberry](#) have I missed the chat? **#smallbizchat**

2012-01-05 1:37 am [TaiGoodwin](#) RT [@GetBizSociable](#): Hey Allyson - Do you ever schedule "unscheduled" time? **#smallbizchat**

2012-01-05 1:37 am [SmallBizLady](#) You can download the FREE tools & Chapter 1 of The 7 Minute Solution Book at <http://t.co/YV51G369> **#smallbizchat** **#SmallBizChat**

2012-01-05 1:37 am [allyson7minutes](#) A8 – We become what we repetitively do, think, act on...we train our brains to be what we think. **#smallbizchat**

2012-01-05 1:37 am [MarcREnriquez](#) Quick survey: Do you use a paper or digital planner? **#smallbizchat**

2012-01-05 1:37 am [DoriDeCarlo](#) RT [@allyson7minutes](#): Thx [@SweetieBerry](#) 4 helping get the word out on 2nites **#SmallBizChat** discounts! <http://t.co/we4ERqAj> **#smallbizchat**

2012-01-05 1:37 am [allyson7minutes](#) RT [@GetBizSociable](#) love the idea of celebrating the small victories along the way. Great idea. I usually go all or nothing... **#smallbizchat**

2012-01-05 1:37 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#smallbizchat**

2012-01-05 1:38 am [SmallBizLady](#) [@NicoleAFende](#) You get a book too. We only have one more book to give away. **#SmallBizChat**

2012-01-05 1:38 am [allyson7minutes](#) RT [@MarcREnriquez](#): Quick survey: Do you use a paper or digital planner?/ we do both and plan for both! **#smallbizchat**

2012-01-05 1:38 am [GoodiesForGifts](#) In 2012, I have a "3 before 8 rule." One load of laundry, make beds, clean up kitchen. Day always goes better! **#smallbizchat**

2012-01-05 1:38 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A8 – We become what we repetitively do, think, act on...we train our brains to be what we think. **#smallbizchat**

2012-01-05 1:38 am [TWOwomenANDa](#) [@MarcREnriquez](#) Paper **#SmallBizChat**

2012-01-05 1:38 am [HOE](#)

2012-01-05 1:38 am [Bettyannshepard](#) Digital everything RT [@MarcREnriquez](#): Quick survey: Do you use a paper or digital planner? **#Smallbizchat**

2012-01-05 1:38 am [alyssaavant](#) [@allyson7minutes](#) do you block your time off - I'm trying to create a schedule for my work time. **#smallbizchat**

2012-01-05 1:38 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A8 – We become what we repetitively do, think, act on...we train our brains to be what we think **#SmallBizChat**

2012-01-05 1:38 am [SexyMeetsClassy](#) RT [@SmallBizLady](#) For tips on #smallbiz success subscribe to Melinda Emerson's blog at <http://t.co/NbgIOcRU> **#SmallBizChat**

2012-01-05 1:38 am [Bigsky64](#) Branding as well as identity too [@zimanaanalytics](#) [@sarahlcook](#): RT [@SmallBizLady](#): Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#SmallBizChat**

2012-01-05 1:38 am [ZimanaAnalytics](#) RT [@twowomenandahoe](#): RT [@SmallBizLady](#): Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#SmallBizChat**

2012-01-05 1:38 am [marisamoore](#) RT [@allyson7minutes](#): A8 – We become what we repetitively do, think, act on...we train our brains to be what we think. **#smallbizchat**

2012-01-05 1:38 am [Janice Clark](#) RT [@Allyson7Minutes](#) A8 – We become what we repetitively do, think, act on...we train our brains to be what we think. **#smallbizchat**

2012-01-05 1:38 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A8 – We become what we repetitively do, think, act on...we train our brains to be what we think. **#smallbizchat**

2012-01-05 1:38 am [garretmeikle](#) "@SmallBizLady: Q7: WHY ISN'T TIME MANAGEMENT ENOUGH? **#SmallBizChat**"nBecause plans will always get derailed by unplanned events

2012-01-05 1:38 am [roaddoggz](#) RT [@SmallBizLady](#): You can download the FREE tools & Chapter 1 of The 7 Minute Solution Book at <http://t.co/YV51G369> **#smallbizchat**

2012-01-05 1:38 am [SmallBizLady](#) **#SmallBizChat**

2012-01-05 1:38 am [SmallBizLady](#) RT [@MarcREnriquez](#): **#smallbizchat** survey: Do you use a paper or digital planner? **#SmallBizChat**

2012-01-05 1:38 am [DoriDeCarlo](#) RT [@The7MinuteLife](#) Download FREE member tools and 1st Chapter at <http://t.co/we4ERqAj> **#smallbizchat**

2012-01-05 1:38 am [TheRealSharon](#) True RT [@goodiesforgifts](#): Each goal might longer than expected, but it still is important to set them. **#smallbizchat**

2012-01-05 1:38 am [allyson7minutes](#) microactions that support identifiable, measurable goals can improve income, business, & enjoyment of life **#smallbizchat**

2012-01-05 1:38 am [SmartMoneyChick](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**

2012-01-05 1:38 am [mentormarketing](#) I hate it when my spelling brain takes a vakay. **#smallbizchat**

2012-01-05 1:38 am [FUSEPrinting](#) [@allyson7minutes](#) Digital **#SmallBizChat**

2012-01-05 1:39 am [alyssaavant](#) [@GoodiesForGifts](#) Wow what time do you get up to accomplish 3 before 8? **#smallbizchat**

2012-01-05 1:39 am [CathyWebSavvyP](#) [@allyson7minutes](#) As [@BrianTracy](#) says - if you think about weeds (negative stuff) weeds grow; train brain to think positive
#SmallBizChat

2012-01-05 1:39 am [SarahLCook](#) RT [@TaiGoodwin](#): RT [@SmallBizLady](#): Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#smallbizchat**

2012-01-05 1:39 am [NicoleAFende](#) [@SmallBizLady](#) Cool! Thanks to you and [@allyson7minutes](#) :)
#smallbizchat

2012-01-05 1:39 am [allyson7minutes](#) [@MarcREnriquez](#) We use both paper and digital-the brain craves the structure of paper & the speed of digital **#smallbizchat**

2012-01-05 1:39 am [MrJAlabaster](#) RT [@allyson7minutes](#): A6(b) – I then realized I wanted MORE...purpose, joy, family time, meaning, etc **#SmallBizChat**

2012-01-05 1:39 am [Bigsky64](#) No we are still here! RT [@alyssaavant](#): [@sweetieberry](#) have I missed the chat? **#smallbizchat**?

2012-01-05 1:39 am [CathyWebSavvyP](#) RT [@SmallBizLady](#): RT [@MarcREnriquez](#): **#smallbizchat** survey: Do you use a paper or digital planner? **#SmallBizChat**

2012-01-05 1:39 am [FUSEPrinting](#) [@SmallBizLady](#) Digital **#SmallBizChat**

2012-01-05 1:39 am [PuckBillions](#) RT [@TaiGoodwin](#): RT [@SmallBizLady](#): Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#smallbizchat**

2012-01-05 1:39 am [TWOwomenANDa](#) Have I missed they answer to why time management isn't enough...so
[HOE](#) fast tonight! ;) **#SmallBizChat**

2012-01-05 1:39 am [KaterinaYTaylor](#) RT love it!“[@allyson7minutes](#): A8 – We become what we repetitively do, think, act on...we train our brains to be what we think.
#smallbizchat”

2012-01-05 1:39 am [MommySurvivor](#) RT [@SmallBizLady](#): Our first two winners of Allyson Lewis's [@allyson7minutes](#) new book 7 minute solution are [@mommysurvivor](#) [@chrisyates11](#) **#SmallBizChat**

2012-01-05 1:39 am [CathyWebSavvyP](#) [@MarcREnriquez](#):! use digital calendar for meetings and reminders, but a paper planner for mtgs, notes planning **#SmallBizChat**

2012-01-05 1:40 am [PjsandCoffee](#) I do! [@taigoodwin](#): RT [@GetBizSociable](#): Hey Allyson - Do you ever schedule "unscheduled" time? **#smallbizchat**

2012-01-05 1:40 am [TaiGoodwin](#) [@MarcREnriquez](#): Quick survey: Do you use a paper or digital planner? - I use post it planners :-)
#smallbizchat

2012-01-05 1:40 am [ChefStefCandy](#) RT [@GoodiesForGifts](#): RT [@GetBizSociable](#): A4: How about the idea of a NOT to do list. Stuff you are going to intentionally ignore.
#smallbizchat

2012-01-05 1:40 am [FUSEPrinting](#) [@allyson7minutes](#) CRMs and such? **#SmallBizChat**

2012-01-05 1:40 am [roaddoggz](#) [@SmallBizLady](#) [@MarcREnriquez](#) I use my iPad for managing it all
#SmallBizChat

2012-01-05 1:40 am [MsBostwick](#) Q8. It keeps you on track and focused on how you are using your time. **#smallbizchat**

2012-01-05 1:40 am [Janice_Clark](#) RT [@allyson7minutes](#) [@MarcREnriquez](#) We use both paper & digital-the brain craves the structure of paper & the speed of digital
#smallbizchat

2012-01-05 1:40 am [DoriDeCarlo](#) RT [@allyson7minutes](#): microactions support identifiable, measurable goals can improve income, business, & enjoyment of life
#smallbizchat

2012-01-05 1:40 am [SweetieBerry](#) [@alyssaavant](#) it's on right now **#smallbizchat**

2012-01-05 1:40 am [TaiGoodwin](#) RT [@SmallBizLady](#): [@NicoleAFende](#) You get a book too. >> YAY!
#smallbizchat

2012-01-05 1:40 am [KaterinaYTaylor](#) RT digital but I do love my pocket planners “[@MarcREnriquez](#): Quick

2012-01-05 1:40 am [accountess77](#) [@TaiGoodwin](#) Paper **#smallbizchat #SmallBizChat**

2012-01-05 1:40 am [PMXPRT](#) test **#SmallBizChat**

2012-01-05 1:40 am [PatMinehan](#) RT [@smallbizlady](#): You can download the FREE tools & Chapter 1 of The 7 Minute Solution Book at <http://t.co/iudoSizZ> **#smallbizchat**

2012-01-05 1:40 am [Janice_Clark](#) RT [@TWOwomenANDaHOE](#) Have I missed they answer to why time management isn't enough...so fast tonight! ;) **#smallbizchat**

2012-01-05 1:40 am [SmallBizLady](#) Q9 HOW CAN THE 7 MINUTE SOLUTION HELP WITH GOAL SETTING? **#SmallBizChat**

2012-01-05 1:40 am [CathyWebSavvyPR](#) [@TWOwomenANDaHOE](#) hi there - there is usually a transcript later tonight or tomorrow that you can check. **#SmallBizChat**

2012-01-05 1:40 am [mentormarketing](#) plan on paper organize digitally **#smallbizchat**

2012-01-05 1:41 am [alyssaavant](#) [@TWOwomenANDaHOE](#) Me too I missed that answer. **#smallbizchat**

2012-01-05 1:41 am [accessbizcap](#) Q8 WHY IS IT IMPORTANT TO USE A DAILY PLANNER IN BUSINESS? **#SmallBizChat**

2012-01-05 1:41 am [PMXPRT](#) **#SmallBizChat**

2012-01-05 1:41 am [chrisyates11](#) iPhone "@SmallBizLady: RT [@MarcREnriquez](#): **#smallbizchat** survey: Do you use a paper or digital planner? **#SmallBizChat**"

2012-01-05 1:41 am [garretmeikle](#) AWESOME "@DoriDeCarlo: RT YEAH [@allyson7minutes:first](#) winner tonight of The 7 Minute Solution is [@MommySurvivor...#just7](#) **#SmallBizChat**"

2012-01-05 1:41 am [allyson7minutes](#) A9 – goal setting is about focusing your attention to success in business and in life **#smallbizchat**

2012-01-05 1:41 am [MrJAlabaster](#) RT [@SmallBizLady](#): For tips on #smallbiz success subscribe to Melinda Emerson's blog at <http://t.co/GLEVXfC9> **#SmallBizChat**

2012-01-05 1:41 am [TaiGoodwin](#) RT [@allyson7minutes](#): We use both paper and digital-the brain craves the structure of paper & the speed of digital **#smallbizchat**

2012-01-05 1:41 am [stevenkmoyer](#) I missed Q8 somehow. **#smallbizchat**

2012-01-05 1:41 am [accessbizcap](#) RT [@allyson7minutes](#): A8 – We become what we repetitively do, think, act on...we train our brains to be what we think. **#smallbizchat**

2012-01-05 1:41 am [allyson7minutes](#) A9(a) – Knowing why you do what you choose to do will give you a harness to unlock the power of intention **#smallbizchat**

2012-01-05 1:41 am [alyssaavant](#) What digital planners do you all use - I prefer both paper and digital too. **#smallbizchat**

2012-01-05 1:41 am [CathyWebSavvyPR](#) [@TWOwomenANDaHOE](#) or you can comb through [@allyson7minutes](#) tweets after the chat **#SmallBizChat**

2012-01-05 1:41 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q9 HOW CAN THE 7 MINUTE SOLUTION HELP WITH GOAL SETTING? **#smallbizchat**

2012-01-05 1:41 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q9 HOW CAN THE 7 MINUTE SOLUTION HELP WITH GOAL SETTING? **#smallbizchat**

2012-01-05 1:41 am [MarcREnriquez](#) [@allyson7minutes](#) Great point - I start digital (type faster on my phone/tablet faster than I write), but I paper backup later. **#smallbizchat**

2012-01-05 1:41 am [accessbizcap](#) RT [@allyson7minutes](#): microactions that support identifiable, measurable goals can improve income, business, & enjoyment of life **#smallbizchat**

2012-01-05 1:41 am [TWOwomenANDaHOE](#) [@alyssaavant](#) Glad to hear it's not just me! ;) **#SmallBizChat**

2012-01-05 1:41 am [chrisyates11](#) unplanned events was answer "@TWOwomenANDaHOE: Have I

missed answer 2 why time management isn't enough...so fast tonight!
;) **#SmallBizChat**

- 2012-01-05 1:41 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): microactions that support identifiable, measurable goals can improve income, business & enjoyment of life **#SmallBizChat**
- 2012-01-05 1:41 am [allyson7minutes](#) A9(b) – Knowing your macro actions makes micro actions easily focusable and helps you to move forward with 7 minute solutions **#smallbizchat**
- 2012-01-05 1:41 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Q9 HOW CAN THE 7 MINUTE SOLUTION HELP WITH GOAL SETTING? **#SmallBizChat**
- 2012-01-05 1:42 am [TWOwomenANDaHOE](#) [@CathyWebSavvyPR](#) Thank you! **#SmallBizChat**
- 2012-01-05 1:42 am [Janice_Clark](#) RT [@DoriDeCarlo](#) [@allyson7minutes](#) microactions support identifiable, measurable goals can improve income, business, & life **#smallbizchat**
- 2012-01-05 1:42 am [karlenesinrob](#) RT [@allyson7minutes](#): microactions that support identifiable, measurable goals can improve income, business, & enjoyment of life **#smallbizchat**
- 2012-01-05 1:42 am [NicoleAFende](#) [@TaiGoodwin](#) Yeah! You know I love books... And as [@allyson7minutes](#) says our brain craves the structure of paper **#smallbizchat**
- 2012-01-05 1:42 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A9 – goal setting is about focusing your attention to success in business and in life **#smallbizchat**
- 2012-01-05 1:42 am [garretmeikle](#) “[@SmallBizLady](#): Q9 HOW CAN THE 7 MINUTE SOLUTION HELP WITH GOAL SETTING? **#SmallBizChat**”nFocus on setting measurable achievable goals
- 2012-01-05 1:42 am [TWOwomenANDaHOE](#) [@chrisyates11](#) Thanks! I will catch the transcript! **#SmallBizChat**
- 2012-01-05 1:42 am [GoodiesForGifts](#) A8. So many reasons to use a planner. Organization, professionalism, attention to detail are all improved. **#smallbizchat**
- 2012-01-05 1:42 am [allyson7minutes](#) Tonight we have a \$5 discount for anyone buying the planner <http://t.co/iSHNMWgs> for **#smallbizchat**
- 2012-01-05 1:42 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A9 goal setting is about focusing your attention to success in biz & in life **#SmallBizChat**
- 2012-01-05 1:42 am [MarcREnriquez](#) Appreciate everyone's input on the planner survey! It's been educational. -=] **#smallbizchat**
- 2012-01-05 1:42 am [atomlinson31](#) RT [@ValaAfshar](#): Don't mistake activity with achievement. John Wooden | A bias towards results is key. **#smallbizchat**
- 2012-01-05 1:42 am [mentormarketing](#) Is #Just7 your book hashtag? **#smallbizchat**
- 2012-01-05 1:42 am [SmallBizLady](#) RT [@allyson7minutes](#): A7 It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat**
#SmallBizChat
- 2012-01-05 1:42 am [NicoleAFende](#) [@MarcREnriquez](#) overall electric, but brainstorming is paper, and daily to do's paper. **#smallbizchat**
- 2012-01-05 1:42 am [allyson7minutes](#) You can get your FREE downloads and member tools at <http://t.co/jsEzQW5U> for a truthful taste! **#smallbizchat**
- 2012-01-05 1:43 am [MrJAlabaster](#) [@FUSePrinting](#) You are welcome **#SmallBizChat**
- 2012-01-05 1:43 am [accessbizcap](#) RT [@SmallBizLady](#): You can download the FREE tools & Chapter 1 of The 7 Minute Solution Book at <http://t.co/MjgUPf0o>
#SmallBizChat

2012-01-05 1:43 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A9(a) – Knowing why you do what you choose to do will give you a harness to unlock the power of intention
#SmallBizChat

2012-01-05 1:43 am [TaiGoodwin](#) RT [@allyson7minutes](#): Tonight we have a \$5 discount for anyone buying the planner <http://t.co/Fto3EXpC> for **#smallbizchat**

2012-01-05 1:43 am [SmallBizLady](#) RT [@GoodiesForGifts](#): A8. So many reasons to use a planner. Organization, professionalism, attention 2 detail are all improved.
#SmallBizChat

2012-01-05 1:43 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A9 Knowing your macro actions makes them easily focusable & helps you to move forward w 7 min solutions
#smallbizchat

2012-01-05 1:43 am [NicoleAFende](#) RT [@allyson7minutes](#): You can get your FREE downloads and member tools at <http://t.co/XZ4vmghH> for a truthful taste!
#smallbizchat

2012-01-05 1:43 am [KaterinaYTaylor](#) RT [@allyson7minutes](#): A9(a) – Knowing why you do what you choose to do will give you a harness to unlock the power of intention
#smallbizchat

2012-01-05 1:43 am [TaiGoodwin](#) RT [@allyson7minutes](#): You can get your FREE downloads and member tools at <http://t.co/TODn06Yf> for a truthful taste!
#smallbizchat

2012-01-05 1:43 am [Janice_Clark](#) RT [@atomlinson31](#) [@ValaAfshar](#): Don't mistake activity with achievement. John Wooden | A bias towards results is key.
#smallbizchat

2012-01-05 1:43 am [DigiParalegal](#) RT [@MrJAlabaster](#): RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage
#smallbizchat #SmallBizChat

2012-01-05 1:43 am [yourjobmyoffice](#) RT [@allyson7minutes](#): Tonight we have a \$5 discount for anyone buying the planner <http://t.co/5yqrl8Sg> for **#smallbizchat**

2012-01-05 1:43 am [AngEngland](#) [@alyssaavant](#) **#smallbizchat** I use a paper dayplanner and also use ToDoMatrix app. I talk about it here: <http://t.co/1ccd6Fh3> in #10

2012-01-05 1:43 am [mentormarketing](#) [@allyson7minutes](#) who did your book trailer, please share
#smallbizchat

2012-01-05 1:43 am [ipinfocus](#) Definitely both. “[@alyssaavant](#): What digital planners do you all use - I prefer both paper and digital too. **#smallbizchat**”

2012-01-05 1:43 am [accessbizcap](#) RT [@allyson7minutes](#): It's important to support your 5 before 11 in a way that supports your values MORE life **#smallbizchat**

2012-01-05 1:43 am [MarcREnriquez](#) [@NicoleAFende](#) Agreed - love paper for brainstorming.
#smallbizchat

2012-01-05 1:43 am [DoriDeCarlo](#) RT [@allyson7minutes](#): Tonight we have a \$5 discount for anyone buying the planner <http://t.co/we4ERqAj> **#smallbizchat**

2012-01-05 1:44 am [PjsandCoffee](#) [@goodiesforgifts](#) I need that strategy. Now it is just hope to be awake by 8! **#smallbizchat**

2012-01-05 1:44 am [MrJAlabaster](#) RT [@allyson7minutesThanks](#) [@SweetieBerry](#) for helping get the word out on tonite's **#SmallBizChat** discounts! <http://t.co/6zf2iTFz>

2012-01-05 1:44 am [GoodiesForGifts](#) A8. Also, I have horrible "lefty" handwriting so I prefer digital planner.
#smallbizchat

2012-01-05 1:44 am [CathyWebSavvyPR](#) MT [@allyson7minutes](#) A9b Knowing yr macro actions makes micro actions easily focusable & helps U move forward w/ 7 min solutions
#SmallBizChat

2012-01-05 1:44 am [Janice_Clark](#) RT [@allyson7minutes](#): A9(a) – Knowing why you do what you choose

to do will give you a harness to unlock the power of intention

#smallbizchat

- 2012-01-05 1:44 am [SmallBizLady](#) Q10 HOW DOES YOUR FIRST BOOK THE 7 MINUTE DIFFERENCE COMPARE TO THIS NEW BOOK THE 7 MINUTE SOLUTION? **#SmallBizChat**
- 2012-01-05 1:44 am [accessbizcap](#) RT [@allyson7minutes](#): A7 It's important to support your 5 before 11 in a way that supports your values MORE life **#SmallBizChat**
- 2012-01-05 1:44 am [TheRealSharon](#) Gr8 RT [@goodiesforgifts](#): I have a "3 before 8 rule." One load of laundry, make beds, clean up kitchen. Day always goes better! **#smallbizchat**
- 2012-01-05 1:44 am [Nadia9876](#) RT [@SmallBizLady](#): For tips on #smallbiz success subscribe to Melinda Emerson's blog at <http://t.co/nk51tp18> **#SmallBizChat**
- 2012-01-05 1:44 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): You can get your FREE downloads and member tools at <http://t.co/qdCT2t3z> for a truthful taste! **#SmallBizChat**
- 2012-01-05 1:44 am [Janice_Clark](#) RT [@allyson7minutes](#): Tonight we have a \$5 discount for anyone buying the planner <http://t.co/WrHeelnu> **#smallbizchat**
- 2012-01-05 1:44 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q10 HOW DOES YOUR FIRST BOOK THE 7 MINUTE DIFFERENCE COMPARE TO THIS NEW BOOK THE 7 MINUTE SOLUTION? **#smallbizchat**
- 2012-01-05 1:44 am [allyson7minutes](#) A10 The first book teaches the WHAT about time mgmt, The 7 Minute Solution takes it to HOW and WHY to do it! **#smallbizchat**
- 2012-01-05 1:45 am [PuckBillions](#) RT [@SmallBizLady](#): RT [@GoodiesForGifts](#): A8. So many reasons to use a planner. Organization, professionalism, attention 2 detail are all improved. **#SmallBizChat**
- 2012-01-05 1:45 am [KaterinaYTaylor](#) RT me 2 but my blackberry is awesome"@alyssaavant: What digital planners do you all use - I prefer both paper and digital 2. **#smallbizchat"**
- 2012-01-05 1:45 am [MarcREnriquez](#) Btw - there's a NEAT diy, almost like origami planner you can make called a PocketMod - Google/YouTube it! **#smallbizchat**
- 2012-01-05 1:45 am [allyson7minutes](#) [@AngEngland](#), welcome to **#SmallBizChat**...I have heard so many nice things about you from [@SweetieBerry](#) **#smallbizchat**
- 2012-01-05 1:45 am [SmallBizLady](#) RT [@AngEngland](#): [@alyssaavant](#) I use a paper dayplanner and also use ToDoMatrix app. I talk about it here: <http://t.co/GM5k3Ymy> **#SmallBizChat**
- 2012-01-05 1:45 am [KrisColeStyle](#) [@allyson7minutes](#) Do you have a digital planner that U prefer or suggest for those who like simplicity & R easily distracted **#SmallBizChat**
- 2012-01-05 1:45 am [accessbizcap](#) RT [@allyson7minutes](#): You can get your FREE downloads and member tools at <http://t.co/IDcSGQOy> for a truthful taste! **#SmallBizChat**
- 2012-01-05 1:45 am [NicoleAFende](#) [@mentormarketing](#) Where did you find the book trailer? And I'd love to know whodunnit too. **#smallbizchat**
- 2012-01-05 1:45 am [CareerTips2Go](#) [@fuseprinting](#) Oops! Just saw your question. Go to <http://t.co/F3VBOE8Y> then use hashtag **#smallbizchat**
- 2012-01-05 1:45 am [roaddoggz](#) [@SmallBizLady](#) A8 I believe the best tool is the one that works for you. I enjoy digital, my iPad serves me as well as paper **#smallbizchat**
- 2012-01-05 1:45 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A10 The 1st book teaches the WHAT about time mgmt, The 7 Minute Solution takes it to HOW & WHY to do it!

#smallbizchat

- 2012-01-05 1:45 am [Janice_Clark](#) RT [@goodiesforgifts](#) I have a "3 before 8 rule" 1 load of laundry, make beds, clean up kitchen. Day always goes better! -Me 2!!
- 2012-01-05 1:46 am [GetBizSociable](#) A9 - Goa setting is critical, but make sure you are setting the RIGHT goals, not just any goal. **#smallbizchat**
- 2012-01-05 1:46 am [chrisyates11](#) My goal? 4 before 11. 4 kids down before 11 so got to roll. Thanks! Great chat "[@allyson7minutes](#): **#smallbizchat**"
- 2012-01-05 1:46 am [CathyWebSavvyPR](#) [@allyson7minutes](#) & [@MarcREnriquez](#): I love [@evernote](#) for digital reminders & [@pinterest](#) 4 vision boarding **#SmallBizChat**
- 2012-01-05 1:46 am [accessbizcap](#) RT [@Janice_Clark](#): RT [@atomlinson31](#) [@ValaAfshar](#): Don't mistake activity with achievement. JohnWooden... **#SmallBizChat**
- 2012-01-05 1:46 am [mentormarketing](#) [@NicoleAFende](#) <http://t.co/zZx1LngZ> **#smallbizchat**
- 2012-01-05 1:46 am [NicoleAFende](#) [@KrisColeStyle](#) For online and has an app I LOVE <http://t.co/5BiCTp77> **#smallbizchat**
- 2012-01-05 1:46 am [SweetieBerry](#) **#SmallBizchat**...what a crowd we have tonight, can't wait to re read the transcripts! [@TaiGoodwin](#)
- 2012-01-05 1:46 am [yourjobmyoffice](#) So there with you. RT [@GoodiesForGifts](#) A8. Also, I have horrible "lefty" handwriting so I prefer digital planner. **#smallbizchat**
- 2012-01-05 1:46 am [MrJAlabaster](#) [@SmallBizLady](#) also [@allyson7minutes](#) book is available on Amazon Kindle <http://t.co/elkkzrmX> **#smallbizchat**
- 2012-01-05 1:46 am [CathyWebSavvyPR](#) RT [@roaddoggz](#): A8 I believe the best tool is the one that works for you. I enjoy digital, my iPad serves me as well as paper **#SmallBizChat**
- 2012-01-05 1:46 am [SmallBizLady](#) A blog post with a more detailed Q & A with our guest comes out on Thursdays on [@Smallbizlady's](#) blog: <http://t.co/vOseK5XH> **#SmallBizChat**
- 2012-01-05 1:46 am [accessbizcap](#) Q9 HOW CAN THE 7 MINUTE SOLUTION HELP WITH GOAL SETTING? **#SmallBizChat**
- 2012-01-05 1:46 am [SmallBizLady](#) We're always looking for small biz experts to share...Here's how to be a guest on **#Smallbizchat** <http://t.co/fWCoWYPs> **#SmallBizChat**
- 2012-01-05 1:46 am [MarcREnriquez](#) [@KaterinaYTaylor](#) - I generally use Google Calendar since it auto-syncs. I'm an #android user. **#smallbizchat**
- 2012-01-05 1:47 am [anniesgoathill](#) RT [@SmallBizLady](#): RT [@AngEngland](#): [@alyssaavant](#) I use a paper dayplanner and also use ToDoMatrix app. I talk about it here: <http://t.co/GM5k3Ymy> **#SmallBizChat**
- 2012-01-05 1:47 am [accessbizcap](#) RT [@allyson7minutes](#): A9 – goal setting is about focusing your attention to success in business and in life **#smallbizchat**
- 2012-01-05 1:47 am [SmallBizLady](#) Get your FREE chapter of Become Your Own Boss in 12 Months: <http://t.co/HJq4AKnN> **#SmallBizChat**
- 2012-01-05 1:47 am [ZimanaAnalytics](#) RT [@smallbizlady](#): Q10 HOW DOES YOUR FIRST BOOK THE 7 MINUTE DIFFERENCE COMPARE TO THIS NEW BOOK THE 7 MINUTE SOLUTION? **#SmallBizChat**
- 2012-01-05 1:47 am [NicoleAFende](#) Darn it. Should have read Remember The Milk Dot Com RT [@NicoleAFende](#): [@KrisColeStyle](#) For online and has an app I LOVE **#smallbizchat**
- 2012-01-05 1:47 am [PjsandCoffee](#) [@katerinaytaylor](#) [@alyssaavant](#) I use digital only. I lose the paper! **#smallbizchat**
- 2012-01-05 1:47 am [accessbizcap](#) RT [@allyson7minutes](#): A9(a) – Knowing why you do what you choose to do will give you a harness to unlock the power of intention

#smallbizchat

- 2012-01-05 1:47 am [GoodiesForGifts](#) A8. I use Salesforce and Google Calendar to manage most of my business tasks. **#smallbizchat**
- 2012-01-05 1:47 am [accessbizcap](#) RT [@allyson7minutes](#): A9(b) – Knowing your macro actions makes micro actions easily focusable and helps you to move forward with 7 minute solutions **#smallbizchat**
- 2012-01-05 1:47 am [roaddoggz](#) RT [@SmallBizLady](#): We're always looking for small biz experts to share...Here's how to be a guest on **#Smallbizchat**
<http://t.co/fWCoWYPs> **#SmallBizChat**
- 2012-01-05 1:47 am [MommySurvivor](#) RT [@SmallBizLady](#): A blog post with a more detailed Q & A with our guest comes out on Thursdays on [@Smallbizlady's](#) blog:
<http://t.co/vOseK5XH> **#SmallBizChat**
- 2012-01-05 1:47 am [MarcREnriquez](#) [@CathyWebSavvyPR](#) I do love vision boarding! **#smallbizchat**
- 2012-01-05 1:47 am [roaddoggz](#) RT [@SmallBizLady](#): A blog post with a more detailed Q & A with our guest comes out on Thursdays on [@Smallbizlady's](#) blog:
<http://t.co/vOseK5XH> **#SmallBizChat**
- 2012-01-05 1:47 am [KaterinaYTaylor](#) RT "@DoriDeCarlo: RT [@allyson7minutes](#): A9 – goal setting is about focusing your attention to success in business and in life **#smallbizchat**"
- 2012-01-05 1:47 am [Zansheree](#) RT [@allyson7minutes](#): A5 – Engaging 5 meaningful high value activities before 11am **#smallbizchat**
- 2012-01-05 1:47 am [ZimanaAnalytics](#) RT [@accessbizcap](#): [@allyson7minutes](#): A7 Important to support your 5 before 11 in a way that supports your values MORE life **#SmallBizChat**
- 2012-01-05 1:47 am [MommySurvivor](#) RT [@SmallBizLady](#): Get your FREE chapter of Become Your Own Boss in 12 Months: <http://t.co/HJq4AKnN> **#SmallBizChat**
- 2012-01-05 1:47 am [accessbizcap](#) Q10 HOW DOES YOUR FIRST BOOK THE 7 MINUTE DIFFERENCE COMPARE TO THIS NEW BOOK THE 7 MINUTE SOLUTION? **#SmallBizChat**
- 2012-01-05 1:47 am [Chris_Eh_Young](#) I tried to make it earlier but I fell asleep. What did I miss? **#smallbizchat**
- 2012-01-05 1:47 am [TWOwomenANDaHOE](#) RT [@GetBizSociable](#): A9 - Goal setting is critical, but make sure you are setting the RIGHT goals, not just any goal. **#SmallBizChat**
- 2012-01-05 1:47 am [mentormarketing](#) I use paper, then I take a photo with my phone and save to evernote **#smallbizchat**
- 2012-01-05 1:47 am [CathyWebSavvyPR](#) RT [@chrisyates11](#): My goal? 4 before 11. 4 kids down before 11 so got to roll. Thanks! Great chat [@allyson7minutes](#): **#SmallBizChat**
- 2012-01-05 1:47 am [SmallBizLady](#) RT [@MarcREnriquez](#): [@KaterinaYTaylor](#) - I generally use Google Calendar since it auto-syncs. I'm an #android user. ME TOO! **#SmallBizChat**
- 2012-01-05 1:47 am [yourjobmyoffice](#) RT [@SmallBizLady](#): Always looking for small biz experts to share...How to be a guest on **#Smallbizchat** <http://t.co/4GuE39sP> **#smallbizchat**
- 2012-01-05 1:48 am [accessbizcap](#) RT [@allyson7minutes](#): A10 The first book teaches the WHAT about time mgmt, The 7 Minute Solution takes it to HOW and WHY to do it! **#smallbizchat**
- 2012-01-05 1:48 am [CathyWebSavvyPR](#) [@AngEngland](#) Hi there - hope things are well in your world **#SmallBizChat**
- 2012-01-05 1:48 am [AnishaRKeays](#) RT [@SmallBizLady](#): Get your FREE chapter of Become Your Own Boss in 12 Months: <http://t.co/H4dKNgXz> **#SmallBizChat**

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- 2012-01-05 1:48 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): A10 The first book teaches the WHAT abt time mgmt, The 7 Minute Solution shows HOW and WHY to do it!
- 2012-01-05 1:48 am [DoriDeCarlo](#) RT [@MrJAlabaster](#): [@SmallBizLady](#) also [@allyson7minutes](#) book is available on Amazon Kindle <http://t.co/NlyfNksC> **#smallbizchat**
- 2012-01-05 1:48 am [TWOwomenANDaHOE](#) [@MarcREnriquez](#) Androis user, too. Is there a good app for outlook sync? **#SmallBizChat**
- 2012-01-05 1:48 am [mightymegasaur](#) RT [@chrysyates11](#): Hrs at work is overrated. My buddy once bragged "I worked 70 hours this week" My response? Why so inefficient? [@NicoleAFende](#) **#smallbizchat**
- 2012-01-05 1:48 am [MsCareerGirl](#) Hope to see some of you **#smallbizchat** folks at #mcgconnect at 8p (CST)! **#smallbizchat**
- 2012-01-05 1:48 am [CathyWebSavvyPR](#) [@MarcREnriquez](#) check out [@pinterest](#) for public vision boarding - and other fun **#SmallBizChat**
- 2012-01-05 1:48 am [GoodiesForGifts](#) RT [@SmallBizLady](#): Always looking for small biz experts to share...How to be a guest on **#Smallbizchat** <http://t.co/hqAxIxWv> **#smallbizchat**
- 2012-01-05 1:48 am [TaiGoodwin](#) My favorite digital tool right now is Remember the Milk but the ToDoMatrix looks interesting **#smallbizchat**
- 2012-01-05 1:48 am [allyson7minutes](#) We love online and smart phone apps as well, we're in dev with our ipad version of our PLANNER, can't wait to share! **#smallbizchat**
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- 2012-01-05 1:48 am [KrisColeStyle](#) [@NicoleAFende](#) Thank U! **#SmallBizChat**
- 2012-01-05 1:48 am [SmallBizLady](#) Q11 – DO YOU HAVE TOOLS, FREE MATERIALS OR A PLANNER TO REVIEW FOR SMALL BUSINESSES? **#SmallBizChat**
- 2012-01-05 1:48 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#) A10 The first book teaches the WHAT about time mgmt, The 7 Minute Solution takes it to HOW & WHY to do it! **#SmallBizChat**
- 2012-01-05 1:48 am [MarcREnriquez](#) [@SmallBizLady](#) Woo! Go #android! **#smallbizchat**
- 2012-01-05 1:48 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Always looking for small biz experts to share...How to be a guest on **#Smallbizchat** <http://t.co/qzNwBJPy> **#smallbizchat**
- 2012-01-05 1:49 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q11 – DO YOU HAVE TOOLS, FREE MATERIALS OR A PLANNER TO REVIEW FOR SMALL BUSINESSES? **#smallbizchat**
- 2012-01-05 1:49 am [CTPEvents](#) I use my blackberry calendar and a written calendar to keep track of my life. **#smallbizchat**
- 2012-01-05 1:49 am [SmartChoiceLLC1](#) I use Google Calendar faithfully to make plans **#SmallBizChat**
- 2012-01-05 1:49 am [ZimanaAnalytics](#) [@stevenkmoyer](#) It's quite a bit to get 5 - I have tasks that overlap wrt analytics - not always in a bundle **#smallbizchat**
- 2012-01-05 1:49 am [CathyWebSavvyPR](#) RT [@GetBizSociable](#): A9 - Goal setting is critical, but make sure you are setting the RIGHT goals, not just any goal **#SmallBizChat**
- 2012-01-05 1:49 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Q11 – DO YOU HAVE TOOLS, FREE MATERIALS OR A PLANNER TO REVIEW FOR SMALL BUSINESSES? **#SmallBizChat**
- 2012-01-05 1:49 am [TaiGoodwin](#) RT [@allyson7minutes](#): We're in dev with our ipad version of our PLANNER, can't wait to share! >>Awesome **#smallbizchat**

2012-01-05 1:49 am [allyson7minutes](#) A1a(a) – We constantly develop, update, improve, provide new resources in “no strings attached” model <http://t.co/jsEzQW5U>
#smallbizchat

2012-01-05 1:50 am [accessbizcap](#) RT [@SmallBizLady](#): We’re always looking for small biz experts to share...Here’s how to be a guest on **#Smallbizchat**
<http://t.co/fWCoWYPs> **#SmallBizChat**

2012-01-05 1:50 am [KaterinaYTaylor](#) [@MarcREnriquez](#) definitely going to try that. Thanks! **#smallbizchat**

2012-01-05 1:50 am [MarcREnriquez](#) [@TWOwomenANDaHOE](#) Can't say I've looked, but I've written it down to - if I come across anything, I'll let you know **#smallbizchat**

2012-01-05 1:50 am [accessbizcap](#) RT [@SmallBizLady](#): Get your FREE chapter of Become Your Own Boss in 12 Months: <http://t.co/HJq4AKnN> **#SmallBizChat**

2012-01-05 1:50 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): You can get your FREE downloads and member tools at <http://t.co/Psno0pOn> for a truthful taste!
#SmallBizChat

2012-01-05 1:50 am [allyson7minutes](#) A11(b) – You can download the first chapter of the book or download the planner with no expectation of purchase **#smallbizchat**

2012-01-05 1:50 am [JenniferMueller](#) Tonight's **#smallbizchat** w/ [@allyson7minutes](#) this Thursday on [@Smallbizlady's](#) blog: <http://t.co/6aDaKYTC>

2012-01-05 1:50 am [CathyWebSavvyPR](#) [@Chris_Eh_Young](#) A LOT - but you can check the transcript tomorrow - follow **#SmallBizChat**

2012-01-05 1:50 am [GoodiesForGifts](#) Word! RT [@SmartChoiceLLC1](#): I use Google Calendar faithfully to make plans **#smallbizchat**

2012-01-05 1:50 am [accessbizcap](#) Q11 – DO YOU HAVE TOOLS, FREE MATERIALS OR A PLANNER TO REVIEW FOR SMALL BUSINESSES? **#SmallBizChat**

2012-01-05 1:50 am [SmallBizLady](#) RT [@allyson7minutes](#): We're in dev with our ipad version of our PLANNER, can't wait to share! >>Awesome !! **#SmallBizChat**

2012-01-05 1:50 am [TaiGoodwin](#) RT [@SmallBizLady](#): Q11 – DO YOU HAVE TOOLS, FREE MATERIALS OR A PLANNER TO REVIEW FOR SMALL BUSINESSES? **#smallbizchat**

2012-01-05 1:50 am [DoriDeCarlo](#) RT [@SweetieBerry](#) The 7 Minute Life PLANNER will be discounted \$5 TONIGHT only for **#Smallbizchat** <http://t.co/we4ERqAj>
#smallbizchat

2012-01-05 1:51 am [AngEngland](#) [@allyson7minutes](#) [@SweetieBerry](#) Thank you! :-)
#smallbizchat

2012-01-05 1:51 am [allyson7minutes](#) The \$5 discount on the PLANNER is available at <http://t.co/iSHNMWgs> **#smallbizchat**

2012-01-05 1:51 am [CTPEvents](#) [@CathyWebSavvyPR](#) [@MarcREnriquez](#) [@pinterest](#) I'm just getting into Pinterest. **#smallbizchat**

2012-01-05 1:51 am [NicoleAFende](#) RT [@allyson7minutes](#): A1a(a) – We constantly develop, update, improve, provide new resources in beta model <http://t.co/XZ4vmghH>
#smallbizchat

2012-01-05 1:51 am [CathyWebSavvyPR](#) RT [@JenniferMueller](#): Tonight's **#smallbizchat** w/ [@allyson7minutes](#) this Thursday on [@Smallbizlady's](#) blog: <http://t.co/M5D1C3kI>
#SmallBizChat

2012-01-05 1:51 am [TWOwomenANDaHOE](#) [@MarcREnriquez](#) You're awesome! Thanks! Just got my #android...love it! **#SmallBizChat**

2012-01-05 1:51 am [TaiGoodwin](#) RT [@JenniferMueller](#): Tonight's **#smallbizchat** w/ [@allyson7minutes](#) this Thursday on [@Smallbizlady's](#) blog: <http://t.co/Us7tVZ8W>

2012-01-05 1:51 am [accessbizcap](#) RT [@MsCareerGirl](#): Hope to see some of you **#smallbizchat** folks at #mcgconnect at 8p (CST)! **#SmallBizChat**

2012-01-05 1:51 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): We love online and smart phone apps as well,

ipad version of our PLANNER in dev, can't wait to share!

#smallbizchat

- 2012-01-05 1:51 am [BC Accessories](#) RT [@CathyWebSavvyPR](#): RT [@allyson7minutes](#): A9 goal setting is about focusing your attention to success in biz & in life
#SmallBizChat
- 2012-01-05 1:51 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A11b You can download the first chapter of the book or download the planner w/ no expectation of purchase
#SmallBizChat
- 2012-01-05 1:51 am [allyson7minutes](#) Our PLANNER is called The Daily Progress Report and you can download a truthful taste of it at <http://t.co/jsEzQW5U> **#smallbizchat**
- 2012-01-05 1:51 am [Janice Clark](#) RT [@SweetieBerry](#) The 7 Minute Life PLANNER will be discounted \$5 TONIGHT only for **#Smallbizchat** <http://t.co/WrHeelnu>
#smallbizchat
- 2012-01-05 1:51 am [ZimanaAnalytics](#) RT [@accessbizcap](#): Q11 – DO YOU HAVE TOOLS, FREE MATERIALS OR A PLANNER TO REVIEW FOR SMALL BUSINESSES? **#SmallBizChat**
- 2012-01-05 1:51 am [accessbizcap](#) RT [@allyson7minutes](#): A1a(a) – We constantly develop, update, improve, provide new resources in “no strings attached” model
<http://t.co/jsEzQW5U> **#smallbizchat**
- 2012-01-05 1:51 am [PMXPRT](#) Is the planner in an electronic form? **#SmallBizChat**
- 2012-01-05 1:51 am [SmallBizLady](#) RT [@allyson7minutes](#): The \$5 discount on the PLANNER is available at <http://t.co/YV51G369> **#SmallBizChat**
- 2012-01-05 1:51 am [accessbizcap](#) RT [@allyson7minutes](#): A11(b) – You can download the first chapter of the book or download the planner with no expectation of purchase
#smallbizchat
- 2012-01-05 1:51 am [CathyWebSavvyPR](#) [@CTPevents](#) me too - but I've run into several peeps who are using [@Pinterest](#) for vision boarding **#SmallBizChat**
- 2012-01-05 1:52 am [mentormarketing](#) [@allyson7minutes](#) Do you have an audible version? **#smallbizchat**
- 2012-01-05 1:52 am [allyson7minutes](#) If you'd like to purchase a planner before midnight tonight, there is a \$5 discount making the planner \$9.95 +s/h p1 **#smallbizchat**
- 2012-01-05 1:52 am [KaterinaYTaylor](#) [@allyson7minutes](#) awesome looking forward to reading and using the planner. **#smallbizchat**
- 2012-01-05 1:52 am [GoodiesForGifts](#) [@TWOwomenANDaHOE](#) love your company name and website :)
Just checked it out. **#smallbizchat**
- 2012-01-05 1:52 am [lizwebercmc](#) RT [@SmallBizLady](#): We're always looking for small biz experts to share...Here's how to be a guest on **#Smallbizchat**
<http://t.co/fWCoWYPs> **#SmallBizChat**
- 2012-01-05 1:52 am [ZimanaAnalytics](#) RT [@allyson7minutes](#): The \$5 discount on the PLANNER is available at <http://t.co/tWQatDBg> **#smallbizchat**
- 2012-01-05 1:52 am [allyson7minutes](#) p2 the discount is at <http://t.co/iSHNMWgs> **#smallbizchat**
- 2012-01-05 1:52 am [anniesgoathill](#) RT [@CathyWebSavvyPR](#): RT [@allyson7minutes](#): A11b You can download the first chapter of the book or download the planner w/ no expectation of purchase **#SmallBizChat**
- 2012-01-05 1:52 am [ZimanaAnalytics](#) RT [@jennifermueller](#): Tonight's **#smallbizchat** w/ [@allyson7minutes](#) this Thursday on [@SmallBizLady's](#) blog: <http://t.co/lxnCyDJB>
- 2012-01-05 1:52 am [Janice Clark](#) RT [@TaiGoodwin](#) [@JenniferMueller](#) Tonights **#smallbizchat** w/ [@allyson7minutes](#) this Thurs [@Smallbizlady](#) blog
<http://t.co/vK2lmHAp> **#smallbizchat**
- 2012-01-05 1:52 am [SmallBizLady](#) Q12 – WHAT WOULD YOUR FINAL ADVICE BE FOR SMALL BUSINESS OWNERS SUCH AS YOURSELF? **#SmallBizChat**

2012-01-05 1:52 am [DoriDeCarlo](#) RT [@allyson7minutes](#): Our PLANNER is called The Daily Progress Report U can download a truthful taste at <http://t.co/WgvwMt9l> **#smallbizchat**

2012-01-05 1:53 am [TWOwomenANDaHOE](#) [@GoodiesForGifts](#) Thank you!! **#SmallBizChat**

2012-01-05 1:53 am [NicoleAFende](#) RT [@allyson7minutes](#): If u purchase a planner before midnight tonight, there is a \$5 discount making the planner \$9.95 +s/h p1 **#smallbizchat**

2012-01-05 1:53 am [CTPevents](#) [@CathyWebSavvyPR](#) [@Pinterest](#) Yes i use it for vision boarding as well. I also have my own personal vboard at home. **#smallbizchat**

2012-01-05 1:53 am [allyson7minutes](#) A12 – Take 7 minutes a day to align what your personal, professional and MORE life looks like **#smallbizchat**

2012-01-05 1:53 am [alyssaavant](#) [@CathyWebSavvyPR](#) how does one use pininterest to create a vision board?n **#smallbizchat**

2012-01-05 1:53 am [ipinfocus](#) RT [@allyson7minutes](#): Our PLANNER is called The Daily Progress Report and you can download a truthful taste of it at <http://t.co/jsEzQW5U> **#smallbizchat**

2012-01-05 1:53 am [GoodiesForGifts](#) Gotta run everyone, this was very informative and I look forward to next week. Thanks. **#smallbizchat**

2012-01-05 1:53 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Q12 – WHAT WOULD YOUR FINAL ADVICE BE FOR SMALL BUSINESS OWNERS SUCH AS YOURSELF? **#smallbizchat**

2012-01-05 1:53 am [CathyWebSavvyPR](#) RT [@SmallBizLady](#): Q12 – WHAT WOULD YOUR FINAL ADVICE BE FOR SMALL BUSINESS OWNERS SUCH AS YOURSELF? **#SmallBizChat**

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2012-01-05 1:53 am [allyson7minutes](#) The PLANNER discount can be found at <http://t.co/iSHNMWgs> **#smallbizchat**

2012-01-05 1:53 am [MrJAlabaster](#) RT [@allyson7minutes](#): A12 – Take 7 minutes a day to align what your personal, professional and MORE life looks like **#SmallBizChat**

2012-01-05 1:53 am [alyssaavant](#) [@CTPevents](#) can you show me how you do so? <Vision boarding - pinterest? **#smallbizchat**

2012-01-05 1:54 am [JenniferMueller](#) RT [@allyson7minutes](#): A12 – Take 7 minutes a day to align what your personal, professional and MORE life looks like **#smallbizchat**

2012-01-05 1:54 am [DoriDeCarlo](#) RT [@allyson7minutes](#): A12 – Take 7 minutes a day to align what your personal, professional and MORE life looks like **#smallbizchat**

2012-01-05 1:54 am [TaiGoodwin](#) [@GoodiesForGifts](#) Good night see you next week! **#smallbizchat**

2012-01-05 1:54 am [MarcREnriquez](#) [@TWOwomenANDaHOE](#) Terrific! My phone & tablet are #android. To jot, I whip the phone out then work on the tab later. Seamless. **#smallbizchat**

2012-01-05 1:54 am [Tamira_ONeal](#) RT [@SmallBizLady](#): Get your FREE chapter of Become Your Own Boss in 12 Months: <http://t.co/HJq4AKnN> **#SmallBizChat**

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Report and u can download a taste of it at <http://t.co/r6C21vIb>
#SmallBizChat

- 2012-01-05 1:54 am [allyson7minutes](#) A12(a) – choose to be who you are in 2012, begin with finding out what that means to you **#smallbizchat**
- 2012-01-05 1:54 am [accessbizcap](#) RT [@SmallBizLady](#): RT [@allyson7minutes](#): The \$5 discount on the PLANNER is available at <http://t.co/MjgUPf0o> **#SmallBizChat**
- 2012-01-05 1:54 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): The PLANNER discount can be found at <http://t.co/kwmzmFuj> **#SmallBizChat**
- 2012-01-05 1:54 am [accessbizcap](#) Q12 – WHAT WOULD YOUR FINAL ADVICE BE FOR SMALL BUSINESS OWNERS SUCH AS YOURSELF? **#SmallBizChat**
- 2012-01-05 1:55 am [AnishaRKeelys](#) RT [@allyson7minutes](#): A12–Take 7 minutes a day to align what your personal, professional and MORE life looks like **#smallbizchat**
- 2012-01-05 1:55 am [NicoleAFende](#) [@allyson7minutes](#) Thanks for your heroic efforts to keep up with the super speedy chat tonight. Great stuff! **#smallbizchat**
- 2012-01-05 1:55 am [TWOwomenANDaHOE](#) RT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012, begin with finding out what that means to you **#smallbizchat**
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- 2012-01-05 1:55 am [accessbizcap](#) **#SmallBizChat**
- 2012-01-05 1:55 am [mentormarketing](#) +2012 RT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012, begin with finding out what that means to you. **#smallbizchat**
- 2012-01-05 1:55 am [TaiGoodwin](#) RT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012, begin with finding out what that means to you **#smallbizchat**
- 2012-01-05 1:55 am [PMOAssociation](#) RT MsCareerGirl: Hope to see some of you **#smallbizchat** folks at #mcgconnect at 8p (CST)! **#smallbizchat**
- 2012-01-05 1:55 am [miabes](#) RT [@MrJAlabaster](#): RT [@allyson7minutes](#): A1 – Success is often based on actions that take less than 7 minutes to engage **#smallbizchat** **#SmallBizChat**
- 2012-01-05 1:55 am [MrJAlabaster](#) RT [@allyson7minutes](#): The PLANNER discount can be found at <http://t.co/6zf2iTFz> **#SmallBizChat**
- 2012-01-05 1:55 am [Janice_Clark](#) The 7 Minute Solution is like having a personal & professional coach always at your side! Thx [@Allyson7Minutes!](#) **#smallbizchat**
- 2012-01-05 1:55 am [CathyWebSavvyPR](#) [@alyssaavant](#) Identify what your goals are, the vision U R creating, when U find sites w images that fit, pin them [@pinterest](#)
#SmallBizChat
- 2012-01-05 1:55 am [MarcREnriquez](#) A12 Save your time for its highest, most profitable use. For business, that's #marketing and #sales. -=-] **#smallbizchat**
- 2012-01-05 1:55 am [allyson7minutes](#) The 7 Minute Solution released December 27th, we're so excited to share this book! <http://t.co/iSHNMWgs> **#smallbizchat**
- 2012-01-05 1:55 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012, begin with finding out what that means to you **#SmallBizChat**
- 2012-01-05 1:55 am [KaterinaYTaylor](#) [@MarcREnriquez](#) Great point which is why I'm here, great advice **#smallbizchat**
- 2012-01-05 1:55 am [KrisColeStyle](#) YesRT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012, begin with finding out what that means to you **#smallbizchat**

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- 2012-01-05 1:55 am [SpeakWriteLove](#) RT [@SmallBizLady](#): We're always looking for small biz experts to share...Here's how to be a guest on **#Smallbizchat** <http://t.co/fWCoWYPs> **#SmallBizChat**
- 2012-01-05 1:55 am [WE_Magazine](#) RT [@Janice_Clark](#): The 7 Minute Solution is like having a personal & professional coach always at your side! Thx [@Allyson7Minutes!](#) **#smallbizchat**
- 2012-01-05 1:55 am [DesmondDiz](#) [@SmallBizLady](#) **#SmallBizChat** Whats worked for me is this new traffic generating technique <http://t.co/XQAVZ0m9> all other methods are outdated
- 2012-01-05 1:56 am [Janice_Clark](#) Great chat tonight everyone! I can't always make this time but I'm sure glad I did tonight!! **#smallbizchat**
- 2012-01-05 1:56 am [TaiGoodwin](#) RT [@allyson7minutes](#): Our PLANNER is called The Daily Progress Report and u can download a taste of it at <http://t.co/TODn06Yf> **#smallbizchat**
- 2012-01-05 1:56 am [TWOwomenANDaHOE](#) RT [@MarcREnriquez](#): A12 Save your time for its highest, most profitable use. For business, that's **#marketing** and **#sales**. -=
#SmallBizChat
- 2012-01-05 1:56 am [TaiGoodwin](#) RT [@allyson7minutes](#): The 7 Minute Solution released December 27th, we're so excited to share this book! <http://t.co/Fto3EXpC> **#smallbizchat**
- 2012-01-05 1:56 am [NicoleAFende](#) [@SmallBizLady](#) & [@TaiGoodwin](#) - ladies you've really started off my 2012 in a fantastic way. ****Crowd goes wild**** **#smallbizchat**
- 2012-01-05 1:56 am [DoriDeCarlo](#) RT [@Janice_Clark](#): The 7 Minute Solution is like having a personal & professional coach at your side! Thx [@Allyson7Minutes!](#) **#smallbizchat**
- 2012-01-05 1:56 am [allyson7minutes](#) RT [@Janice_Clark](#): The 7 Minute Solution is like having a personal & professional coach always at your side! Thx **#smallbizchat**
- 2012-01-05 1:56 am [alyssaavant](#) [@CathyWebSavvyPR](#) can I see yours? **#smallbizchat**
- 2012-01-05 1:56 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#): The 7 Minute Solution released December 27th, we're so excited to share this book! <http://t.co/kwmzmFuj> **#SmallBizChat**
- 2012-01-05 1:56 am [allyson7minutes](#) Thank you!RT [@Janice_Clark](#): Great chat tonight everyone! I cant always make this time but Im sure glad I did tonight!! **#smallbizchat**
- 2012-01-05 1:56 am [MarcREnriquez](#) RT [@allyson7minutes](#): Our PLANNER is called The Daily Progress Report and u can download a taste of it at <http://t.co/zWCehR2y> **#smallbizchat**
- 2012-01-05 1:56 am [SmartChoiceLLC1](#) RT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012, begin with finding out what that means to you **#smallbizchat** **#SmallBizChat**
- 2012-01-05 1:56 am [KaterinaYTaylor](#) [@PjsandCoffee](#) [@alyssaavant](#). **#smallbizchat** lol I love it well at least you know what not to do!
- 2012-01-05 1:57 am [CTPevents](#) RT [@NicoleAFende](#): RT [@allyson7minutes](#): If u purchase a planner before midnight tonight, there is a \$5 discount making the planner \$9.95 +s/h p1 **#smallbizchat**
- 2012-01-05 1:57 am [ipinfocus](#) So true! I just changed my biz model to be me. “[@allyson7minutes](#): A12(a) – choose to be who you are in 2012 **#smallbizchat**”
- 2012-01-05 1:57 am [CathyWebSavvyPR](#) [@alyssaavant](#) but...@pinterest boards are public - help hold you accountable? **#SmallBizChat**
- 2012-01-05 1:57 am [accessbizcap](#) RT [@allyson7minutes](#): A12(a) – choose to be who you are in 2012,

begin with finding out what that means to you **#smallbizchat**

2012-01-05 1:57 am [TaapItApp](#) Hi everyone, what'd i miss? **#smallbizchat**

2012-01-05 1:57 am [TWOwomenANDa](#) Can anyone recommend a very simple billing system?
[HOE](#) **#SmallBizChat**

2012-01-05 1:57 am [accessbizcap](#) RT [@allyson7minutes](#): The 7 MInute Solution released December 27th, we're so excited to share this book! <http://t.co/iSHNMWgs>
#smallbizchat

2012-01-05 1:57 am [SweetieBerry](#) **#Smallbizchat** is a weekly chat that meets at 8 pm et with [@TaiGoodwin](#) and [@SmallBizLady](#) as hostesses.

2012-01-05 1:57 am [SmallBizLady](#) Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**

2012-01-05 1:57 am [FUSEPrinting](#) RT [@allyson7minutes](#) Take 7 minutes a day to align what your personal, professional and MORE life looks like **#smallbizchatA12**
#SmallBizChat

2012-01-05 1:57 am [DoriDeCarlo](#) Thanks [@SmallBizLady](#) [@TaiGoodwin](#) [@SweetieBerry](#) and, of course [@Allyson7minutes](#) for a great chat tonight! **#smallbizchat**

2012-01-05 1:57 am [MarcREnriquez](#) [@allyson7minutes](#) you've done a terrific job tonight. -=]
#smallbizchat

2012-01-05 1:57 am [TaiGoodwin](#) [@allyson7minutes](#) GREAT insights tonight Allyson. Looking forward to the book, planner, and app - Stay Brilliant! **#smallbizchat**

2012-01-05 1:57 am [SmallBizLady](#) Special thanks to Allyson Lewis check out her new book The 7 Minute Solution. I just love it! <http://t.co/YV51G369> **#SmallBizChat**

2012-01-05 1:57 am [SweetieBerry](#) To follow up tonight's chat tomorrow on [@SmallBizLady's](#) blog we'll be posting from [@Allyson7Minutes](#) **#SmallbizChat**

2012-01-05 1:58 am [SmallBizLady](#) Roll call, who's on **@Smallbizchat** tonight? Give me your best 140-character commercial. **#SmallBizChat**

2012-01-05 1:58 am [SweetieBerry](#) RT [@AngEngland](#): [@allyson7minutes](#) [@SweetieBerry](#) Thank you! :-)
#smallbizchat/ you rawk my friend...

2012-01-05 1:58 am [TWOwomenANDa](#) RT [@SweetieBerry](#): **#Smallbizchat** is a weekly chat that meets at 8 pm et with [@TaiGoodwin](#) and [@SmallBizLady](#) as hostesses.
[HOE](#) **#SmallBizChat**

2012-01-05 1:58 am [PMXPRT](#) [@allyson7minutes](#) Thank you **#SmallBizChat**

2012-01-05 1:58 am [Janice_Clark](#) RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#smallbizchat**

2012-01-05 1:58 am [DoriDeCarlo](#) RT [@allyson7minutes](#): The 7 MInute Solution released December 27th, were so excited to share this book! <http://t.co/we4ERqAj>
#smallbizchat

2012-01-05 1:58 am [JanWatsonHastie](#) RT [@ValaAfshar](#): Constancy to purpose is key to productive. What is your business 'north star?' **#smallbizchat**

2012-01-05 1:58 am [Janice_Clark](#) RT [@DoriDeCarlo](#): Thanks [@SmallBizLady](#) [@TaiGoodwin](#) [@SweetieBerry](#) and, of course [@Allyson7minutes](#) for a great chat tonight! **#smallbizchat**

2012-01-05 1:58 am [accessbizcap](#) RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**

2012-01-05 1:58 am [MarcREnriquez](#) Thanks again [@SmallBizLady](#) [@TaiGoodwin](#) [@allyson7minutes](#) for a terrific **#smallbizchat!**

2012-01-05 1:58 am [TaiGoodwin](#) [@TaapItApp](#) LOL! You missed everything - you can catch it on the transcript though! **#smallbizchat**

2012-01-05 1:58 am [BC_Accessories](#) Hey followers, check these ladies out or follow them for great **#SmallBizChat** [@SmallBizLady](#) also meet [@CathyWebSavvyPR](#)

2012-01-05 1:58 am [Glnker](#) [@allyson7minutes](#)
RT [@SmallBizLady](#): Special thanks to Allyson Lewis check out her new book The 7 Minute Solution. I just love it! <http://t.co/YV51G369> **#SmallBizChat**

2012-01-05 1:58 am [SmallBizLady](#) Tomorrow get the full interview with Allyson Lewis [@Allyson7minutes](#) <http://t.co/nk51tp18> **#SmallBizChat**

2012-01-05 1:58 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#smallbizchat**

2012-01-05 1:58 am [TWOwomenANDaHOE](#) [@SmallBizLady](#) The Fine Art of Soul to Soil! **#SmallBizChat**

2012-01-05 1:58 am [mentormarketing](#) Pitch: I provide a comprehensive resource for business professionals who want to learn more about online marketing channels **#smallbizchat**

2012-01-05 1:58 am [anniesgoathill](#) RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**

2012-01-05 1:59 am [TaiGoodwin](#) Special thanks to Allyson Lewis check out her new book The 7 Minute Solution. I just love it! <http://t.co/Fto3EXpC> **#smallbizchat**

2012-01-05 1:59 am [SmallBizLady](#) Was this interview helpful? Join us every Wednesday 8-9p ET follow [@SmallBizChat](#) on Twitter for info. **#SmallBizChat**

2012-01-05 1:59 am [MrJAlabaster](#) TY b/c I need that RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small biz **#SmallBizChat**

2012-01-05 1:59 am [TaiGoodwin](#) RT [@SmallBizLady](#): Roll call, who's on [@Smallbizchat](#) tonight? Give me your best 140-character commercial. **#smallbizchat**

2012-01-05 1:59 am [TWOwomenANDaHOE](#) RT [@SmallBizLady](#): Tomorrow get the full interview with Allyson Lewis [@Allyson7minutes](#) <http://t.co/aujc3btS> **#SmallBizChat**

2012-01-05 1:59 am [DoriDeCarlo](#) RT [@SmallBizLady](#): Tomorrow get the full interview with Allyson Lewis [@Allyson7minutes](#) <http://t.co/BeD8Wblg> **#smallbizchat**

2012-01-05 1:59 am [NicoleAFende](#) What kind of billing do u do? B2B / C? E / Paper...RT [@TWOwomenANDaHOE](#): Can anyone recommend a very simple billing system? **#smallbizchat**

2012-01-05 1:59 am [DustKingA1](#) "@SmallBizLady: Q12 – WHAT WOULD YOUR FINAL ADVICE BE FOR SMALL BUSINESS OWNERS SUCH AS YOURSELF? **#SmallBizChat**" HIRING

2012-01-05 1:59 am [SmartChoiceLLC1](#) We are Georgia's Bookkeeping Expert. You can't go wrong when going with the SMART CHOICE! **#SmallBizChat**

2012-01-05 1:59 am [TaiGoodwin](#) RT [@DoriDeCarlo](#): RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business

2012-01-05 1:59 am [SmallBizLady](#) Thank you to my co-host Social Media Strategist and Launch While Working advocate [@TaiGoodwin](#) **#SmallBizChat**

2012-01-05 1:59 am [Janice_Clark](#) RT [@SmallBizLady](#): Tomorrow get the full interview with Allyson Lewis [@Allyson7minutes](#) <http://t.co/jzPucTpg> **#smallbizchat**

2012-01-05 1:59 am [MarcREnriquez](#) [@KaterinaYTaylor](#) Terrific! Let me know if there are any specific **#marketing** pointers you're looking for. **#smallbizchat**

2012-01-05 1:59 am [BC_Accessories](#) RT [@CathyWebSavvyPR](#): [@BC_Accessories](#) join us on **#smallbizchat**: here's the link - jump in... <http://t.co/ibZi71VW>

2012-01-05 1:59 am [accessbizcap](#) RT [@SmallBizLady](#): Tomorrow get the full interview with Allyson Lewis [@Allyson7minutes](#) <http://t.co/DxyvYyJq> **#SmallBizChat**

2012-01-05 1:59 am [SweetSadieMarie](#) RT [@SweetieBerry](#): To follow up tonight's chat tomorrow on [@SmallBizLady's](#) blog we'll be posting from [@Allyson7Minutes](#)

#SmallbizChat

- 2012-01-05 1:59 am [SmallBizLady](#) The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss. **#SmallBizChat**
- 2012-01-05 1:59 am [ZimanaAnalytics](#) RT [@smallbizlady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**
- 2012-01-05 1:59 am [TWOwomenANDa HOE](#) [@NicoleAFende](#) Client billing **#SmallBizChat**
- 2012-01-05 2:00 am [KrisColeStyle](#) We make your business or personal image shine from the inside out. Image, purpose and credibility is everything! **#SmallBizChat**
- 2012-01-05 2:00 am [BlogKingGuy](#) RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**
- 2012-01-05 2:00 am [TWOwomenANDa HOE](#) RT [@SmallBizLady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss. **#SmallBizChat**
- 2012-01-05 2:00 am [roaddoggz](#) RT [@SmallBizLady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss. **#SmallBizChat**
- 2012-01-05 2:00 am [SarahLCook](#) Finally -- [@Starbucks](#) and WiFi! I'll have to enjoy the replay later... **#smallbizchat**
- 2012-01-05 2:00 am [WE_Magazine](#) **#SmallBizChat** - WE Magazine for Women: Inspiring Women in Business and in Life!
- 2012-01-05 2:00 am [ZimanaAnalytics](#) RT [@sweetieberry](#): To follow up tonight's chat tomorrow on [@SmallBizLady's](#) blog we'll be posting from [@Allyson7Minutes](#) **#SmallbizChat**
- 2012-01-05 2:00 am [stevenkmoyer](#) We provide great resources for small businesses, take a peek after **#smallbizchat** <http://t.co/RVxXaCdv>
- 2012-01-05 2:00 am [MarcREnriquez](#) I help u answer ur prospects' new most imp! question: "Why can't I afford NOT to do business w/ you?" #marketing **#smallbizchat**
- 2012-01-05 2:00 am [SmallBizLady](#) Up next week >> **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**
- 2012-01-05 2:00 am [Janice_Clark](#) RT [@SweetieBerry](#): To follow up tonights chat tomorrow on [@SmallBizLadys](#) blog well be posting from [@Allyson7Minutes](#) **#smallbizchat**
- 2012-01-05 2:00 am [CTPEvents](#) RT [@TaiGoodwin](#): RT [@DoriDeCarlo](#): RT [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small businest
- 2012-01-05 2:00 am [accessbizcap](#) [@SmallBizLady](#) [@allyson7minutes](#) Thanks for your time and the useful information shared tonight. **#SmallBizChat**
- 2012-01-05 2:00 am [Attorney2Be](#) RT [@SweetieBerry](#): **#SmallBizChat** folks...we've got a \$5 discount for you on [@Allyson7Minutes](#) Planner at <http://t.co/naT4iTpU> !!
- 2012-01-05 2:00 am [allyson7minutes](#) Thank you so much to [@TaiGoodwin](#) and [@SmallBizLady](#) for inviting me tonight to be with the community, y'all RAWK! **#smallbizchat**
- 2012-01-05 2:00 am [SarahLCook](#) RT [@SmallBizLady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss/ YEAH! **#smallbizchat**
- 2012-01-05 2:00 am [allyson7minutes](#) RT [@WE_Magazine](#): **#SmallBizChat** - WE Magazine for Women: Inspiring Women in Business and in Life! **#smallbizchat**
- 2012-01-05 2:00 am [allyson7minutes](#) RT [@SmallBizLady](#): Up next week >> **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#smallbizchat**
- 2012-01-05 2:01 am [TaiGoodwin](#) Pitch: You don't have to quit your day job to launch your business -

2012-01-05 2:01 am [TWOwomenANDaHOE](#) Grab the Blueprint >> <http://t.co/iTmPNhep> **#smallbizchat**
[@WE_Magazine](#) Love that! **#SmallBizChat**

2012-01-05 2:01 am [SarahLCook](#) RT [@SweetieBerry](#): To follow up tonights chat tomorrow on [@SmallBizLadys](#) blog well be posting from [@Allyson7Minutes](#)
#smallbizchat

2012-01-05 2:01 am [DoriDeCarlo](#) [@TaiGoodwin](#): Dori DeCarlo President of Safety First Bags and host of Word of Mom on BlogTalkRadio. **#smallbizchat**

2012-01-05 2:01 am [allyson7minutes](#) My elevator pitch: I help people create a life with meaning 7 Minutes at a time! #just7 **#smallbizchat**

2012-01-05 2:01 am [TaiGoodwin](#) RT [@accessbizcap](#): [@SmallBizLady](#) [@allyson7minutes](#) Thanks for your time and the useful information shared tonight. **#smallbizchat**

2012-01-05 2:01 am [Janice_Clark](#) RT [@SmallBizLady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss
#smallbizchat

2012-01-05 2:01 am [SarahLCook](#) RT [@SweetieBerry](#): **#SmallBizChat** folks...weve got a \$5 discount for you on [@Allyson7Minutes](#) Planner at <http://t.co/D2eoqjkt> !!
#smallbizchat

2012-01-05 2:01 am [NicoleAFende](#) [@TWOwomenANDaHOE](#) Is it invoiced in advance, or after services / items delivered? In parts? Net 30? **#smallbizchat**

2012-01-05 2:01 am [ZimanaAnalytics](#) RT [@smallbizlady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss.
#SmallBizChat

2012-01-05 2:01 am [allyson7minutes](#) RT [@allyson7minutes](#): RT [@SmallBizLady](#): Up next week >> **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your sm bus. **#smallbizchat**

2012-01-05 2:01 am [FUSEPrinting](#) [@TWOwomenANDaHOE](#) Quicken if you want on your computer. Google has some free apps if you don't mind accounting being offsite
#SmallBizChat

2012-01-05 2:01 am [TWOwomenANDaHOE](#) RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! #just7 **#smallbizchat**
#SmallBizChat

2012-01-05 2:02 am [TaiGoodwin](#) Looking forward to hanging out with [@KimBeasley](#) on how to use Google + the grow your small business **#smallbizchat**

2012-01-05 2:02 am [CathyWebSavvyPR](#) RT [@allyson7minutes](#) The 7 Minute Solution rels'd December 27th, we're so excited to share this book! <http://t.co/kwmzmFuj>
#SmallBizChat

2012-01-05 2:02 am [Janice_Clark](#) RT [@DoriDeCarlo](#): [@TaiGoodwin](#): Dori DeCarlo President of Safety First Bags and host of Word of Mom on BlogTalkRadio
#smallbizchat

2012-01-05 2:02 am [SuccessAgency](#) RT [@smallbizlady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss.
#SmallBizChat

2012-01-05 2:02 am [SarahLCook](#) RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! #just7 **#smallbizchat**

2012-01-05 2:02 am [Janice_Clark](#) RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! #just7 **#smallbizchat**

2012-01-05 2:02 am [garretmeikle](#) [@allyson7minutes](#) [@taigoodwin](#) [@smallbizlady](#) **#SmallBizChat** thank you for allowing me to participate in the session. Great group of people.

2012-01-05 2:02 am [CathyWebSavvyP](#) FYI Twitter has just posted that some twitter apps are experiencing delays - they are working on issue **#SmallBizChat**

2012-01-05 2:02 am [allyson7minutes](#) If you'd like to share your 2012 MORE statements we'd love to highlight them at <http://t.co/rw7wZ3LY> **#smallbizchat**

2012-01-05 2:02 am [TWOwomenANDa](#) [@NicoleAFende](#) After landscape/garden services. **#SmallBizChat**

2012-01-05 2:02 am [HOE](#)

2012-01-05 2:02 am [CTPevents](#) RT [@TWOwomenANDaHOE](#): RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! **#just7 #smallbizchat #SmallBizChat**

2012-01-05 2:02 am [GirlfriendGroup](#) "@TaiGoodwin: Pitch: You don't have to quit your day job to launch your business - Grab the Blueprint >> <http://t.co/ZyGIMznU> **#smallbizchat**"

2012-01-05 2:02 am [NicoleAFende](#) Good night everyone! See you next week. **#smallbizchat**

2012-01-05 2:02 am [CTPevents](#) RT [@ZimanaAnalytics](#): RT [@smallbizlady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss. **#SmallBizChat**

2012-01-05 2:02 am [CathyWebSavvyP](#) RT [@SmallBizLady](#): Up next week >> **#smallbizchat @KimBeasley** on how to use Google + the grow your sm bus **#SmallBizChat**

2012-01-05 2:02 am [KaterinaYTaylor](#) RT very true i luv vision boards "@alyssaavant: [@CTPevents](#) can you show me how you do so? <Vision boarding - pinterest? **#smallbizchat**"

2012-01-05 2:02 am [SmartChoiceLLC1](#) RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! **#just7 #smallbizchat #SmallBizChat**

2012-01-05 2:02 am [TWOwomenANDa](#) [@NicoleAFende](#) Net 15 **#SmallBizChat**

2012-01-05 2:02 am [HOE](#)

2012-01-05 2:02 am [mentormarketing](#) [@TaiGoodwin](#) Are we gonna use a hangout? **#smallbizchat**

2012-01-05 2:02 am [CathyWebSavvyP](#) RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! **#just7 #SmallBizChat**

2012-01-05 2:03 am [R](#)

2012-01-05 2:03 am [SmallBizLady](#) [@AngEngland](#) You are our final winner tonight for a book. Please DM me your address. **#SmallBizChat**

2012-01-05 2:03 am [TaiGoodwin](#) [@garretmeikle](#) Thanks for being part of the conversation! Come back when you can! **#smallbizchat**

2012-01-05 2:03 am [SmartChoiceLLC1](#) Will be tuning in next week to **#SmallBizChat**

2012-01-05 2:03 am [SweetieBerry](#) **#SmallBizChat** I cultivate projects that empower people, as strategist for people such as [@SmallBizLady](#) **#SBLteam**

2012-01-05 2:03 am [WE Magazine](#) [@TWOwomenANDaHOE](#) Thank you! I am enjoying the **#smallbizchat**... my first time "playing" meeting great people!

2012-01-05 2:03 am [DoriDeCarlo](#) RT [@allyson7minutes](#) A12) A12 – Take 7 minutes a day to align what your personal, professional and MORE life looks like **#smallbizchat**

2012-01-05 2:03 am [TaiGoodwin](#) RT [@allyson7minutes](#): If you'd like to share your 2012 MORE statements we'd love to highlight them at <http://t.co/zBqtPmCz> **#smallbizchat**

2012-01-05 2:03 am [TWOwomenANDa](#) Good night! Thanks for another great evening! **#SmallBizChat**

2012-01-05 2:03 am [HOE](#)

2012-01-05 2:03 am [WE Magazine](#) RT [@SarahLCook](#): RT [@SmallBizLady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss/ YEAH! **#smallbizchat**

2012-01-05 2:04 am [SweetieBerry](#) **#smallbizchat** Thank you to [@SweetSadiemarie](#) [@JAnice_Clark](#) [@DoriDeCarlo](#) [@LollyDaskal](#) for being with us tonight

2012-01-05 2:04 am [MarcREnriquez](#) [@NicoleAFende](#) Good night, Numbers Whisperer! **#smallbizchat**

2012-01-05 2:04 am [TaiGoodwin](#) RT [@SmallBizLady](#): [@AngEngland](#) You are our final winner tonight for a book. >>WOOHOO! **#smallbizchat**

2012-01-05 2:04 am [SmartChoiceLLC1](#) [@KaterinaYTaylor](#) I love vision boards as well. I have my 2012 in my office! **#SmallBizChat**

2012-01-05 2:04 am [ZimanaAnalytics](#) [@Allyson7Minutes](#) Thank you for your Q & A **#smallbizchat**. The tips really rethink how to keep biz chaos at bay.

2012-01-05 2:04 am [CTPevents](#) [@KaterinaYTaylor](#) Do you mean my vision board at home or on pinterest? **#smallbizchat**

2012-01-05 2:04 am [TWOwomenANDaHOE](#) [@WE_Magazine](#) Always great info shared here! **#SmallBizChat**

2012-01-05 2:04 am [DoriDeCarlo](#) Good for you [@AngEnland](#) - good night everyone! Thanks again for a great tweetchat! **#smallbizchat**

2012-01-05 2:04 am [WE_Magazine](#) RT [@SweetieBerry](#): **#SmallBizChat** I cultivate projects that empower people, as strategist for people such as [@SmallBizLady](#) #SBLteam

2012-01-05 2:04 am [KrisColeStyle](#) [@smallBizLady](#) I make it look good so u can feel good about it! :) **#SmallBizChat**

2012-01-05 2:04 am [DoriDeCarlo](#) RT [@SweetieBerry](#): I cultivate projects that empower people, as strategist for people such as [@SmallBizLady](#) #SBLteam **#smallbizchat**

2012-01-05 2:04 am [SarahLCook](#) RT [@TaiGoodwin](#): RT [@SmallBizLady](#): [@AngEngland](#) You are our final winner tonight for a book. >>WOOHOO! <== Yeah YOU!! **#smallbizchat**

2012-01-05 2:05 am [SmallBizLady](#) Thank you all for helping me kickoff the 2012 season of **#Smallbizchat** You guys rock! **#SmallBizChat**

2012-01-05 2:05 am [WE_Magazine](#) RT [@GirlfriendGroup](#): "@TaiGoodwin: Pitch: You don't have to quit your day job to launch your business - Grab the Blueprint >> <http://t.co/ZyGIMznU> **#smallbizchat**"

2012-01-05 2:05 am [Janice_Clark](#) I'm commercial free tonight! :) But I'm always open to connecting w/ other entrepreneurs. Follow me & say hi! **#smallbizchat**

2012-01-05 2:05 am [KaiSpeaks](#) RT [@msbostwick](#): Q8. It keeps you on track and focused on how you are using your time. **#smallbizchat**

2012-01-05 2:05 am [MarcREnriquez](#) [@TWOwomenANDaHOE](#) Thanks for the RT again, and LOVE your name... hahah it all made sense when I read you're in #landscaping **#smallbizchat**

2012-01-05 2:05 am [TaiGoodwin](#) [@mentormarketing](#) Not for **#smallbizchat**

2012-01-05 2:05 am [CathyWebSavvyPR](#) My Pitch: I am a Social Media Coach 4 small biz owners; I make this stuff Easy for you to get results **#SmallBizChat**

2012-01-05 2:05 am [Janice_Clark](#) RT [@SmallBizLady](#): Thank you all for helping me kickoff the 2012 season of **#Smallbizchat** You guys rock! **#smallbizchat**

2012-01-05 2:05 am [MarcREnriquez](#) Congratulations [@AngEngland!](#) **#smallbizchat**

2012-01-05 2:05 am [KaterinaYTaylor](#) RT "@TWOwomenANDaHOE: Good night! Thanks for another great evening! **#SmallBizChat**" this has been great my first tweet chat!

2012-01-05 2:05 am [ZimanaAnalytics](#) My pitch - marketing optimization - I manage and analyze web analytics for small biz - making your online marketing gr8 **#smallbizchat**

2012-01-05 2:05 am [TaiGoodwin](#) [@Janice_Clark](#) >>Hi! **#smallbizchat**

2012-01-05 2:05 am [BC_Accessories](#) RT [@SmallBizLady](#): Thank you all for helping me kickoff the 2012 season of **#Smallbizchat** You guys rock! **#SmallBizChat**

2012-01-05 2:06 am [SarahLCook](#) Have a flat out amazing night everyone! Thanks to the **#smallbizchat**

community, #SBLteam, [@SmallBizLady](#) & [@Allyson7minutes!](#)
#smallbizchat

- 2012-01-05 2:06 am [Janice Clark](#) RT [@SmallBizLady](#): [@AngEngland](#) You are our final winner tonight for a book - Congratulations!!! **#smallbizchat**
- 2012-01-05 2:06 am [garretmeikle](#) “[@TaiGoodwin](#): [@garretmeikle](#) Thanks for being part of the conversation! Come back when you can! **#smallbizchat**”
”nn#GreatlyAppreciated thanks!
- 2012-01-05 2:06 am [Janice Clark](#) [@TaiGoodwin](#) Hi! It's great to meet you!!n **#smallbizchat**
- 2012-01-05 2:06 am [SmartChoiceLLC1](#) My Pitch: I am Georgia's Bookkeeping Expert. You can't go wrong by going with the SMART CHOICE! **#SmallBizChat**
- 2012-01-05 2:06 am [allyson7minutes](#) Thank you to everyone for being here, you all just made it so much fun! **#smallbizchat**
- 2012-01-05 2:06 am [allyson7minutes](#) RT [@Janice Clark](#): RT [@SmallBizLady](#): [@AngEngland](#) You are our final winner tonight for a book - Congratulations!!! **#smallbizchat**
- 2012-01-05 2:06 am [Cammie Baby](#) RT [@SmallBizLady](#): You can download the FREE tools & Chapter 1 of The 7 Minute Solution Book at <http://t.co/YV51G369> **#smallbizchat**
#SmallBizChat
- 2012-01-05 2:06 am [TaiGoodwin](#) RT [@ZimanaAnalytics](#): I manage and analyze web analytics for small biz - making your online marketing gr8 **#smallbizchat**
- 2012-01-05 2:07 am [MarcREnriquez](#) I help u answer ur prospects' new most important Q: "Why can't I afford NOT to do business w/ u?" #marketing #advisor **#smallbizchat**
- 2012-01-05 2:07 am [allyson7minutes](#) [@SweetieBerry](#) speaks so highly of both of you! RT [@Janice Clark](#): [@TaiGoodwin](#) Hi! Its great to meet you!! **#smallbizchat**
- 2012-01-05 2:07 am [TaiGoodwin](#) [@Janice Clark](#) Same here - thanks for hanging out with us tonight! **#smallbizchat**
- 2012-01-05 2:07 am [KaterinaYTaylor](#) RT “[@SmallBizLady](#): Thank you all for helping me kickoff the 2012 season of **#Smallbizchat** You guys rock! **#SmallBizChat**”
- 2012-01-05 2:07 am [BC Accessories](#) It was a great **#SmallBizChat** with [@SmallBizLady](#) -wishing you a great year!!! Best Big 2012
- 2012-01-05 2:07 am [MarcREnriquez](#) RT [@ZimanaAnalytics](#): I manage and analyze web analytics for small biz - making your online marketing gr8 **#smallbizchat**
- 2012-01-05 2:07 am [TaiGoodwin](#) RT [@SmartChoiceLLC1](#): My Pitch: I am Georgia's Bookkeeping Expert. You can't go wrong by going with the SMART CHOICE! **#smallbizchat**
- 2012-01-05 2:07 am [Tamira ONeal](#) :[@BusinessWoman-INDEED](#): RT [@SmallBizLady](#): Get your FREE chapter of Become Your Own Boss in 12 Months: <http://t.co/tDTpvY0d> **#SmallBizChat**
- 2012-01-05 2:07 am [AngEngland](#) [@smallbizlady](#) Wow! Thanks! :-)
#smallbizchat
- 2012-01-05 2:08 am [CathyWebSavvyPR](#) [@allyson7minutes](#) Great chat tonight - I'll have to check out your book: <http://t.co/qdCT2t3z> **#SmallBizChat**
- 2012-01-05 2:08 am [SmartChoiceLLC1](#) New to the chat but it was nice to join and very informative. **#SmallBizChat**
- 2012-01-05 2:08 am [WE Magazine](#) [@handsdance](#) I think its [@kimbeasley](#) next week on **#SmallbizChat** whoohooo... she's the best!
- 2012-01-05 2:08 am [accessbizcap](#) [@allyson7minutes](#) You are welcome! Thanks for attending and sharing some really great info...**#SmallBizChat**
- 2012-01-05 2:08 am [accessbizcap](#) RT [@allyson7minutes](#): My elevator pitch: I help people create a life with meaning 7 Minutes at a time! #just7 **#smallbizchat**
- 2012-01-05 2:09 am [MarcREnriquez](#) Btw, look up "PocketMod" on Google for a cool origami planner making project. Takes 2 minutes to make one. **#smallbizchat**

2012-01-05 2:09 am [mentormarketing](#) book ordered, Best of luck to you all in the New Year. **#smallbizchat**

2012-01-05 2:09 am [CTPevents](#) [@SmallBizLady](#) Loved it **#smallbizchat**. There is a lot of good things in the air for 2012

2012-01-05 2:09 am [SmartChoiceLLC1](#) Great job! [@TaiGoodwin](#), [@allyson7minutes](#) and [@SmallBizLady](#) **#SmallBizChat**

2012-01-05 2:09 am [MarcREnriquez](#) Thank U! RT [@SmallBizLady](#): Thank you all for helping me kickoff the 2012 season of **#Smallbizchat** You guys rock! **#SmallBizChat #smallbizchat**

2012-01-05 2:09 am [YHarrisJackson](#) RT [@SmallBizLady](#): The mission of **#Smallbizchat** is to end small business failure by helping you succeed as your own boss. **#SmallBizChat**

2012-01-05 2:09 am [WE_Magazine](#) Ladies if you would like to be interviewed for our Women in Business Channel, go to <http://t.co/Pa3gdIDT> **#SmallBizchat**

2012-01-05 2:10 am [GoodiesForGifts](#) Nice to meet [@mommysurvivor](#) [@alyssaavant](#) [@pjsandcoffee](#) [@TWOwomenANDaHoe](#) and everyone else on **#smallbizchat!**

2012-01-05 2:11 am [KaterinaYTaylor](#) My pitch: I teach financial literacy to student [@Smartkidzmoney](#) **#SmallBizChat**

2012-01-05 2:11 am [MarcREnriquez](#) Really appreciate all the new connections tonight - I've followed back and look forward to deepening that connection. **#smallbizchat**

2012-01-05 2:11 am [FUSEPrinting](#) [@KaterinaYTaylor](#) It took me a few minutes to figure out how **#Smallbizchat** works, but once I got it, it was cool. I'll be back next week.

2012-01-05 2:11 am [SmartChoiceLLC1](#) [@WE_Magazine](#): Would love too! **#SmallBizChat**

2012-01-05 2:11 am [MsBostwick](#) [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business. Great! I'm curious!

2012-01-05 2:11 am [CathyWebSavvyPR](#) RT [@WE_Magazine](#): **#SmallBizChat** - WE Magazine for Women: Inspiring Women in Business and in Life!

2012-01-05 2:12 am [TWOwomenANDaHOE](#) Thanks [@MommySurvivor](#) [@alyssaavant](#) [@PjsandCoffee](#) [@GoodiesForGifts](#) and everyone else on **#smallbizchat!**

2012-01-05 2:12 am [MarcREnriquez](#) RT [@KaterinaYTaylor](#): My pitch: I teach financial literacy to students [@Smartkidzmoney](#) **#smallbizchat**

2012-01-05 2:12 am [raisincanearts](#) RT [@MsBostwick](#): [@SmallBizLady](#): Next week on **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business. Great! I'm curious!

2012-01-05 2:12 am [MarcREnriquez](#) [@FUSEPrinting](#) Glad you enjoyed it, Stuart! **#smallbizchat**

2012-01-05 2:12 am [CareerTips2Go](#) Gr8 to see mention of [@WE_Magazine](#) here Jan. RT [@TWOwomenANDaHOE](#) >>Always great info shared here! **#SmallBizChat**

2012-01-05 2:13 am [TWOwomenANDaHOE](#) [@marcrenriquez](#) Thank you, Marc! I appreciate your help! **#smallbizchat**

2012-01-05 2:13 am [CathyWebSavvyPR](#) [@FUSEPrinting](#) thx 4 the follow - you can try [@tweetchat](#) for simpler chat program, but [@tweetgrid](#) rocks once U get used 2 it **#SmallBizChat**

2012-01-05 2:13 am [MarcREnriquez](#) Good night, all! **#smallbizchat**

2012-01-05 2:13 am [Karen_Bain](#) RT [@SmallBizLady](#): Thank you all for helping me kickoff the 2012 season of **#Smallbizchat** You guys rock! **#SmallBizChat**

2012-01-05 2:14 am [Karen_Bain](#) RT [@SmallBizLady](#): Up next week >> **#smallbizchat** [@KimBeasley](#) on how to use Google + the grow your small business **#SmallBizChat**

2012-01-05 2:14 am [AngEngland](#) [@allyson7minutes](#) Thanks! I just signed up for your site and

resources - very interesting looking! **#smallbizchat**

2012-01-05 2:16 am [ZimanaAnalytics](#) [@SmallBizLady](#) [@SweetieBerry](#) [@TaiGoodwin](#) great 1st **#smallbizchat** for 2012! Thank you for having [@Allyson7Minutes](#) #nyc #brooklyn #chicago

2012-01-05 2:16 am [alyssaavant](#) [@cathywebsavvypr](#) taking care of following some new peeps I met tonight at the **#smallbizchat**

2012-01-05 2:17 am [SmartChoiceLLC1](#) [@Goodiesforgifts](#) Yes ma'am. :o) **#Smallbizchat**

2012-01-05 2:17 am [nextdoormktg](#) Automated billing? RT [@twowomenandahoe](#): Can anyone recommend a very simple billing system? **#SmallBizChat**

2012-01-05 2:17 am [gaylelemmon](#) Lk fwd 2 checking it out! "@WE_Magazine: **#SmallBizChat** - WE Magazine for Women: Inspiring Women in Business and in Life!"

2012-01-05 2:18 am [TWOwomenANDaHOE](#) LOVE **#smallbizchat** ☺☺☺

2012-01-05 2:19 am [MsBostwick](#) **#smallbizchat** I help single mompreneurs transition from full time employee to full time entrepreneur with my Exit Strategy. #singlemomrev

2012-01-05 2:19 am [alyssaavant](#) [@sweetieberry](#) awesome **#smallbizchat** tonight!

2012-01-05 2:20 am [SmartChoiceLLC1](#) Enjoyed the chat on **#Smallbizchat**. Now back to work before going to bed.

2012-01-05 2:23 am [SweetieBerry](#) RT [@alyssaavant](#): [@sweetieberry](#) awesome **#smallbizchat** tonight! thanks [@SmallBizLady](#) and [@TaiGoodwin](#) RAWK

2012-01-05 2:25 am [TaapltApp](#) [@TaiGoodwin](#) **#smallbizchat** Thank you. I'm having a look right now :(look forward to see next week chat!

2012-01-05 2:25 am [CathyWebSavvyPR](#) [@pamperry](#) we were talking about [@pinterest](#) and helping her find my pages/boards there **#SmallBizChat**

2012-01-05 2:27 am [allyson7minutes](#) [@LollyDaskal...](#) I want you to know how impressed and honored I was to have you at the **#SmallBizChat** tonight...your #Leadfromwithin is fab!

2012-01-05 2:31 am [MommySurvivor](#) RT [@CathyWebSavvyPR](#): My Pitch: I am a Social Media Coach 4 small biz owners; I make this stuff Easy for you to get results **#SmallBizChat**

2012-01-05 2:33 am [MsBostwick](#) [@AnacostiaYogi](#) Thanks for the RT during the **#smallbizchat**

2012-01-05 2:34 am [PjsandCoffee](#) A White Paper ~ Social Media & The Family Business <http://t.co/23QpTCy1> #socialmedia **#smallbizchat** #smallbiz #in

2012-01-05 2:35 am [MsBostwick](#) [@SweetSadieMarie](#) Thanks for the RT during **#smallbizchat**

2012-01-05 2:36 am [PjsandCoffee](#) You too! RT [@twowomenandahoe](#): Thanks [@MommySurvivor](#) [@alyssaavant](#) [@PjsandCoffee](#) [@GoodiesForGifts](#) and everyone else on **#smallbizchat**!

2012-01-05 2:36 am [PjsandCoffee](#) Good times! RT [@goodiesforgifts](#): Nice to meet [@MommySurvivor](#) [@alyssaavant](#) [@PjsandCoffee](#) [@TWOwomenANDaHOE](#) and everyone else on **#smallbizchat**!

2012-01-05 2:41 am [dizzycatdesign](#) Ladies, WE Magazine wants to interview WOMEN BUSINESS OWNERS <http://t.co/bouNo2Qx> **#SmallBizchat** via [@WE_Magazine](#)

2012-01-05 2:43 am [dizzycatdesign](#) Great advice! "Treat employees like your best customers." via [@ValaAfshar](#) **#smallbizchat**

2012-01-05 2:44 am [jsg1818](#) RT [@The7MinuteLife](#) Download FREE member tools and 1st Chapter at <http://t.co/DjkG4EOX> **#smallbizchat**

2012-01-05 2:45 am [jsg1818](#) [@SmallBizLady](#) Hi guys! Just wanted to show my support for [@The7MinuteLife](#) [@allyson7minutes](#) & **#SmallBizChat**

2012-01-05 2:45 am [jsg1818](#) Tomorrow get the full interview with Allyson Lewis [@Allyson7minutes](#)

2012-01-05 2:45 am [jsg1818](#) <http://t.co/HzMzYB6o> #SmallBizChat
RT @SmallBizLady: Special thanks to Allyson Lewis check out her new book The 7 Minute Solution. I just love it! <http://t.co/YV51G369> #SmallBizChat

2012-01-05 2:46 am [jsg1818](#) RT @allyson7minutes: Our PLANNER is called The Daily Progress Report and u can download a taste of it at <http://t.co/MioZeFvg> #SmallBizChat

2012-01-05 2:46 am [jsg1818](#) RT @allyson7minutes: The \$5 discount on the PLANNER is available at <http://t.co/DjkG4EOX> #SmallBizChat

2012-01-05 2:49 am [epitomconsult](#) Want to be plow horse or show horse ? #bigbank #Smallbizchat #business #quote #questions #ThingsINeverUnderstood #doubts

2012-01-05 2:52 am [ervbarnes](#) RT @BlackburnV: 5 #Twitter Changes and How to Make the Most of Them <http://t.co/hdE0S9vS> #socialmedia #marketing #smallbizchat #yumA #YUMAaz

2012-01-05 2:54 am [CathyWebSavvyPR](#) RT @MarcREnriquez: Really appreciate all the new connections tonight - I've followed back and look forward to deepening that connection. #smallbizchat

2012-01-05 2:57 am [WhztluvgottaDow](#) Sayz..... @SmallBizLady: follow @SmallBizChat and join us every Wed 8-9 ET #SmallBizChat